

# LISBOA ANTIGUA [OLD LISBON]

Music: Paco Serrano

[www.amazon.co.uk/Mejores-Canciones-Guitarra-Espa%C3%B1ola-Spanish/dp/B001U6Y2V6](http://www.amazon.co.uk/Mejores-Canciones-Guitarra-Espa%C3%B1ola-Spanish/dp/B001U6Y2V6)

The Best 20 Spanish Guitar Songs Track # 1 Time 2:23  
Slowed Down w/ -5% to Time 2:29 Available from choreographer

Rhythm: Bolero Phase: IV+1(Riff Trn) + 1U(Trn into Rom.Sway's)

Footwork: Opposite except where (Noted)

Release Date: Aug 24

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

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Sequence: INTRO AA B A(1-14) END



## INTRO

1/2 LOOSE CP WALL LEAD FOOT FREE WAIT ½ MEASURE ~

## PART A

### 01-04 FULL BASIC ; ; TURNING BASIC ; LUNGE BREAK ;

{Full Basic} [Loose CP Wall] Sd L, -, bk R w/ bk contra ck action, rec L ; Sd R, -, fwd L w/ contra ck action, rec R to Loose CP Wall ; {Trng Basic} Sd L w/ RF upper bdy trn, -, bk R trng ¼ LF, sd & fwd L trng ¼ LF (*W sd R w/ RF upper bdy trn, -, fwd L trng ¼ LF w/ slip action, sd & bk R trng ¼ LF*) to BFLY COH ; {Lunge Basic} Sd & bk R to LOP FCG, -, slidg L ft sd & bk w/ no wgt lowr on R w/ slight RF bdy trn, rise on R (*W sd & bk L, -, bk R w/ sitting action, rec L*) to BFLY COH ;

### 05-07 RIGHT PASS ; REVERSE UNDERARM TURN ; SYNCOPATED HIP ROCK'S ;

{Right Pass} Fwd & sd L startg RF trn & raisg ld hnds to form window, -, XRib cont trn, rec L (*W fwd R, -, fwd L startg LF trn, undr jnd hnds bk R trng LF to fc ptr*) to BFLY WALL ; {Reverse Underarm Trn} Sd R raisg ld hnds -, Xlif, bk R (*W sd L com LF trn undr jnd ld hnds, -, XRif contg ½ LF trn, fwd L compg LF trn to fc ptr*) to Low bfly WALL ; {Sync Hip Rock's} [SQ&Q] Sd L, -, rec R rollg rt hip/ rec L rollg lft hip, rec R rollg rt hip ;

### 08-11 UNDERARM TURN ; BACK BREAK to ½ OP LOD ; M ACROSS ; W ACROSS ;

{Underarm Trn} Sd L, -, relg trl hnds & raisg ld hnds sm bk R, rec L (*W sd & fwd R, -, trng RF undr jnd hnds Xlif, comp full RF trn fwd R to fc ptr*) to BFLY WALL ; {Bk Break to ½ OP LOD} Sd & bk R body rise & relsg ld hnds, -, bk L blend ½ OP fcg LOD, rec fwd R to ½ OP LOD ; {M Across} Fwd L rise, -, fwd R twd DLW across W comm trn RF, bk L cont trn to fc LOD (*W fwd R rise, fwd L, R*) to ½ LOP LOD ; {W Across} Fwd R rise, -, L, R (*W fwd L rise, -, fwd R twd DLW across M comm trn RF, bk L cont trn to fc LOD*) to ½ OP LOD ;

### 12-15 DBL HANDHOLD OPENING OUT TWICE ; ; HAND to HAND TWICE ; ;

{DBL Hndhld Opening Out x 2} [Blend to Bfly] Sd & fwd L w/ body rise comm body rotation LF, -, lower on L ft cont ¼ LF trn twd LOD & extendg free R ft to sd & bk, rise & rotate RF to BFLY WALL no weight chg (*W cl R w/ body rise comm LF body rotation to match ptr, -, XLib lowerg, rec R to fc ptr in BFLY*) ; Cl R, -, lower on R trng RF ¼ twd RLOD & extend free L ft to sd & bk, rise & rotate LF on R no weight (*W sd & bk L w/ rise comm RF body rotation to match ptr, -, XRib lowerg, rec L*) to BFLY WALL ; {Hand to Hand x 2} Sd L, -, [relsg trl hnds] XRib (*W XLib*) to LOP RLOD, rec L to fc ptr & Bfly WALL ; Sd R, -, [relsg ld hnd] XLib (*W XRib*) to OP LOD, rec R to fc ptr & BFLY WALL ;

## PART B

### 01-04 TURN INTO ROMANTIC SWAY'S ; ; AIDA PREPARATION ; AIDA LINE SWITCH & RECOVER ;

{Trn Into Romantic Sway's} Rel ld hnds Sd L & swiv LF (*W RF*) to bk-to-bk sweep ld hnds up & around to end stretched out to sd at shldr level, -, sd R, rec L ; Sd R and swiv RF (*W LF*) to fc bring ld hnds betwn ptrs to lead hip, -, sd L, rec R ; {Aida Prep} Fwd L to ½ OP LOD, -, thru R, sd L trng RF to fc ptr & WALL ; {Aida Line Switch & Rec} Bk R to bk to bk V pos raisg trl arms, -, sd & bk L trng to fc ptr, rec R to BFLY WALL ;

### 05-08 DBL HNDHLD UNDERARM TURN to STACKED HANDS ; OP BREAK ; CHANGE SIDES/W UNDERARM ; HIP ROCK ;

{Dbl Hndhld Underarm Trn to Stacked Hnds} [Keep both hands] Sd L, -, XRib lead ptr under dbl hndhold, rec fwd L stacked lft-over-rt hnds (*W fwd R, -, fwd L RF trn under dbl hndhold, fwd R stacked hnds lft-over-rt*) to WALL ; {OP Break} [w/ stacked hnds] Sd R, -, apt L raisg stacked hnds fwd, rec R to rt sd of W ; {Change Sides /W Underarm} Raisg stacked hnds Fwd L Wall trng RF chg sds lead W trn under stacked hnds, -, sd R, Xlif (*W fwd R Coh LF trn under stacked hnds chg sds, -, sd L, XRif*) to low bfly COH ; {Hip Rock} Small sd R rollg R hip, -, rec L rollg L hip, sd R rollg R hip ;

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### 09-12 CROSS BODY ; FORWARD BREAK ; FENCE LINE w/ ARMSWEEP TWICE ; ;

**{Cross Body}** Sd & bk L to fc w/ bdy rise trng LF, -, bk R w/ slipping action cont trng LF, fwd L compg LF trn (*W sd & fwd R, -, fwd L Xg ifo M & trng LF, sm sd R*) to BFLY WALL ; **{Fwd Break}** Sd & fwd R body rise, -, fwd L w/ contra ck action, rec bk R to BFLY WALL ; **{Fence Line w/ Armsweep x 2}** Sd L w/ body rise, -, XRif (*W XLif*) bent knee trl arm circle CCW (*W CW*) ifo body, rec L to BFLY WALL ; Sd R w/ body rise, -, XLif (*W XRif*) bent knee ld arm circle CW (*W CCW*) ifo body, rec R to loose Bfly WALL ;

### ENDING

### 01 SIDE CORTE & HOLD ;

**{Sd Corte & Hold}** [S] [Blend to CP] Sd R flexg R knee & trn to SCP LOD leave L leg extended toe pt to Floor ;