

LA GLORIA 5

Music : Luis Miguel

www.amazon.com/

Time : 3:22 Accelerate w/ 7 % Available from choreographer

Rhythm: Rumba Phase: V+1U (Cont Chase w/ Underarm Pass & Peeks)

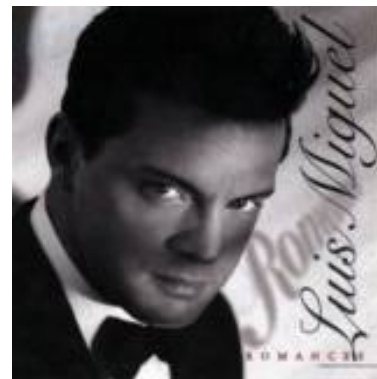
Footwork: Opposite except where (Noted)

Release Date : Nov 18

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

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Sequence: INTRO AB INTRO (3-10) A(9-16) B END



INTRO

01-02 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ;

{Wait} Bfly Pos Wall Ld ft free w/ 2 meas ; ;

03-10 CONTINUOUS CHASE WITH UNDERARM PASS & PEEKS ; ; ; CONTINUE ; ; ; W TURN TO FACE ;

{Continuous Chase w/ Underarm Pass & Peeks} Fwd L trng ½ RF keepg ld hnds jnd behind M, rec R, fwd L (W bk R, rec L, fwd R twds M's L sd), -; Bk R raisg jnd ld hnds, rec L, sd R (W fwd L, fwd R trng ½ LF under jnd ld hnds, fwd & sd L contg to trn ½ LF) to TAND COH w/ ld hnds still jnd above the head W, -; {Peek-a-Boo x 2} Sd L, rec R, cl L (W sd lookg ovr L shldr, rec L, cl R), -; Sd R, rec L, cl R (W sd L lookg ovr R shldr, rec R, cl L), -; {Both turn & Underarm Pass Overturned to Tandem} Fwd L trng ½ RF keepg ld hnds jnd low behind M, rec R, fwd L (W bk R, rec L, fwd R twds M's L sd), -; Bk R raisg jnd ld hnds, rec L, sd R (W fwd L, fwd R trng ½ LF under jnd ld hnds, fwd & sd L contg to trn ½ LF) to TAND WALL w/ ld hnds still above the head W, -; {Peek-a-Boo x 2 /W turn to Face} Sd L, rec R, cl L (W sd R lookg ovr L shldr, rec L, cl R), -; Sd R, rec L, cl R (W sd L lookg ovr R shldr, rec R trng ½ RF, cl L) to BFLY WALL [2^{de} TIME: to r-hndshk], -;

PART A

01-04 BASIC HALF to Low Bfly ; DBL HANDHOLD UNDERARM TURN to STACKED HANDS ; OP BREAK to FACE ; CHANGE SIDES/W UNDERARM ;

{Basic ½ to Low Bfly} Fwd L, rec R, cl L (W bk R, rec L, sd R) to Low Bfly, -; {Dbl Hndhld Underarm Turn to Stacked Hnds} [Raisg ld-arm high & bringing tl-arm up to R-shoulder level] XRib & taking L-arm first over W's head, rec L taking R-arm over W's head, sd R (W XLif trng RF under ld-arm, rec R contg to trn under tl-arm to fc M, sd L) to stacked hnds Lft over r-hnds, -; {Open Break to Fc} With stacked hnds Apt L, rec R, fwd L to fcg W's r-sd, -; {Change Sides /W Underarm} Fwd R to WALL twd W's R-sd trng RF lead W trn under stacked hnds, small fwd L cont RF turn to fc, sd R (W fwd L to COH twd M's R-sd trng LF under stacked hnds chg sds, cl R cont LF turn to fc, sd R) to BFLY COH, -;

05-08 FENCE LINE w/ ARMSWEEP ; CRAB WALKS ; ; WHIP to WALL & r-hndshk ;

{Fence Line w/ Armsweep} Sd L body rise, -, XRif bent knee right arm circle CCW (W CW) ifo body, rec bk L ; {Crab Walks} Twds RLOD XRif (W XLif), sd L, XRif (W XLif), -; Sd L, XRif (W XLif), sd L, -; {Whip to WALL} Bk R trng ¼ LF, rec L trng ¼ LF, sd R (W fwd L long step in frt of M, trng LF fwd & sd R, sd L to fc M) to r-hndshk WALL, -;

09-12 FLIRT to VARSOUVIENNE ; ; SWEETHEART/W SWIVEL to FACE INTO A AIDA ; ;

