



Listen to The Man

Choreographers: Marcel Van Acker	Release date: October 2018 v 0.2
Belgium (Hemiksem)	Rhythm & Phase: WCS VI
	Music: Listen to The Man - Ezra
Album: Wanted on Voyage Artist: George Ezra	Time & Speed: 03:03 speed -6%
	Footwork: Opposite except where indicated (<i>W's footwork in parentheses</i>)
E-mail: marcel.icbd@gmail.com	Sequence: Intro A Bridge A(Reversed) B

INTRODUCTION

1-2	Wait ; ;	Wait Facing Low Butterfly ; ;
3-4	Foot Swivel L ; & R ; 1234 5678	{Foot Swivels L & R} Traveling twd Coh swivel LF on heels, swivel RF on balls, Swivel LF on heels, swivel RF on balls to finish on both feet (<i>W swivel RF on heels, swivel LF on balls, Swivel RF on heels, swivel LF on balls to finish on both feet</i>) ; Repeat swivelling reversed twd Wall ;

PART A

1-3	Sugar Push - Underarm Turn ; ; ; 12-4 5&6 - 12 3&4 5&6	{Sugar Push} Bk L, bk R, tap L trail hand palm tch, rec fwd L; hip rk action small stp bk R/rec L, bk R (<i>W fwd R, fwd L, left shoulder lead tap R behind L trail hand palm tch, rec bk R; hip rk action bk L/rec R, bk L</i>), {Undrm Trn} Bk L, fwd R to W's R sd trng RF and leading W undr jnd ld hnds; Sd & fwd L trng RF/rec R trng RF, fwd L fc RLOD, anchor R/L,R (<i>W fwd R, fwd L slght trn LF undr jnd ld hnds; Sd R/XLif of R, trn LF bk R to fc ptr, anchor L/R,L</i>);
4-6	Tuck & Spin - L Side Pass ; ; ; 12-4 5&6 - 12 3&4 5&6	{Tuck & Spin} Bk L, bk R, tap L fwd, fwd L leading W spn RF rel ld hnds (<i>W fwd R, fwd L, tap Rib of L, bk R spinning RF full trn to fc M</i>); Jng ld hnds anchor R/L,R, {L Sd Pass} Commence LF trn sd & bk L, rec R ; sd L/cl R, sd & fwd L fc RLOD, hip rk action small stp bk R/rec L, bk R (<i>W fwd R, fwd L ; fwd R/L, R trng 1/2 LF fc LOD, hip rk action bk L/rec R, bk L</i>) fc RLOD;
7-8	Tummy Whip (To Hndshk) ; ; 12 3&4 56 7&8	{Tummy Whip} Bk L, XRif of L trng RF to W's R, rel hnds and mv beh W sm sd & fwd L/rec R trng RF, sd L placing R hnd on W's R hip (<i>W fwd R, fwd L, fwd R/cl L to R, bk R</i>); XRib of L trng RF, fwd L cont RF to fc ptr & LOD, anchor R/L,R (<i>W bk L, bk R, anchor L/R,L</i>) to end fcg ptr & LOD joining ld hnds;
9-10	Slow Chicken Walk 4 ; ; (Join L Hands On Top) 1234 5678	{Slow Chicken Walks} With R hnds jnd stp bk L,-,bk R (<i>W swvl RF on L then stp sd & fwd R,-,swvl LF on R then stp sd & fwd L</i> ,-); Bk L joining L hnds on top of already jnd R hnds,-,bk R jng L hnds above jnd R hnds (<i>W swvl RF on L then stp sd & fwd R,-,swvl LF on R then stp sd & fwd L</i>) to end fcg ptr & LOD w/ jnd L hnds on top of jnd R hnds,-;
11-12	Straight Whip ; ; 12 3&4 56 7&8	{Straight Whip} Bk L, XRif of L trng RF to W's R while raising jnd L hnds and leaving jnd R hnds low, sm sd & fwd L/rec R trng RF, sd L (<i>W fwd R undr jnd L hnds, fwd L, fwd R/cl L to R, bk R</i>) to Tandem RLOD w/ W IF of and slightly to R of M; XRib of L trng RF while raising jnd R hnds and keeping jnd L hnds low allowing W to bk undr jnd R hnds, fwd L cont RF to fc ptr & LOD, anchor R/L,R (<i>W bk L backing undr jnd R hnds, bk R, anchor L/R,L</i>) to end fcg ptr & LOD joining ld hnds;

