

LITTLE ARROWS

Choreographer: Monika Gründer with Jutta Konarske
Address: Monika Gründer, Aktienstr. 18, D - 47057 Duisburg E-Mail: monikagruender@gmx.de
Music: Leapy Lee: "Little Arrows" (Original Version from Album: Little Arrows - or Download Amazon) 2:42min
(for the short version from Album: Dance Party. The Roaring 60s, CD 1, Track 14, 2:27 min change sequence as noted below)
Rhythm & Phase: QS, Phase IV+0+1(Chasse Weave)
Timing: as indicated, reflects actual weight changes
Footwork: opposite unless noted (Woman's footwork in parentheses)
Sequence: Intro – A B C – Inter – A B C - B – C(mod) – End February 2016

INTRO

1 - 4 WAIT ; ; STEP APART & POINT ; PICKUP & TOUCH ;

- 1-2 {Wait 2 Meas} In OP Fcg M fcg ptr & WALL w/ld feet free wait 2 meas ; ;
3 {Stp Apt & Pt} Stp apt L, -, pt fwd R, - ;
4 {PU & Tch} Stp tog R to CP LOD, -, tch L to R, - ;

PART A

1 - 4 WALK 2 ; PROG SCISSORS TO SCAR ; WALK OUT 2 ; PROG SCISSORS TO BJO ;

- 1 {Walk 2} In CP LOD stp fwd L, -, fwd R, - ;
2 {Scissors to SCAR} Stp sd L, cl R to L, XLif of R to SCAR DLW, - ;
3 {Walk Out 2} Stp fwd R, -, fwd L, - ;
4 {Scissors to BJO} Stp sd R, cl L to R, XRif of L to BJO DLC ;

5 - 8 FWD, LOCK, FWD, TWICE TO FACE ; ; OPEN VINE 4 TO SKATERS/ W TOUCH ; ;

- 5-6 {Fwd, Lk, Fwd, - Twice} In BJO DLC stp fwd L, lk Rib of L, fwd L, - ; Fwd R, lk Lib of R, fwd R trng to fc WALL, - ;
7-8 {Open Vine 4} Release trlhnds and stp sd L, -, bk R trng to LOP
both fcg RLOD, - ; Bk & sd L to fc WALL (W fwd R to fc DLC) release hnds, -, thru R to SKATERS pos fcg DLC (W tch), - ;

9 - 12 TURN LEFT & RIGHT CHASSE – STEP BACK ; ; CHASSE 3 ; WALK TO PICKUP/ W TOUCH ;

- 9-10 {Trn L & R Chasse} In SKATERS both stp fwd L trng to fc COH, -, sd R, cl L to R ;
Sd R, -, bk L to fc DRC, - ;
11 {Chasse 3} Sd R trng to fc COH, cl L to R, sd R trng to fc DLC(stay in SKATERS), - ;
12 {Walk to PU/ W Tch} Fwd L twd DLC (W fwd L trng LF to fc ptr), -, fwd R (W tch) to CP DLC, - ;

13 - 16 2 LEFT TURNS ; ; TWIRL/VINE 2 ; WALK & PICKUP ;

- 13-14 {2 LTrns} Stp fwd L start LF trn, -, sd R cont LF trn, cl L to R ;
Bk R start LF trn, -, sd L cont LF trn, cl R to L fc WALL ;
15 {Twirl/Vine 2} Stp sd L lead W to trn RF undr jnd lhdnds, -, XRIB of L, -
(W sd & fwd R start RF trn undr jnd lhdnds, -, cont RF trn sd L, -) ;
16 {Walk & PU} Sd & fwd L, -, fwd R lead W to trn LF to fc ptr to CP DLC, - ;

PART B

1 - 4 CHASSE WEAVE ; ; ;

- 1-4 {Chasse Weave} In CP DLC stp fwd L trng LF, -, sd R to fc COH, cl L ; Sd R trng LF, -,
bk L to contra BJO RLOD, - ; Bk R trng LF to CP WALL, -, sd L, cl R ;
Sd L trng LF to fc DLW, -, fwd R to contra BJO DLW, - ;

5 - 8 CROSS CHASSE INTO MANEUVER, SIDE, CLOSE ; ; PIVOT 2 ; WALK & FACE WALL ;

