

LOST IN THE STARLIGHT

Music: Della Dusk
Al Vinyl Col.lection
<https://www.amazon.com/Della-Dusk-Lost-Starlight/dp/B0FBJRFXV2>
Time 2:50 Available from choreographer

Rhythm: Foxtrot **Phase:** V

Footwork: Opposite except where (Noted)

Release Date: June 26

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

E-mail: jos.dierickx@telenet.be

Sequence: INTRO AB ABC A(1-8) A(9-17) B END



INTRO

01-04 CP DLW LEAD FOOT FREE WAIT TWO MEASURES ; ; SLOW FWD & RIGHT LUNGE ; SLOW ROLL & SLIP ;

{Wait} CP DLW ld ft free wt 2 meas ; ; {Slow Fwd & R lunge} [SS] Fwd L, flexg L-knee sd & fwd R twd WALL sway R lookg at W (W look well L) , - ; {Slow Roll & Slip} [SS] Rec L rotatg body RF, swiv LF on L slip R bk undr body end CP DLC, - ;

PART A

01-04 DIAMOND TURN/W INSIDE TURNS ; ; ; ;

{Diamond Trn / W Insd Trns} Fwd L trng LF, -, compg ¼ LF trn sd R, bk L to BJO DRC ; Staying in BJO & trng LF bk raisg ld hnds, -, compg ¼ LF trn sd L, fwd R (W fwd L comm LF trn under ld hnds fc RDC, -, small sd R cont LF trn, small sd L compg LF trn) to BJO DRW ; Repeat meas 1,2 Part A to BJO DLW & DLC ; ;

05-08 TELEMARK to SCP ; NATURAL WEAVE ; ; HOVER TELE ;

{Telemark to SCP} Fwd L comm LF trn, -, sd R contg LF trn, sd & fwd L (W bk R comm LF trn bringing L ft beside R w/ no wgt, -, cont trng LF on R heel & chg wgt to L, sd & sltly fwd R) to SCP DLW ; {Natural Weave} [SQQ:QQQQ] Fwd R trng RF, -, sd L, bk R (W fwd L, fwd R btwn M's ft, fwd L) to BJO DRW ; Bk L, bk R in CP trng LF, cont LF trn sd L, fwd R to BJO DLW ; {Hover Tele} Fwd L, -, fwd & sd R w/ lft shldr lead, sd & fwd L to SCP DLW ;

09-12 CURVED FEATHER ; QUICK DOUBLE OUTSIDE SWIVEL ; BACK TWISTY VINE 4 ; IMPETUS to SCP ;

{Curved Feather} Fwd R stg RF trn, -, cont RF trn sd & fwd L, cont upper bdy RF trn fwd R outsd W to BJO DRW ; {Qk DBL Outsd Swivl} [S,-,S,-] Bk L, Xg Rif w/ no wgt, fwd R, pt L to R (W fwd R & swvl ½ RF to SCP DRC, fwd L & swvl LF ½) to BJO DRW ; {Bk Twisty Vine 4} [QQQQ] Bk L in BJO, sd R trng to SCAR, fwd L in SCAR, sd & bk R trng to BJO ; {Impetus to SCP} Bk L comm RF trn, -, cl R heel trn, fwd L (W fwd R btw M's ft heel to toe pvt ½ RF, -, sd & fwd L cont trn arnd M brush R to L, fwd R) to SCP LOD ;

13-17 THREE IN & OUT RUNS ; ; ; OUTSIDE SPIN ; FEATHER FINISH ;

{In & Out Runs x 3} Trng RF fwd R, -, sd & bk L ifo W, bk R (W fwd L, -, fwd R btwn M's ft, fwd L) to BJO RLOD ; Trng RF bk L, -, contg trn fwd R btwn W's ft, sd & fwd L (W trng RF fwd R, -, cont trn sd L ifo M, cont trn fwd & sd R) to SCP DLC ; Rpt meas 13 Part A ; {Outsd Spin} Ld W across & take sm step bk L trng ¼ RF, -, fwd R outsd wheel to toe contg RF trn, contg RF trn sd & bk L (W staying well into M's rt arm fwd R arnd M heel toe, -, cl L on toe trng ½ RF btwn steps 1 & 2, cont RF trn fwd R btwn M's ft) to CP DRW ; {Feather Finish} Bk R, -, bk & sd L trng ¼ LF, fwd R to BJO DLC ;

BRIDGE

01-02 THRU HOVER to BJO ; BACK HOVER to SCP ;

{Thru Hover to BJO} Thru R, -, fwd L w/ slight rise & LF trng, rec R (W thru L, -, fwd & sd R w/ slight rise & ½ LF trng to RLOD, fwd L) ; {Bk Hover to SCP} Bk L, -, bk R risg sltly, rec L (W fwd R, -, fwd & sd L trng RF risg & brushg R to L, contg RF trn sd & fwd R) to SCP DLC ;