13-14	Power Whip ; ; 12 3&4 56 7&8	{Power Whip} Bk L, rec fwd & sd R moving to W's R sd comm ¼ RF trn to CP, Sd L cont RF trn ¼/rec R to fc ptr, sd & fwd L in momentary CP RLOD; trn strongly RF on L almost ½ to fc LOD fwd R between W's ft, fwd L push off W, Anchor R/L,R (<i>W fwd R, fwd L trn ½ RF to fc LOD, Bk R/cl L, fwd R between M's ft, trn strongly RF on R sd & bk L, bk R, Anchor L/R,L</i>) to LOP Fcg Pos LOD;
15	Link to Wrap (Wall) ; 12 3&4	{Link to Wrap} Bk L, bk R both hands leading W to Wrap Fc Wall, Triple L/R, L ;
16	4 Sd Tch's ; 1234	{4 Sd Tch's} in Wrapped Pos Light Hop to R (Opposite to W) tch L to R, Light Hop to L (Opposite to W) tch R to L, Light Hop to R (Opposite to W) tch L to R, Light Hop to L (Opposite to W) tch R to L ;
17	Throw Out Ending ; 12 3&4	{Throw Out Ending} Cl R to L leading W fwd to Lod, Fwd L cont leading W Fwd, Anchor R/L, R fcg Lod with R Handshake (<i>W fwd to Lod L, fwd R trng LF, Anchor L/R, L fcing ptr with R Handshake</i>) ;
18-19	(Hndshk) Sugar Push w/Insd Out Turn ; ; 12 - 4 56 7&8	{Sugar Push w/Inside Out Turn} Bk L, almost cl R to L, raising joined R hands to turn W LF tch L to R placing L hand on W's L shoulder, fwd & sd L out of slot (<i>fwd R, fwd L, trng ½ LF on L under joined R hands tch R to L, fwd R</i>) to TANDEM POS LOD M behind W; Fwd R, fwd L checking, bk to anchor R/L, R (<i>fwd L trng RF under joined lead hands, cont RF trn fwd R completing 1 ½ RF twirl to fc M, bk to anchor L/R, L</i>) to end M fcing ptr & LOD;
20-21	Whip w/Insd Turn ; ; 12 3&4 56 7&8	{Whip w/Insd Turn} Bk L, rec R across L comm RF trn, cont RF trn sd & fwd L/rec R, sd & fwd L (fwd R, fwd L trng RF, bk R/cl L to R, fwd R) to end M fcing ptr & RLOD; Trng ½ RF XRIB of L, fwd & sd L, bk to anchor R/L, R (fwd L, fwd R trng ½ LF under joined Lead hands, bk to anchor L/R, L) to end M fcing ptr & LOD;
22-24	Sugar Wrap Knee Lift - L Sd Pass ; ; ; 12-4 5&6 - 12 3&4 5&6	{ Sugar Wrap Knee Lift } bk L, bk R leading W to wrap in front of M RF plc R hnd on W's R shoulder blade, pt L fwd, rec fwd L unwrap the W to fc; anchor R/L, R (<i>W fwd R, fwd L swvl RF to wrap in front of M, lift R knee up pushing L arm fwd twd LOD, fwd R trn LF to fc ptr; anchor L/R, L</i>), {L Sd Pass} Commence LF trn sd & bk L, rec R ; sd L/cl R, sd & fwd L fc RLOD, hip rk action small stp bk R/rec L, bk R (<i>W fwd R, fwd L ; fwd R/L, R trng ½ LF fc LOD, hip rk action bk L/rec R, bk L</i>) fc RLOD;

Bridge

1-2	Apt Rk 4 ; 1234	{Apart Rock 4} Both Hands Rock apt L, Rock tog R, Rock apt L, Rock tog R;
3 ½	Qk Sd Brk - &1 &2	{Quick Side Break} sd L/R, cl L/R join lead hnds (<i>W sd R/L, cl R/L</i>);

