

JUST WHEN I NEEDED YOU MOST

Music: Katrine Moholt
Cd: Sweetheart
<https://music.apple.com/no/album/sweethearts/1443352646?i=1443352933&l=nb>
Track # 7 Time 3:32 Available from choreographer
Rhythm: Hesitation & Canter Waltz **Phase:** V+2 (Outsd Spin & Twist + Link) + Several U
Footwork: Opposite except where (Noted)
Release Date: Aug 25
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
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Sequence: INTRO AA B A(1-20) END



INTRO

01-04 CP DLC LEAD FOOT FREE WAIT 2 MEASURES ; ; FWD & RIGHT LUNGE ; ROLL & SLIP ;

{Wait} CP DLC Id ft free wt 2 meas ; ; {Fwd & R Lunge} [14] Fwd L,-, flexg L-knee sd & fwd R twd WALL,-, sway R lookg at W (W look well L) ; {Roll & Slip} [14] Rec L rotatg body RF,-, swiv LF on L slip R bk undr body,-, end CP DLC ;

05-08 DIAMOND TURN/W INSIDE TURNS ; ; ;

{Diamond Trn/W Insd Trns} Fwd L trng LF,-, compg ¼ LF trn sd R,-, bk L to BJO DRC ; Staying in BJO & trng LF bk R & raisg Id arm,-, compg ¼ LF trn sd L,-, fwd R (W fwd L comm LF trn under Id hnds fc RDC,-, small sd R cont LF trn,-, small sd L compg LF trn) to BJO DRW ; Repeat meas 5,6 Intro to BJO DLW & DLC ; ;

PART A

01-04 TELEMAR to SCP ; THRU CANTER VINE to SCP ; CROSS HESITATION ; HESITATION CHANGE ;

{Telemark to SCP} Fwd L comm LF trn, sd R cont LF trn,-, sd & slightly fwd L to tight SCP DLW (W bk R comm to trn LF bringing L beside R w/ no wgt, trn LF on R heel (heelturn) & chg wgt to L,-, sd & slightly fwd R to tight SCP) ; {Thru Canter Vine to SCP} [1346] Thru R,-, sd L to fc ptr, XRib,-, sd L swiv LF to SCP LOD ; {Cross Hesitation} [1,-, /123] Fwd R, w/o chg wgt trn ¼ LF on ball of R ft, cont trng LF on ball of R ft ckg,-, (W fwd L stg LF trn, -, sd R arnd M trng LF,-, contg LF trn cl L) to BJO DRC ; {Hesitation Chng} [14] Trng upper bdy RF bk L,-, sd R contg RF trn,-, draw L to CP DLC ;

05-08 CANTER VIENNESE CROSS ; BACK & CHASSE TWIRL to CP DLW ; VIENNESE TURNS ; ;

{Canter Viennese Cross} [1346] Fwd L comm trng LF,-, cont trng LF sd & bk R, cont slightly trng LF XLIF,-, bk R (W bk R comm trng LF,-, cont trng LF sd & fwd L, cont slightly trng LF cl L,-, fwd R) end CP M fcg RLOD ; {Bk Chasse Twirl to CP DLW} [1346] [Raisg Id hnds] Bk L,-, comm RF trn sd R, cl L,-, sd & fwd R (W fwd R toeing to ptr,-, twrlg RF under Id hnds sd L to fc RLOD, bk R to fc LOD,-, sd & bk L) to CP DLW ; {Viennese Trns} Fwd L stg LF trn,-, sd R cont trn,-, XLif to fc RLOD (W bk R stg LF trn,-, sd L cont trn,-, cl R) ; Bk R cont LF trn,-, sd L cont trn,-, cl R (W fwd L cont LF trn,-, sd R cont trn,-, XLif) to CP DLW ;

09-12 WHISK ; FWD HOVER to BJO ; BACK HOVER to SCP ; THRU PEEK-A-BOO CHASSE to SHADOW LOD ;

{Whisk} Fwd L,-, fwd & sd R stg rise to ball of ft to SCP LOD,-, XLib (W XRib) cont to full rise ; {Fwd Hover to BJO} Fwd R,-, fwd L w/ rise (W trns LF), -, rec R to BJO LOD ; {Bk Hover to SCP} Bk L,-, bk & sd R w/ rise & slight LF trn,-, rec fwd L (W fwd R,-, fwd & sd L trng RF to CP,-, fwd R) to SCP LOD ; {Thru Peek-a-Boo Chasse to Shad Lod} [1346] Fwd R,-, blend to fcg ptr sm sd L, cls R,-, fwd L to Shadow LOD ;

13-16 SHADOW ROLLS w/HAND LOOPS to SCP LOD ; ; OP NATURAL ; PIVOT 2 to LOD ;

