

MARIA ELENA

Music: Bert Kaempfert
[www.amazon.com/ That Latin Feeling](http://www.amazon.com/ThatLatinFeeling) (Remastered)
Track # 3 Time 2:42 Slow Down w/ -5%

Rhythm: Bolero Phase: IV+1 (Horseshoe Turn)

Footwork: Opposite except where (Noted)

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Sequence: INTRO AB AB END



INTRO

01 LOOSE CP WALL LEAD FOOT FREE WAIT 1 MEASURE ;

{Wait} LOOSE CP WALL ld ft free wt 1 meas ;

PART A

01-04 FULL BASIC ; ; TURNING BASIC ; LUNGE BREAK ;

{Full Basic} Sd L, -, bk R w/ bk contra ck action, rec L ; Sd R, -, fwd L w/ contra ck action, rec R ; {Trng Basic} Trng RF sd & fwd L DLW (W's head to R), -, slp bk R w/ strong LF trn (W fwd L btwn M's ft head bk to L), sd & fwd L cont LF trn to BFLY COH ; {Lunge/break} Sd & bk R to LOP FCG, -, sliding L ft sd & bk w/ no wgt lowr on R w/ slight RF bdy trn, rise (W sd & bk L, -, bk R w/ sitting action, rec L) to BFLY COH ;

05-08 FENCE LINE w/ ARMS ; HORSESHOE TURN ; ; FENCE LINE w/ ARMS ;

{Fence Line w/ Arms} Sd L body rise, -, XRif bent knee right arm circle CCW in front of body, rec bk L ; {Horseshoe Turn} Sd & fwd R to V POS, -, thru L, drag R & Xib raisg ld hnds ; Fwd L com CCW circ arnd W, fwd R cont CCW circ, fwd L comp circ to fc ptr (W fwd R com CW trn, -, fwd L cont CW circ under jnd ld hnds, fwd R comp circ to fc ptr) to BFLY WALL ; {Fence Line w/ Arms} Sd R body rise, -, XLif bent knee left arm circle CW in front of body, rec bk R ;

09-12 DBL HAND UNDERARM TURN to Stacked Hnds ; OP BREAK to FACE; CHANGE SIDES/W UNDERARM ; LUNGE BASIC ;

{Dbl Hnd Hold Underarm Turn to Stacked Hnds} [With DBL handhold] Sd L, -, XRif lead ptr under dbl hd hold, rec fwd L stacked Lft over Rt hands (W fwd R, -, fwd L RF trn under dbl hd hold, fwd R stacked hands L over R) to WALL ; { OP Break to Fc} With stacked hnds Sd R, -, apt L, rec R to sd-by-sd-r-shldr-r-shldr ; {Change Sides /W Underarm} Fwd L WALL chg sds lead W trn ½ RF under stacked hnds, -, sd R, XLif (W fwd R COH chg sds trn ½ RF under stacked hnds, -, sd L, XRif) to BLFY COH ; {Lunge Basic} Repeat meas 4 Part A ;

13-16 NEW YORKER TWICE ; ; LEFT PASS ; SPOT TURN ;

{New Yorker x 2} Sd L relsng ld hnds, -, trng to OP LOD fwd R, bk L to BFLY COH ; Sd R relsng tl hnds, -, trng to LOP RLOD fwd L, bk R to BFLY COH ; {Left Pass} Fwd L trng RF to SCAR, -, bk R, fwd L trng LF (W fwd R trng ¼ RF w/ bk to ptr, -, sd & fwd L w/ strong LF trn, bk R) to BFLY WALL ; {Spot Turn} Sd R, -, XLIF trng RF, fwd & sd R contg trn to Low Bfly WALL ;

PART B

01-04 HIP LIFT ; REVERSE UNDERARM TURN to ½ OP ; OP IN & OUT RUNS ; ;

{Hip Lift} Sd L to CP (W sd & fwd R) bringing R ft next to L w/ relaxed knee & toe on floor, -, pushg on R toe lift R hip, lowr R hip relaxing knee ; {Reverse Underarm Turn to ½ OP} Sd R, -, XLif, bk R (W sd L com LF trn undr jnd ld hnds, -, XRif contg ½ LF trn, fwd L compg trn to fc ptr) to ½ OP LOD ; {OP in & Out Runs} Fwd L rise, -, fwd R twd DLW across W comm trn RF, bk L cont trn to fc LOD (W fwd R rise, -, L, R) end ½ LOP LOD w/ free arms out to sd ; Fwd R rise, -, fwd L, R (W fwd L rise, -, fwd R twd DLW across M comm trn RF, bk L cont trn to fc LOD) to ½ OP LOD w/ free arms out to sd ;