Remark:

2nd time thru Part A directions are reversed (Starting RLOD finishing LOD)

PART B

1-5	Undrm to Boomerang Tripel Travel w/Roll ; ; ; ; ; 12 3&4 5&6 7 8 9&10 11 12 13&14 15&16 17 18 19&20 (11 12 = Boomerang)	{ Undrm to Boomerang Tripel Travel w/Roll } Bk L, rec R across L comm RF trn, cont RF trn sd & fwd L/rec R, sd L to fc Wall changing hands to R hand star (<i>fwd R, L comm LF trn under joined lead hands; cont LF trn sd R/XLIF of R, sd & bk R fcing Coh</i>); Sd R/cl L to R, sd R trng ½ RF, sd L trng ½ RF, sd R trng ½ RF to L hand star M fcing Coh; Sd L/cl R to L, sd L trng ½ LF to R hand star M fcing Wall, sd R checking, rec L trng ½ RF to L hand star M fcing Coh; Sd R/cl L to R, sd R trng ½ LF to R hand star M fcing Wall, sd L/cl R to L, sd L trng ½ RF; Sd R trng ½ RF, sd L trng ¼ RF, bk to anchor R/L, R (<i>sd L trng ½ RF, sd R trng ¼ RF checking, bk to anchor L/R, L</i>) to end LOP “V”fcing ptr & RLOD;
6-7	Insd Whip w/Insd Turn ; ; 12 3&4 5 6 7&8	{ Insd Whip w/Insd Turn } Bk L, rec R across L comm RF trn, cont RF trn sd & fwd L/rec R, sd & fwd L (<i>fwd R, L trng ½ LF, bk R/cl L to R, fwd R</i>) to end mom CP M fcing LOD; Trng ½ RF XRIB of L, fwd & sd L, bk to anchor R/L, R (<i>fwd L, fwd R trng ½ LF under joined Lead hands, bk to anchor L/R, L</i>) to end M fcing ptr & RLOD;
8-9	Fc Loop Sugar Push w/Rks ; ; 12-4567a8	{ Fc Loop Sugar Push with Rocks } Bk L, almost cl R to L to tight position as you loop joined lead hands over M's head to neck right hnd to lady's left hip, tap L fwd, rock fwd L; Rec R, fwd L releasing hands W's right hnd slides down M's left arm, bk to anchor & join lead hands R/L, R (<i>fwd R, L, tap R behind L, rock bk R; Rec L, bk R, bk to anchor L/R, L</i>);
10-11	W/s Fc Loop Sugar Push w/Rks ; ; 12-4567a8	{ W's Fc Loop Sugar Push with Rocks } Bk L, almost cl R to L to tight position as you loop joined lead hands over W's head to neck right hnd to lady's left hip, tap L fwd, rock fwd L; Rec R, fwd L releasing hands W's right hnd slides down, bk to anchor & join lead hands R/L, R (<i>fwd R, L, tap R behind L, rock bk R; Rec L, bk R, bk to anchor L/R, L</i>);
12-13	Qk Chicken Wks (4) ; & Rooster Wks (4) ; 1234 5678	{ Chicken Wks } Bk L, bk R, Bk L, bk R; (W swvl RF on L/fwd R, swvl LF on R/fwd L, W swvl RF on L/fwd R, swvl LF on R/fwd L); { Rooster Wks } M stand tall puff out chest strut fwd L, R, L, R (W's Hand on M's Chest push bk R, bk L, bk R, bk L);
14	Apt Rk 4 ; 1234	{ Apart Rock 4 } Both Hands Rock apt L, Rock tog R, Rock apt L, Rock tog R;
15	Qk Sd Brks ; &1 &2 &3 &4	{ Quick Side Breaks } sd L/R, cl L/R, sd L/R, cl L/R join lead hnds (<i>W sd R/L, cl R/L</i>);
16-17	(Hndshk) Sugar Push w/Insd Out Turn ; ; 12 - 4 5 6 7&8	{ Sugar Push w/Inside Out Turn } Bk L, almost cl R to L, raising joined R hands to turn W LF tch L to R placing L hand on W's L shoulder, fwd & sd L out of slot (<i>fwd R, fwd L, trng ½ LF on L under joined R hands tch R to L, fwd R</i>) to TANDEM POS RLOD M behind W; Fwd R, fwd L checking, bk to anchor R/L, R (<i>fwd L trng RF under joined lead hands, cont RF trn fwd R completing 1 ½ RF twirl to fc M, bk to anchor L/R, L</i>) to end M fcing ptr & RLOD;
18-19	Whip w/Insd Turn ; ; 12 3&4 5 6 7&8	{ Whip w/Insd Turn } Bk L, rec R across L comm RF trn, cont RF trn sd & fwd L/rec R, sd & fwd L (<i>fwd R, fwd L trng RF, bk R/cl L to R, fwd R</i>) to end M fcing ptr & LOD; Trng ½ RF XRIB of L, fwd & sd L, bk to anchor R/L, R (<i>fwd L, fwd R trng ½ LF under joined Lead hands, bk to anchor L/R, L</i>) to end M fcing ptr & RLOD;
20-22	Sugar Wrap Knee Lift - L Sd Pass ; ; ; 12-4 5&6 - 12 3&4 5&6	{ Sugar Wrap Knee Lift } bk L, bk R leading W to wrap in front of M RF plc R hnd on W's R shoulder blade, pt L fwd, rec fwd L unwrap the W to fc; anchor R/L, R (<i>W fwd R, fwd L swvl RF to wrap in front of M, lift R knee up pushing L arm fwd twd RLOD, fwd R trn LF to fc ptr; anchor L/R, L</i>), { L Sd Pass } Commence LF trn sd & bk L, rec R ; sd L/cl R, sd & fwd L fc LOD, hip rk action small stp bk R/rec L, bk R (<i>W fwd R, fwd L ; fwd R/L, R trng ½ LF fc RLOD, hip rk action bk L/rec R, bk L</i>) fc LOD;