{Shadow Rolls w/ Hand Loops} Fwd R comm RF trn lead the W to trn RF underarm,-, sd L cont RF trn to mom Shad Wall [hnds above head W], -, bk R cont RF trn to RLOD [with Id hnds low] (W trng RF under Id hnds fwd L,-, XRif cont RF trn to mom Shadow Wall,-, cont RF trn bk L to RLOD) ; [chng trl hnd M & Id hnd W behind M's back] Swiv RF on R Fwd & sd L cont RF trn raisg hnds to lead W underarm,-, sm fwd R cont RF trn to mom Shad Wall [hnds above head W], -, fwd L (W roll RF sd & bk R cont RF trn [chng to trl hnds M] & shadow COH [M in front], -, fwd & sd L cont RF under arm,-, cont RF trn sd & fwd R) ; {OP Natural} Thru R comm trng RF,-, cont trng RF sd & bk L,-, bk R (W thru L,-, fwd R btwn Ms ft slightly trng RF,-, fwd L) end BJO M fcg RLOD ; {Pivot 2 to DLC} [14] Bk L pivot RF,-, fwd R heel to ball cont trn to CP DLC,-, ;

17-21 TURN LEFT & R CHASSE to BJO ; OUTSIDE SPIN & TWIST ; ; BOX FINISH ; DBL REVERSE SPIN to LOD ;

{Trn Lft & Chasse to BJO} [1346] Fwd L comm LF trn,-, cont trng LF sd R/cl L,-, sd & bk R to BJO DRC ; {Outsd Spin & Twist} Bk L pvtg RF,-, fwd R heel to ball cont trn,-, sd L twds DLW (W fwd R betw M's ft pivot RF,-, bk L cont trn,-, cl R) ; [16/W 1246] M hook Rib w/partial wgt,-, unwind RF chng wgt to R,-, cont unwind stp sd & bk L (W fwd L/R around M, fwd L trng RF, fwd R btwn M's ft) to CP DLW ; {Box Finish} Bk R,-, sd & bk L trng ¼ LF,-, cl R to CP DLC ; {Dbl Reverse Spin to LOD} [14/W1346] Fwd L comm LF trn,-, sd R cont LF trn,-, spin LF on ball of R bringing L beside R w/ no wgt & keepg knees flexed (W bk R com LF trn on R heel,-, cont trn on R heel & cl L, sd & bk R contg trn,-, XLif) to CP LOD ;

PART B

01-04 CLOSED TELEMARK to DLW ; FWD/W DEVELOPE ; BACK HOVER to SCP ; WEAWE 3 to BJO ;

{Closed Telemark to DLW} Fwd L comm to trn LF,-,-, fwd & sd R arnd W (*W heel trn*) cont LF trn,-, fwd & sd L to BJO DLW ; **{Fwd/W Develope}** Fwd R outsd rt sd ptr ckg,-,-,-, (*W bk L,-,-, bring R ft up L leg to insd of L knee, extend R ft fwd*),-; **{Bk Hover to SCP}** Bk L,-,-, sd & bk R w/ slight rise,-, rec L (*W fwd R,-,-, sd & fwd L rising & trng to SCP,-, fwd R*) to SCP DLW ; **{Weave 3 to BJO}** Fwd R DLC,-,-, fwd L stg LF trn,-, contg trn sd & bk R (*W fwd L trng LF,-,-, sd & bk R to CP,-, contg LF trn sd & fwd L LOD*) to BJO DRC ;

05-09 BACK TIPPLE CHASSE PIVOT Into SPIN TURN ; ; BOX FINISH ; LINK to SCP ; CHAIR & SLIP ;

{Bk Tipple Chasse Pivot Into Spin Trn} Bk L comm RF trn,-, cont RF trn sd R,cl L,-, cont slight RF trn fwd R betwn W's ft & pvt ½ RF to CP almost RLOD ; Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD,-,-, fwd R betwn W's ft heel to toe cont trn leavg L leg xtnd bk & sd,-, rec L (*W stg RF upper bdy trn fwd R betwn M's ft heel to toe pvtg ½ RF,-,-, bk L cont trn brush R to L,-, fwd R betwn M's ft*) to CP DLW ; **{Box Finish}** Repeat meas 19 Part A ; **{Link to SCP}** Rise on L blend to CP, cont rise cl R on toes, sd & fwd L to SCP DLW ; **{Chair & Slip}** Ck fwd R w/ bent knee,-,-, rec L w/ slight LF trn,-, sm bk R (*W ck fwd L,-,-, rec R swvlg 5/8 LF,-, fwd L*) to CP DLC ;

ENDING

01-04 TURN LEFT & R CHASSE to BJO ; OUTSIDE SPIN & TWIST ; ; BACK & SIDE to PROMENADE SWAY ;

{Trn Lft & Chasse to BJO} Repeat meas 17 Part A ; **{Outsd Spin & Twist}** Repeat meas 18,19 Part A ; **{Bk & Sd to Promenade Sway}** [14] Bk R,-,-, sd & fwd L twds DLC, stretch R sd gradually to look over the jnd ld hnds usg full meas,-;