

IT IS YOU

Choreographer : František Čermák
 Music: Song: "It is You" Artist: Dana Glover Album: Shrek, Track 02
 Rhythm: Waltz IV + 1 (Hinge)
 Date: 9.6.2006
 Sequence: **Intro – A – A – B – C – End**

INTRO

- 1-9 **WAIT;; UNWRAP APT IN 3; TOG TCH to BFLY; ROLL 3 to SCP; IN & OUT RUNS;; THRU to a HINGE; SLOW REC to BFLY, w TRANS;**
 1-2 **[Wait Wrap Love Pos Lead Foot Free]** wrap pos fc LOD W's head on M's R shoulder, M's head on W's head, both lead foot free;;
 3-4 **[Unwrap Apt in 3]** the hands in front are released, small steps sd L, cl R, sd L; (W sd R trn RF ½, sd L trn RF ½, sd R to OP LOD;); **[Tog Tch]** stp R tog, tch L to BFLY;
 5-7 **[Roll 3 to SCP]** Sd L trng LF (W RF), fwd R to fc RLOD, bk L continue trn LF to SCP;
[In & Out Runs] fwd R commence RF trn, fwd & sd L cont RF trn fc RLOD, bk R C/BJO; bk L commence RF trn sd & fwd R cont RF trn fc LOD, sd & fwd L SCP/LOD; (W: Fwd L, fwd R btwn M's feet, fwd L to C/BJO; fwd R outside ptr, fwd & sd cent RF trn, fwd R SCP/LOD;)
 8-9 **[Thru to a Hinge]** thru R, sd & fwd L to L lunge trng body RF to RLOD leave R leg extd (W thru L, sd R trn ¼ LF, cross L beh of R); **[Slow Rec to BFLY, W Trans]** slow rec R (bk R to BFLY, cl L;)

PART A

- 1-10 **WLZ AWAY; BOTH ROLL ACROSS; TWINKLE THRU; THRU CHASSE to RLOD; THRU, FC, CL to CP; SERPIENTE;; SD, DRAW TCH; LEFT TRNG BOX ½;;**
 1-2 **[Wlz Away]** sd L trn to OP LOD, fwd R, cl L; **[Both Roll Across]** roll beh W sd R trn RF ¼, fwd L trn RF ½, bk R trn ¼ to OP LOD; (W roll in front of M sd L trn LF ¼, fwd R trn LF ½, bk L trn ¼ to OP LOD;)
 3-5 **[Twinkle Thru]** thru L, sd R, cl L to CP COH; **[Thru Chasse to RLOD]** thru R, sd L/ cl R, sd L to SCP RLOD; **Thru, Fc, Cl** thru R, sd L, cl R to CP COH;
 6-8 **[Serpiente]** sd L, beh R, flare L; beh L, sd R, thru L; **[Sd, Draw Tch]** sd R, draw tch L;
 9-10 **[LF Trng Box ½]** fwd L trn LF ¼, sd R, cl L; bk R trn LF ¼, sd L, cl R to CP/W; (W bk R trn LF ¼, sd L, cl R; fwd L trn LF ¼, sd R, cl L;)
- 11-20 **DIP BK & TWIST; PIVOT 3; TWISTY VINE 3; MANEUVER; OPEN IMPETUS; CROSS PIVOT to SCAR; TWINKLE to BJO RLOD; FWD & PT; OUTSIDE CHANGE; WHIPLASH;**
 11-12 **[Dip Bk & Twist]** bk L take full weight with knee slightly bend R leg is extendet, twist upper body ¼ LF; **[Pivot 3]** rec R trn RF 1/8, sd L trn RF ½, sd R continue trn RF 3/8 to CP/W;
 13-14 **[Twisty Vine 3]** sd L, beh R, sd L;(W sd R, thru L, sd R;); **[Maneuver]** fwd R trn ¼ RF, sd L, cl R;
 15-16 **[Open Impetus]** bk L trng RF, cl R to L heel trn; fwd L (W fwd R trng RF, fwd & sd L arnd M cont trn, fwd R) SCP LOD; **[Cross Pivot to SCAR]** fwd R in front of W begin a RF trn, sd L continue RF trn, fwd R to SCAR (W fwd L commence RF trn, fwd R between M's feet trn ½ RF, sd & bk L to SCAR LOD;)
 17-18 **[Twinkle to BJO RLOD]** fwd L LOD, in place R trng ½ LF, cl L BJO RLOD; **[Fwd & Point]** fwd R, pt L twd RLOD,-;
 19-20 **[Outside Change to SCP]** bk L, bk R trng LF, sd & fwd L to SCP fcg LOD/COH (W waltz fwd R, L with slight LF trn, R and slightly sd to SCP fcg LOD/COH); **[Whiplash]** in SCP thru R,-, trng RF pt L hold ending in CP,-;(W thru L, -, swivel on L to fc partner and pt R hold ending in CP;)
- 21-32 **OUTSIDE SWIVEL with DEVELOPE; CHASSE to SCP; WHIPLASH; OUTSIDE SWIVEL with DEVELOPE; CHASSE to SCP; IN & OUT RUNS;; THRU, FC, CL; LEFT TRNG BOX;;;**
 21-22 **[Outside Swivel with Develope]** bk L,-,-; (W fwd R, on R swivel RF to SCP with Develope-bring L foot up R leg to outside of R knee, extend L foot fwd;); **[Chasse to SCP]** thru R, sd L/ Cl R, sd & fwd L to SCP;