23	Apt Rk 4 ; 1234	{ Apart Rock 4 } Both Hands Rock apt L, Rock tog R, Rock apt L, Rock tog R;
24-25	(Hndshk) Sugar Push w/Insd Out Turn ; ; 12 - 4 56 7&8	{ Sugar Push w/Inside Out Turn } Bk L, almost cl R to L, raising joined R hands to turn W LF tch L to R placing L hand on W's L shoulder, fwd & sd L out of slot (<i>fwd R, fwd L, trng ½ LF on L under joined R hands tch R to L, fwd R</i>) to TANDEM POS LOD M behind W; Fwd R, fwd L checking, bk to anchor R/L, R (<i>fwd L trng RF under joined lead hands, cont RF trn fwd R completing 1 ½ RF twirl to fc M, bk to anchor L/R, L</i>) to end M fcing ptr & LOD;
26-27	Whip w/Insd Turn ; ; 12 3&4 56 7&8	{ Whip w/Insd Turn } Bk L, rec R across L comm RF trn, cont RF trn sd & fwd L/rec R, sd & fwd L (<i>fwd R, fwd L trng RF, bk R/cl L to R, fwd R</i>) to end M fcing ptr & RLOD; Trng ½ RF XRIB of L, fwd & sd L, bk to anchor R/L, R (<i>fwd L, fwd R trng ½ LF under joined Lead hands, bk to anchor L/R, L</i>) to end M fcing ptr & LOD;
28-30	Sugar Wrap Knee Lift - L Sd Pass ; ; ; 12-4 5&6 - 12 3&4 5&6	{ Sugar Wrap Knee Lift } bk L, bk R leading W to wrap in front of M RF plc R hnd on W's R shoulder blade, pt L fwd, rec fwd L unwrap the W to fc; anchor R/L, R (<i>W fwd R, fwd L swvl RF to wrap in front of M, lift R knee up pushing L arm fwd twd LOD, fwd R trn LF to fc ptr; anchor L/R, L</i>), { L Sd Pass } Commence LF trn sd & bk L, rec R ; sd L/cl R, sd & fwd L fc RLOD, hip rk action small stp bk R/rec L, bk R (<i>W fwd R, fwd L ; fwd R/L, R trng ½ LF fc LOD, hip rk action bk L/rec R, bk L</i>) fc RLOD;
31-35	Undrm to Boomerang Tripel Travel w/Roll ; ; ; ; ; 12 3&4 5&6 78 9&10 11 12 13&14 15&16 17 18 19&20 (11 12 = Boomerang)	{ Undrm to Boomerang Tripel Travel w/Roll } Bk L, rec R across L comm RF trn, cont RF trn sd & fwd L/rec R, sd L to fc COH changing hands to R hand star (<i>fwd R, L comm LF trn under joined lead hands; cont LF trn sd R/XLIF of R, sd & bk R fcing WALL</i>); Sd R/cl L to R, sd R trng ½ RF, sd L trng ½ RF, sd R trng ½ RF to L hand star M fcing WALL; Sd L/cl R to L, sd L trng ½ LF to R hand star M fcing COH, sd R checking, rec L trng ½ RF to L hand star M fcing WALL; Sd R/cl L to R, sd R trng ½ LF to R hand star M fcing COH, sd L/cl R to L, sd L trng ½ RF; Sd R trng ½ RF, sd L trng ¼ RF, bk to anchor R/L, R (<i>sd L trng ½ RF, sd R trng ¼ RF checking, bk to anchor L/R, L</i>) to end LOP fcing ptr & LOD;
36-37	Cheek to Cheek w/Slow Ronde & Cls ; ; 12-4 ---8	{ Cheek to Cheek w/Swivel Ronde & Cls } Bk L, rec fwd R commence RF trn 1/4, lift left knee up cont RF trn tching left hip to W's right hip, XLIF of R; Swivel LF on L right foot fan CCW,-, fc partner cl R LOP-Fc/LOD,-;