PART B

01-04 OP REVERSE TURN ; HOVER CORTE ; SLOW OUTSIDE SWIVEL to SCP ; THRU SIDE BEHIND ;

{OP Reverse Trn} Fwd L stg LF trn, -, sd R contg trn, bk L compg 3/8 LF trn (W bk R stg LF trn, -, sd L cont trn, fwd R outsd ptr) to BJO RLOD ; {Hover Corte} Bk R stg ½ LF trn, -, cont trn sd & fwd L risg & compg trn, rec R to BJO LOD ; {Slow Outsd Swiv} [S] Bk L trng body RF, -, allow R to draw bk slightly ifo L (W fwd R, -, swiv RF to SCP), -, {Thru Sd Behind} Thru R, -, sd L to fc ptr, XRib (W XLib) ;

05-08 ROLL 3 to SCP ; THRU VINE 4 ; CROSS HESITATION ; HESITATION CHANGE ;

{Roll 3 to SCP} Start LF trn (W RF) sd & fwd L, -, small sd R cont LF trn, sd & fwd L cont LF trn to SCP LOD ; {Thru Vine 4} [QQQQ] XRib (W XLib), sd L fcg ptr, XRib (W XLib), sd L to SCP LOD ; {Cross Hesitation} [S,-,-/SQQ] Fwd R, w/o chg wgt trn ¼ LF on ball of R ft, - cont trng LF on ball of R ft ckg, - (W fwd L stg LF trn, -, sd R arnd M trng LF, contg LF trn cl L) to BJO DRC ; {Hesitation Chng} [SS-] Trng upper bdy RF bk L, -, sd R contg RF trn, draw L to CP DLC ;

Page 2: Lost In The Starlight

09-12 REVERSE WAVE 3 to CHECK & WEAVE ; ; HOVER :

{Reverse Wave 3 to Check & Weave} Fwd L comm LF trn, -, sd R trng LF (*Wheel trn*), bk L twd DLW to CP DRC ; Check bk R, -, rec L, sd R trng 1/8 LF ; [QQQQ] Bk L w/ rt shldr ld to BJO trng 1/8 LF, bk R to CP contg to trn LF, sd & fwd L contg trn, fwd R to BJO DLW ; **{Hover}** Fwd L, -, fwd & sd R rise to ball of ft, fwd L to SCP DLC ;

13-16 PROMENADE WEAVE ; ; CHANGE of DIRECTION ; DOUBLE REVERSE SPIN to LOD :

{Promenade Weave } [SQQ;QQQQ] Fwd R, -, fwd L stg LF trn, contg trn sd & bk R (*W fwd L in pick up action*, -, sd & bk R trng LF to CP, cont trng on R then fwd & sd L) to BJO RLOD ; Bk L, bk R twd DLC trng LF to CP, sd & fwd L twd DLW, fwd R (*W fwd R outsd ptr, fwd L trng LF to CP, sd & bk R contg LF trn to fc COH, bk L*) to BJO DLW ; **{Chng of Direction}** [SS] Fwd L, -, fwd & sd R trng ¼ LF, draw L to CP DLC ; **{DBL Reverse Spin}** [SS/SQ&Q] Fwd L comm to trn LF, -, sd R DLC, spin LF on ball of R bring L undr bdy beside R no wgt flexed knees (*W bk R stg to trn LF, -, cl L to R [heel trn] /sd & slightly bk R cont LF trn, XLif*) to CP LOD ;

ENDING

01-04 TURN LEFT & R CHASSE To BJO ; IMPETUS to ½ OP LOD ; START OP IN & OUT RUNS 4 ; ;

{Trn Left & Chasse to BJO} [SQ&Q] Fwd L trng LF, -, twd LOD & risg progly sd R/cl L, bk R BJO DRC ; **{Impetus to ½ OP LOD}** Bk L comm RF trn, -, cl R heel trn, fwd L (*W fwd R btw M's ft heel to toe pvt ½ RF*, -, sd & fwd L cont trn arnd M brush R to L, fwd R) to ½ OP LOD ; **{Start OP In & Out Runs x 4}** Fwd R comm RF trn, -, sd & fwd L ifo W contg trn, sd & fwd R (*W fwd L, -, R, L*) to ½ LOP LOD w/ trl arms out to sd ; Fwd L, -, R, L (*W fwd R comm RF trn, -, sd & fwd L ifo M contg trn, fwd & sd R*) to ½ OP DLC w/ ld arms out to sd ;

05-07 FINISH OP IN & OUT RUNS 4 ; ; THRU to CHAIR & HOLD :

{Finish OP In & Out Runs x 4} Rpt mes 3,4 Ending ; ; **{Thru to Chair & Hold}** [S,-,-] Thru R relax R knee both fwd poise, -, hold ;