- 5-6 {Cross Chasse into Manuv, Sd, Cl} Stp fwd L to CP, -, side R, cl L to contra BJO DLW ;
Fwd R start trng RF, -, side L trng to CP RLOD, cl R to L ;
7 {Pivot 2} Stp bk L start trng RF, -, fwd R cont trng RF to CP LOD, - ;
8 {Walk & Fc} In CP stp fwd L, -, fwd R trng to CP WALL, - ;

9 - 12 STROLLING VINE ; ; ; ;

- 9-12 {Strolling Vine} Stp sd L, -, XRib of L, - ; Sd L, cl R to L, sd & fwd L trng to fc COH, - ;
Stp sd R, -, XLib of R, - ; Sd R, cl L, sd & fwd R trng to CP LOD, - ;

PART C

1 - 4 QUARTER TURNS & PROGRESSIVE CHASSE - STEP FWD ; ; ; ;

1-4 {Quarter Turns & Prog Chasse - Stp Fwd} In CP LOD stp fwd L, -, fwd R to CP WALL, - ;
Sd L, cl R to L, sd L to SCAR, - ; Stp bk R to CP WALL, -, sd L, cl R to L; Sd & fwd L to contra BJO, - ,
fwd R to BJO DLW, - ;

5 - 9 FWD, LOCK, FWD ; MANEUVER, SIDE, CLOSE ; SPIN TURN OVERTURNED – TO A PROGRESSIVE CHASSE TO BJO ; ; ;

5 {Fwd, Lk, Fwd} In BJO stp fwd L, lk Rib, fwd L, - ;
6 {Manuv, Sd, Cl} Fwd R start trng RF, -, side L trng to CP RLOD, cl R to L ;
7-9 {Spin Trn Overtrnd} Bk L trng ½ RF, -, fwd R cont trng, - ; sd & bk L to CP DRW, - ,
{Prog Chasse to BJO} bk R trng LF to fc WALL, - ; Sd L, cl R, sd & fwd L to BJO DLW, - ;

10 – 13 CROSS PIVOT INTO CHASSE TO SCAR ; ; TELEMARK & STEP THRU ; ;

10-11 {Cross Pivot into Chasse to SCAR} Stp fwd R outsd ptr start trng RF, -, bk L cont trng to CP COH, - ;
Sd R, cl L to R, sd R trng RF to SCAR DLC, - ;
12-13 {Telemark & Stp Thru} Fwd L outsd ptr rise & start trng LF, -, sd R & around ptr to fc RLOD, - ;
Cont trng LF stp fwd L to SCP DLW, - , stp thru R trng to CP WALL, - ;
(W bk R, -, close L to R and trn on heel of R to fc DLW at the end chg weight to L foot, - ;
Stp fwd R in SCP, -, stp thru L trng to CP WALL, - ;)

14 - 16 DOUBLE CHASSE ; TWIRL/VINE 2 ; STEP SIDE & CLOSE ;

14 {Dbl Chasse} Stp sd L, cl R to L, sd L, cl R to L ;
15 {Twirl/Vine 2} Stp sd L lead W trng RF undr jnd ldhnds, -, XRIB of L, - (W sd & fwd R start RF trn
undr jnd ldhnds, -, cont RF trn sd L, -) ;
16 {Sd, Cl} Stp sd L, -, cl R to L to CP WALL, - ;
2nd time through replace meas 16 of Part C by {Walk & PU} Repeat meas 16 of Part A ;

INTER

1 - 4 CURVING VERY SLOW MERENGUE ; ; TWICE TO LOD ; ; DIP BACK & HOLD ; HOLD & RECOVER ;

1-4 {Crvg Very Slow Merengue 2x} Stp sm sd & sm bk L with inside edge of foot, - , - , - ;
Cl R to L to fc DLW chg weight to flat foot, - , - , - ; Repeat meas 1-2 trng to CP LOD ; ;
(W swvlg LF on L stp sd & fwd R with inside edge of foot, - , - , - ; Cl L to R chg weight to flat foot
to CP DLW, - , - , - ; Repeat meas 1-2 to CP LOD ; ;)

5 - 7 SLOW DIP BACK ; HOLD ; HOLD & RECOVER ;

5 {Slow Dip Bk} Stp bk L twisting a little bit with soft knee leavng R leg extended, - , - , - ;
6 {Hold} Hold pos throughout whole meas ;
7 {Hold & Recover} Hold pos, - , - , rec fwd R twd LOD ;

