

# LA BOMBA

**Music:** King Africa  
Album Fiesta VIP  
[www.rateyourmusic.com/release/album/king\\_africa/fiesta\\_vip/](http://www.rateyourmusic.com/release/album/king_africa/fiesta_vip/)  
Time 3:19 Shortened from 1:46,1 to 2:26,9 to Time 2:38  
Available from choreographer

**Rhythm:** Cha Cha Phase: V+1(Turkish Towel)

**Footwork:** Opposite except where (Noted)

**Release Date:** August 19

**Choreo:** Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

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**Sequence:** INTRO AB(5-10) CD AB AB (1-8) D(1-6) END



## INTRO

**BFLY POS WALL LEAD FOOT FREE START AFTER BOMBAAAAAA**

## PART A

**01-041/2 OP HIP TWIST INTO a FAN ; ; ALEMANA & SIDE CLOSE ; ; ~**

**{Op Hip twist Into a Fan}** Chk fwd L, rec R, small bk L/cl R, bk L pushing arm fwd gently to turn W (*W [QQQQ] rk bk R, rec L, fwd R/fwd L, fwd R swivel ¼ RF on right*) ; Bk R, rec L, small sd R/cl L, sd R slight LF rotation twd W (*W fwd L, fwd R turn ½ LF, bk L/lk Rif, bk L*) ; **{Alemana}** Fwd L, rec R, sm sd L/cl R, sd L (*W cl R, fwd L, fwd R/lk Lib, fwd R trng RF to fcg M's lft-sd & point L to sd*) ; Raisg jnd ld-hnds XRib, rec L, sd R/cl L, sd R (*W trng RF undr jnd hnds fwd L & swvl RF, fwd R & swvl RF to fc ptr, fwd & sd L/cl R, sd L*) to BFLY WALL ; **{Sd Cl}** ~ Sd L, cl R ;

## PART B

**01-04 BACK BREAK INTO TRIPLE CHA to LOD ; ; FORWARD BREAK INTO BACK TRIPLE CHA ; ;**

**{Bk Break Into Tripple Cha's to LOD}** [Relg ld-hands] [S,S, Q&Q ; Q&Q,Q&Q] XLib (*W XRib*) to OP LOD, rec R, w/ bdy trn twd ptr fwd L/lk Rib (*W lk Lib*), fwd L ; w/ Bdy trn awy from ptr fwd R/lk Lib (*W lk Rib*), fwd R, w/ bdy trn twd ptr fwd L/lk Rib (*W lk Lib*), fwd L ; **{Fwd Break Into Back Tripple Cha}** [S,S, Q&Q ; Q&Q,Q&Q] [Releasing ld-hnds] XRif (*W XLif*) to OP LOD, rec L, w/ bdy trn twd ptr bk R/lk Lif (*W lk Rif*), bk R, w/ Bdy trn awy from ptr bk L/lk Rif (*W XLif*), bk L, w/ bdy trn twd ptr bk R/lk Lif (*W lk Rif*), bk R ;

**05-08 ONE HAND to HAND ; UNDERARM TURN ; AIDA to RLOD ; SWITCH CROSS ;**

**{One Hand to Hand}** XLib (*W XRib*) trng to OP, rec R to BFLY, sd L/cl R, sd L ; **{Underarm Turn}** Raisg jnd ld-hnds XRib, rec L to fc ptr, sd R/cl L, sd R (*W XLif trng RF undr jnd hnds, rec R contg RF trn, sd L/cl R, sd L*) to mom BFLY WALL ; **{Aida to RLOD}** Thru L RLOD, sd R to fc rel ld-hnds & jn trl-hnds, trng LF bk L/lk Rif, bk L LOD to V BK-TO-BK ; Sd & bk R trng to fc ptr, rec L to BFLY WALL, lookg LOD XRif (*W XLif*)/sd L, XRif (*W XLif*) to BFLY WALL ;

**09-10 TWIRL/VINE 2 & CHA ; SPOT TURN & r-hndshk ;**

**{Twirl Vine 2 & Cha}** Raise ld-hnds & release trl-hnds sd L, XRib, sd L/cl R, sd L (*W fwd R begin RF twirl undr ld-hnds, cont twirl fwd L to BFLY, sd R/cl L, sd R*) ; **{Spot Turn & r-hndshk}** XRif (*W XLif*) trng ½ LF, rec L contg to trn to fc ptr, sd R/cl L, sd R to r-Hndshk WALL ;