Head Cues

Listen to The Man (Van Acker)

WCS VI

Intro (Fcg M Fc Lod - Ld Ft Free)

Wait ; ; Ft Swivel L ; & R ;

A

Sugar Push - Undrm Turn ; ; ;
Tuck & Spin - L Sd Pass ; ; ; Tummy Whip ; (Hndshk) ;
Slow Chicken Wk 4 ; (Join L Hands On Top) ; Straight Whip ; ;
Power Whip ; ; Link to Wrap (Wall) ; 4 Sd Tch's ; Throw Out Ending ;
(Hndshk) Sugar Push w/Insd Out Turn ; ; Whip w/Insd Turn ; ;
Sugar Wrap Knee Lift - L Sd Pass ; ; ;

Bridge

Apt Rk 4 ; Qk Sd Brk -

A (Rev)

Sugar Push - Undrm Turn ; ; ;
Tuck & Spin - L Sd Pass ; ; ; Tummy Whip ; (Hndshk) ;
Slow Chicken Wk 4 ; (Join L Hands On Top) ; Straight Whip ; ;
Power Whip ; ; Link to Wrap (Coh) ; 4 Sd Tch's ; Throw Out Ending ;
(Hndshk) Sugar Push w/Insd Out Turn ; ; Whip w/Insd Turn ; ;
Sugar Wrap Knee Lift - L Sd Pass ; ; ;

B

Undrm to Boomerang Tripel Travel w/Roll ; ; ; ;
Insd Whip w/Insd Turn ; ; Fc Loop Sugar Push w/Dbl Rk ; ;
W's Fc Loop Sugar Push w/Dbl Rk ; ;
Qk Chicken Wks (4) ; & Rooster Wks (4) ;
Apt Rk 4 ; Qk Sd Brks ; (Hndshk) Sugar Push w/Insd Out Turn ; ;
Whip w/Insd Turn ; ; Sugar Wrap Knee Lift - L Sd Pass ; ; ;
Apt Rk 4 ; (Hndshk) Sugar Push w/Insd Out Turn ; ; Whip w/Insd Turn ; ;
Sugar Wrap Knee Lift - L Sd Pass ; ; ;
Undrm to Boomerang Tripel Travel w/Roll ; ; ; ;
Cheek to Cheek w/Slow Ronde & Cls ; ;