{Flirt to VARS} r-hndshk WALL Fwd L, rec R, sd L leading W to trn LF (W bk R, fwd L, fwd R trng ½ LF) to VARS WALL, -; Bk R, rec L, sd R leading W to slide in front (W bk L, rec R, sd L) end in L-VARS WALL, -; {Sweetheart /W Swivel to Fc Into a Aida} XLif shaping twd ptr, rec R, sd L (W XRib shaping twd ptr, rec L, sd & fwd R swiveling ½ R to fc ptr), -; Thru R, sd L trng RF, bk R cont RF trn to V-bk-to-bk pos RLOD, -;

13-16 SWITCH ROCK ; SHOULDER to SHOULDER TWICE ; ; SPOT TURN ;

{Switch Rock} Sd & bk L trng LF to fc ptr, hip rk R, hip rk L, -; {Shoulder to Shoulder x 2} Fwd R to BJO, rec L to fc, sd R, -; Fwd L to SCAR, rec R to fc, sd L, -; {Spot Turn} Relg hnds XRif (W XLif) trng LF, rec L compg full trn, sd R to BFLY WALL, -;

PART B

01-04 FULL CHASE TURN M & W & r-hndshk ; ; TRADE PLACES TWICE ; ;

{Full Turn Chase M & W} Fwd L turn ½ RF, rec R cont turn ½ RF, cl L (*W bk R, rec L, cl R*), -; Bk R, rec L, cl R (*W fwd L turn ½ RF, rec R cont turn ½ RF to fc ptr, cl L*) to r-hndshk WALL, -; **{Trade Places x 2}** [r-hndshk] Rk apt L, rec R trng ¼ RF to fc RLOD beh W then rel jnd R hnds, cont to trn RF to fc ptr & COH stepping sd & bk L (*W rk apt R, rec L trng ¼ LF to fc RLOD in front of M then rel jnd R hnds, cont LF trn to fc ptr & WALL stepping sd & bk R*) joining L hnds, -; With L hnds jnd rk apt R, rec L trng ¼ LF to fc RLOD beh W then rel jnd L hnds, cont to trn LF to fc ptr & WALL stepping sd & bk R (*W rk apt L, rec R trng ¼ RF to fc RLOD in front of M then rel jnd L hnds, cont RF trn to fc ptr & COH stepping sd & bk L*) joining R hnds,- ;

05-08 TRADE PLACES/W SPIRAL ; W OUT to COH ; NEW YORKER TWICE ; ;

{Trade Places/W Spiral} Rk apt L, rec R comm to pass R shldrs while trng ¼ LF and keeping R hnds jnd, cont to trn LF but slightly less than in meas 5 stepping sd L twd COH (*W apt R, rec L, fwd R, spiralling 7/8 LF undr jnd R hnds*), -; **{W Out to Fc}** [releasing hnds] Trng bdy RF to fc COH stp fwd twd COH R,L,R (*W fwd COH L, fwd R trng ½ LF to fc WALL, sd & bk L*) to BFLY COH, -; **{New Yorker x 2}** XLif (*WXRif*) to LOP LOD, rec R to BFLY COH, sd L, -; XRif (*W XLif*) to OP RLOD, rec L to BFLY COH, sd R, -;

09-12 OP HIP TWIST to FACING FAN RLOD ; ; OP HIP TWIST to FACING FAN WALL ; ;

{OP Hip Twist to Fcg Fan RLOD} Chk fwd L, rec R, cl L (*W bk R, fwd L, fwd L, pushg off M's braced hnd swvl ¼ RF*), -; Bk R, rec L trng ¼ LF to RLOD, fwd R (*W fwd L, trng LF sd R, cont LF trn bk L to LOD*), -; Repeat meas 9,10 to BFLY WALL ; ;

13-16 OP BREAK to FULL NATURAL TOP ; ; ; ;

{OP Break to Full Nat Turn} Rk apt L xtndg R arm up w/ palm out, rec R lowering R arm trng ¼ RF, sd L (*W rk apt R xtndg L arm up w/ palm out, rec L lowering L arm, trng ¼ RF fwd R*) to RLOD, -; XRib, sd L, XRib (*W sd L, XRif, sd L*), -; Sd L, XRib, sd L (*W XRif, sd L, XRif*), -; XRib, sd L, cl R (*W sd L, XRif, cl L*) to CP WALL, -;

ENDING

01-02 BASIC 1/2 / W WRAP in 4 ; QUICK HIP ROCK 2 ;

{Basic 1/2 /W Wrap in 4} Fwd L, rec R raisg ld arm, sd L (*W [QQQQ] Bk R, rec L, small fwd R trng ½ LF under ld arms, cl L*), -; **{Quick Hip Rock 2}** Hip rk R, hip rk L & turn upp body RF (*W LF*) smile at each other ;