## PART C

**01-04 BASIC ½ to TURKISH TOWEL ; ; ONE BREAK ; W OUT to WALL & Keep r-hndshk ;**

**{Basic Half to Turkish Towel}** Rk fwd L, rec R, sd L lift jnd hnds palm to palm/cl R, sd L (*W Bk R, rec L, sd R/cl L, sd R*) ; Bk R, rec L, small sd R/cl L, sd R (*W XLif trn RF under jnd hnds, fwd R cont RF trn, fwd L arnd M to end in bk of and to his lft sd/fwd R, fwd L*) ; **{One Break}** Chk bk L bringing r-arms up & over head, rec R, sd L/cl R, sd L (*W Chk fwd R, rec L, sd R/cl L, sd R*) allowing W to XIB of M ; **{W Out to Fc}** Rk bk R, rec L chg to ld-hnds jnd, small sd R/cl L, sd R (*W fwd L twd LOD, fwd R trn LF, small sd L/cl R, sd L*) to r-Hndshk WALL ;

**05-08 FLIRT to a FAN ; ; START HOCKEY STICK INTERRUPTED w/ 4 HIP ROCK's ; ; FINISH HOCKEY STICK ;**

**{Flirt to a Fan}** Fwd L, rec R, sd L/cl R, sd L (*W rk bk R, rec L trng LF, contg trn sd R/cl L, sd R*) to VARS WALL ; Bk R, rec L, sd R/cl L, sd R (*W rk bk L, rec R, sliding ifo M sd L/cl R, trng to fc RLOD sd & bk L leavg r-ft extended fwd*) ; **{Start Hockey Stick Interrupt w/ 4 Hip Rock's}** Fwd L, rec R, sip L/R, L brg jnd ld-hnds ifo forehead (*W cl R, fwd L, fwd R/lk L, fwd R*) ; [QQQQ] Hip rock's sd R, L, R, L (*W [QQQQ] Hip rock's bk L, fwd R, bk L, fwd R*) ; **{Finish Hockey Stick}** Sm bk R maintaining fwd poise, rec L, fwd R/cl L, fwd R (*W fwd L, fwd R to BFLY twd DRW swvlg on R toe in sprl action sharply trn ¾ LF bk L/lk R, bk L*) to BFLY DRW ;

## PART D

### 01-04 BASIC ½ INTO THREE ALTERNATING UNDERARM TURN'S W – M & W ; ; ; ;

**{Basic Into 3 Alternating Underarm Turn's W-M & W}** Fwd L, rec R, sd L/cl R, sd L ; Raisg jnd ld-hnds XRib, rec L to fc ptr, sd R/cl L, sd R (*W XLif trng RF undr jnd hnds, rec R contg RF trn, sd L/cl R, sd L*) to mom BFLY WALL ; [join trlg hnds] Raisg trl-hnds *XLif trng RF undr jnd hnds, rec R contg RF trn, sd L/cl R, sd (WXRib, rec L to fc ptr, sd R/cl L, sd R)* ; [join ld-hnds] Repeat meas 2 Part D to end W slightly offset twd M's r-sd ;

### 05-081/2 INTO a LARIAT ; ; FULL CHASE TURN M & W & ONE RIFF TURN ; ; ~

**{Into a Lariat}** Sd L, rec R, cl L/ipl R, L (*W circ CW arnd M fwd R, fwd L, fwd R/lk Lib, fwd R*) ; Sd R, rec L, cl R/ipl L, R (*W cont CW circ arnd M fwd L, fwd R, fwd L/lk Rib, fwd L*) to BFLY WALL ; **{Full Turn Chase M & W}** [Releasg both hnds] Fwd L turn ½ RF, rec R cont turn ½ RF, bk L/lk Rif, bk L (*W bk R, rec L, fwd R/lk Lib, fwd R*), - ; Bk R, rec L, fwd R/lk Lib, fwd R (*W fwd L turn ½ RF, rec R cont turn ½ RF to fc ptr, bk L/lk Rif, bk L*), - ; **{One Riff Turn}** ~ Relg trl hnds & raisg jnd ld-hnds sd L, cl R (*W sd & fwd R spin RF, cl L compg full trn undr jnd ld-hnds*) to BFLY WALL

## ENDING

### 01-02 NEW YORKER ; AIDA & EXTEND FREE ARMS UP ;

**{New Yorker}** Thru L to LOP RLOD, rec R to fc, sd L/cl R, sd L ; **{Aida & Extend Free Arms Up}** Thru R to fc LOD xg r-hnd ovr lft-hnd, sd L trng ½ RF to LOP RLOD, bk R/lk Lif, bk R to V bk-to-bk extndg trail arms up & out ;