PART C(MOD)

1 - 4 QUARTER TURNS & PROGRESSIVE CHASSE - STEP FWD ; ; ; ;

1-4 Repeat Part C meas 1-4 ; ; ; ;

5 - 9 FWD, LOCK, FWD, - ; MANEUVER, SIDE, CLOSE, - ; SPIN TURN OVERTURNED – TO A PROGRESSIVE CHASSE TO BJO ; ; ;

5-9 Repeat Part C meas 5-9 ; ; ; ;

10 - 13 CROSS PIVOT INTO CHASSE TO SCAR ; ; TELEMARK & STEP THRU ; ;

10-13 Repeat Part C meas 10-13 ; ; ; ;

14 - 16 WALK & PICKUP ; CHASSE REVERSE TURN ; ;

14 {Walk & PU} Sd & fwd L, -, fwd R lead W trn LF to fc ptr trng to CP DLC, - ;
15-16 {Chasse Rev Trn} Fwd L start trng LF, -, sd R, cl L to R to CP RLOD ; Bk R start trng LF, -, cont trng LF
on R heel & tch L to R no weight chg to CP DLW, - ; (W stp bk R start LF trn, -, sd L cont trng, cl R to L ;
Fwd L start trng LF, -, sd R cont trng, cl L to R ;)

END

1-4 QUARTER TURNS & PROGRESSIVE CHASSE - STEP FWD ; ; ; ;

1-4 Repeat Part C meas 1-4 ; ; ; ;

5-8 FWD, LOCK, FWD, - ; MANEUVER, SIDE, CLOSE, - ; SPIN TURN - STEP BACK ; ;

5-6 Repeat Part C meas 5-6 ; ; ; ;

7-8 {Spin Trn – Stp bk} Bk L start trng ½ RF, - , cont trng fwd R twd LOD, - , Bk L to CP DLW, - , bk R, - ;

9 DIP BACK & TWIST

9 {Dip Bk & Twist} Stp bk L with soft knee twisting and leavg R leg extended, - , - , - ;

Quick Cues

Intro

1-4 Wait 2 Meas ; ; Apt & Pt ; PU & Tch ;

Part A

1-4 Walk 2 ; Scissors to SCAR ; Walk Out 2 ; Scissors to BJO ;

5-8 Fwd, Lk, Fwd, - ; Twice to Fc ; Open Vine 4 ; to SKATERS W Tch ;

9-12 Trn L & R Chasse (DRC) - Stp Bk ; ; Chasse 3 (DLC) ; Walk & PU W Tch ;

13-16 2 L Trns ; ; Twirl/Vine 2 ; Walk & PU ;

Part B

1-4 Chasse Weave ; ; ; ;

5-8 X Chasse into ; Manuv, - , Sd, Cl ; Pivot 2 ; Walk & Fc WALL ;

9-12 Strolling Vine ; ; ; (DLW) ;

Part C

1-4 ¼ Trns & Progr Chasse ; ; ; - , Fwd ;

5-9 Fwd, Lk, Fwd, - ; Manuv, - , Sd, Cl ; Spin Trn Overtrnd - to a Prog Chasse to BJO ; ; ;

10-13 X Pivot (2 Slows) into ; Chasse to SCAR ; Telemark & Stp Thru ; ;

14-16 Dbl Chasse ; Twirl/Vine 2 ; Sd & Cl (Fc WALL) ;

Inter

1-4 Curving Very Slow Merengue ; ; Twice to LOD ; ;

5-7 Slow Dip Bk ; Hold ; Hold, Rec ;

Part C(mod)

1-4 ¼ Trns & Progr Chasse ; ; ; - , Fwd ;

5-9 Fwd, Lk, Fwd, - ; Manuv, - , Sd, Cl ; Spin Trn Overtrnd - to a Prog Chasse to BJO ; ; ;

10-13 X Pivot (2 Slows) into ; Chasse to SCAR ; Telemark & Stp Thru ; ;

14-16 Walk & PU ; Chasse Rev Trn ; ;

End

1-4 ¼ Trns & Progr Chasse ; ; ; - , Fwd ;

5-8 Fwd, Lk, Fwd, - ; Manuv, - , Sd, Cl ; Spin Trn ; - , Stp Bk ;

Dip Bk & Twist

*) For the short music version (2:27)

change sequence into Intro - ABC - Inter - AB- Cmod - Cmod - End