- 23-24 **[Whiplash]** in SCP thru R,-, trng RF pt L hold ending in CP,-;(W thru L, -, swivel on L to fc partner and pt R hold ending in CP;) **[Outside Swivel with Develope]** bk L,-,-; (W fwd R, on R swivel RF to SCP with Develope-bring L foot up R leg to outside of R knee, extend L foot fwd;)
- 25-28 **[Chasse to SCP]** thru R, sd L/ CI R, sd & fwd L to SCP; **[In & Out Runs]** fwd R commence RF trn, fwd & sd L cont RF trn fc RLOD, bk R C/BJO; bk L commence RF trn sd & fwd R cont RF trn fc LOD, sd & fwd L SCP/LOD; (W: Fwd L, fwd R btwn M's feet, fwd L to C/BJO; fwd R outside ptr, fwd & sd cent RF trn, fwd R SCP/LOD;) **[Thru, Fc, CI]** thru R, fwd L to fc partner, cl R;
- 29-32 **[Left turning box]** fwd L trn LF ¼, sd R, cl L; bk R trn LF ¼, sd L, cl R to CP/COH; fwd L trn LF ¼, sd R, cl L; bk R trn LF ¼, sd L, cl R to CP/W; (W bk R trn LF ¼, sd L, cl R; fwd L trn LF ¼, sd R, cl L; bk R trn LF ¼, sd L, cl R; fwd L trn LF ¼, sd R, cl L;)

PART B

- 1-16 **WLZ AWAY; LADY WRAP; FWD WLZ; PU, SD, CL; OPEN TELEMAR; CHASSE to SCP; WEAVE 6 to SCP;; WING; TRN L CHASSE to BJO RLOD; BK, BK, LK, BK; OPEN IMPETUS, CHASSE to SCP; CHAIR & SLIP to PU; 2 LF TRNS to BFLY;;**
- 1-2 **[Wiz Away]** sd L trn to OP LOD, fwd R, cl L; **[Lady Wrap]** 3 small steps fwd R, L, R; (W sd & fwd L trn LF ¼, fwd R continue LF trn ½, sd L continue LF trn to wrap pos LOD;)
- 3-4 **[Fwd Wiz]** fwd L, fwd R, fwd L; **[PU, Sd, CI]** small fwd R, sd L, cl R to CP LOD; (W fwd Lin front of M trn to CP LOD, sd r, cl L;)
- 5-6 **[Open Telemark]** fwd L trng LF, sd R cont trn, sd & fwd L (W bk R comm heel trn, chg wt to L, sd & fwd R) SCP DLW; **[Chasse to SCP]** thru R, sd L/ CI R, sd & fwd L to SCP;
- 7-8 **[Weave 6 to SCP]** thru R twd DLC, fwd L trng LF (W fwd RIF of M), sd R DLC cont LF trn to CP; bk L twd LOD cont LF trn, bk R trng LF, sd & fwd L twd LOD SCP;
- 9-10 **[Wing]** fwd R, draw L toward R, tch L; (W fwd L in front of M trng slightly LF, fwd R around M continue trn LF, fwd L to SCAR LOD;) **[Trn L Chasse to BJO RLOD]** Fwd L, turning LF step side R / cl L to R to face COH, side and back R blending to BJO RLOD;
- 11-12 **[Bk, Bk, Lk, Bk]** bk L, bk R/lk L. bk R; **[Open Impetus]** bk L trng RF, cl R to L heel trn; fwd L (W fwd R trng RF, fwd & sd L arnd M cont trn, fwd R) SCP LOD;
- 13-14 **[Chasse to SCP]** thru R, sd L/ CI R, sd & fwd L to SCP; **[Chair & Slip to PU]** thru R with lunge action, rec L no rise, slip bk R to CP LOD; (W lunge thru L, rec R, swivel LF on R and step fwd L to CP LOD;)
- 15-16 **[2 LF Trns to BFLY]** Trng LF 3/8 fwd L, sd R ,cl L; trng 3/8 bk R, sd L ,cl R to BFLY/WALL;

PART C

- 1-30 **WLZ AWAY; BOTH ROLL ACROSS; TWINKLE THRU; THRU CHASSE to RLOD; THRU, FC, CL; SERPIENTE;; SD, DRAW TCH; LF TRNG BOX ½;; DIP BK & TWIST; PIVOT 3; TWISTY VINE 3; MANEUVER; OPEN IMPETUS; THRU, FC, CL; WHISK; WHIPLASH; OUTSIDE SWIVEL with DEVELOPE; CHASSE to SCP; WHIPLASH; OUTSIDE SWIVEL with DEVELOPE; CHASSE to SCP; IN & OUT RUNS;; THRU, FC, CL; LEFT TRNG BOX;;;**
- 1-15 the same as Part A 1-15
- 16-17 **[Thru, Fc, CI]** thru R, fwd to fc partner L, cl R; **[Whisk]** fwd L, fwd and sd R, cross L beh of R;
- 18-30 the same as Part A 20-32

END

- 1-7 **TWIRL VINE; THRU to a HINGE; SLOW REC, W TRANS; WLZ AWAY; LADY WRAP; FWD & PT & SLOW to WRAP LOVE POS;**
- 1 **[Twirl Vine]** sd L, beh R, sd L; (W sd & fwd R trn ½ RF, sd & bk L trn ½ RF; sd R;)
- 2-3 the same as Intro 8-9
- 4-5 the same as Part B 1-2
- 6-7 **[Fwd & Pt & Slow to Wrap Love Pos]** fwd L, pt thru R, take head on W's head (W head to M's R shoulder);