05-08 AIDA PREPARATION ; AIDA LINE & ROCK 2 ; SWIVEL to FACE & SPOT TURN TWICE ; ;

{Aida Prep} Sd L trng LF to ½ OP LOD (W sd R trng RF to ½ OP LOD), -, thru R trng RF to fc ptr, sd L prep to trn RF ; {Aida Line & Rock 2} Trng RF bk R to V-BK-TO-BK DRC (W DRW), -, rk fwd L, rk bk R ; {Swivel to Fc & Spot Turn x 2} Fwd L trng to fc ptr pt R to RLOD, -, XRif trng LF, fwd & sd L contg LF trn to momentarily BFLY WALL ; Sd R relsng hnds, -, XLif trng RF, fwd & sd R contg RF trn to BFLY WALL ;

09-12 DBL HAND HOLD OPENING OUT TWICE ; ; CROSS BODY ; HIP LIFT ;

{Dbl Hnd Hold Opening Out x 2} Sd & fwd L body rise and body rotate LF, -, lower on L and extend R foot to sd, rise on L body rotate (*W sd & bk R body rise and body rotate LF match ptr, -, XLib lowering, fwd R*) to BFLY ; Cl R body rise and body rotate RF, -, lower on R and extend L foot to sd, rise on R body rotate (*W sd & bk L body rise and body rotate RF match ptr, -, XRib lowering, fwd L*) to BFLY ; **{Cross Body}** Sd & bk L, -, slp bk R trng LF, fwd & sd L (*W sd & fwd R, -, trng LF fwd L xg in frnt of M, sd & bk R*) to BFLY COH ; **{Hip Lift}** Sd & fwd R to CP (*W sd & fwd L*) bringing L ft next to R w/ relaxed knee & toe on floor, -, pushg on L toe lift L hip, lowr L hip relaxing knee ;

13-16 UNDERARM TURN ; TUNNEL EXIT ; OUTSIDE ROLL ; HIP ROCK ;

{Underarm Turn} Sd L, -, XRib, fwd L (*W sd R com RF trn undr jnd ld hnds, -, XLif contg ½ RF trn, fwd R compg trn to fc ptr*) to LOP-FCG COH ; **{Tunnel Exit}** Sd R chkg leading W around in front to wall, -, rec L with hip roll, rec R with hip roll trng LF fc RLOD joined hands over M's head (*W fwd L around M, -, fwd R, fwd L fc RLOD*) end LOP RLOD ; **{Outside Roll}** Fwd L slightly trng RF to fc WALL raising jnd lead hnd to lead W tm RF, -, sd L, XRif (*W Sd & bk L comm tm RF under jnd lead hnds, -, cont tm RF under jnd lead hnds R, L*) end in Low Bfly WALL ; **{Hip Rock}** [Lowering Hnds] Sd R, -, rec L w/ hip action, rec R w/ hip action to Loose CP WALL ;

ENDING

01-04 ALTERNATING UNDERARM TURNS W – M – W ; ; ; QUICK WRAP W in 2 to LOD POINT SIDE & HOLD ;

Alternating Underarm Turns W – M – W Sd L, -, raisg jnd ld hnds XRib, rec fwd L (*W sd & fwd R, -, fwd L RF trn under jnd ld hnds, fwd R cont RF trn to fc ptr*) to WALL ; [join tl hnds] Sd R & fwd, -, fwd L trng RF undr jnd tl hnds, fwd R cont RF trn to fc ptr (*W sd L, -, XRib, rec L*) ; [join lead hnds] Repeat meas 13 Part B ; **{Quick Wrap W in 2 to LOD Point Sd & Hold}** [QQ&]Sd R raise jnd ld hnds trng ½ LF to WRAP POS LOD, cl L, pnt R sd to COH (*W sd L com ½ LF trn undr jnd ld hnds, cl R cont LF turn to WRAP POS LOD, pnt L sd to WALL*) Hold ;