

IS IT YOU

Music: Sabina Halsey
Cd: Casaphon – Ballroom Fantasy
<https://casa-musica.com/en/music-cd-mp3/770-ballroom-fantasy.html>
Track # 2 Time 3:17 Available from choreographer

Rhythm : Waltz Phase: IV+1 (Inside Turns)

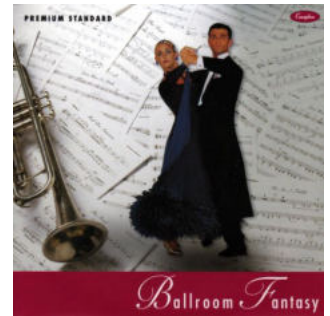
Footwork: Opposite except where (Noted)

Release Date: Aug 25

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

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Sequence: INTRO AB A(1-16) C B END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; TWIRL/VINE ; PICK UP to SCAR DLW ;

{Wait} Bfly Pos Wall ld ft free wt 2 meas ; ; {Twirl/Vine} [Raisg jnd ld hnds] Sd L, XRib, sd L (W sd R start trng RF on ball of R under ld hnds, cont RF trn bk L to fc COH, sd R) to SCP LOD ; {Pick Up to SCAR DLW} Trng to fc LOD fwd R, sm fwd L to fc DLW, cl R (W trng LF fwd L, sd R Xg ifo ptr, cl L) to SCAR DLW ;

05-08 CROSS HOVERS to BJO & SCAR ; ; CROSS HOVER to SCP ; CHAIR & SLIP ;

{Cross Hover to BJO & SCAR} XLif, sd R & fwd hvrg, rec L to BJO ; XRif, sd & fwd L sd hvrg, rec R to SCAR ; {Cross Hover to SCP} XLif, sd R & fwd hvrg, rec L (W XRib, sd & bk L w/ strong RF trn, fwd R) to SCP LOD ; {Chair & Slip} Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (W ck fwd L, rec R swvlg 5/8 LF, fwd L) to CP DLC ;

PART A

01-04 OP REVERSE TURN ; HOVER CORTE ; SLOW OUTSIDE SWIVEL ; WEAVE 3 to BJO DLW ;

{OP Reverse Trn} Fwd L comm LF trn, cont trn sd & bk R, bk L to BJO ; {Hover Corte} Bk R, trng LF sd & fwd L LOD leavg R leg in pl, compg ½ LF trn rec R (W fwd L, trng LF sd & fwd R & brush L to R, fwd L) to BJO DLW ; {Slow Outsd Swiv} [1] Bk L w/ R sd lead, pull L across R [no weight], -, (W fwd R, swiv ½ RF to SCP, -, -, -) ; {Weave 3 BJO} Thru R, fwd L trng LF, cont trng sd & bk R to BJO fcg DRC (W fwd L, trng LF fwd & slightly bk R, cont trng LF fwd L to BJO) ;

05-08 SYNCOPATED BJO WHEEL to DLW ; HOVER TELE ; THRU CHASSE to SCP ; SLOW SIDE LOCK ;

{Sync BJO Wheel to DLW} [1,2&3] Bk L checkg, fwd wheelg CW R/L, R to DLW ; {Hover Tele} Fwd L, fwd R risg & lft shldr lead, sd & fwd L to SCP LOD ; {Thru Chasse to SCP} [1,2&3] Thru R, sd to fc ptr L/cl R, fwd L to SCP LOD ; {Slow Sd Lock} Repeat meas 4 Intro ;

09-12 OP REVERSE TURN ; BACK & CHASSE to BJO ; MANUEVER ; BACK & CHASSE PIVOT to SCAR DLW ;

{OP Reverse Trn} Fwd L com LF trn, trng LF sd R, bk L compg 3/8 LF trn (W bk R comm LF trn, cl L [heel trn], fwd R outsd ptr) to BJO RLOD ; {Bk & Chasse to BJO} [1,2&3] Bk R trng LF, sd L/cl R, sd & fwd L to BJO DLW ; {Manuever} Fwd R outsd ptr comm RF trn, fwd & sd L cont RF trn, cl R to L to CP RLOD ; {Bk & Chasse Pivot to SCAR DLW} [1,2&3] Trn RF bk L CP DRC shape to lft, sd R/cl L trn RF, fwd R DLW lose shape pvt RF to SCAR DLW ;

13-16 CROSS HOVER to SCP ; MANUEVER ; SPIN TURN ; BOX FINISH ;

{Cross Hover to SCP} Repeat meas 7 Intro ; {Manuever} Trng RF fwd R ifo W, sd L cont trn, cl R (W fwd L, R, L) to CP RLOD ; {Spin Trn} Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD, fwd R btwn W's ft heel to toe cont trn leavg L leg xtnd bk & sd, rec L (W stg RF upper bdy trn fwd R btwn M's ft heel to toe pvtg ½ RF, bk L cont trn brush R to L, fwd R btwn M's ft) to CP DLW ; {Box Finish} Bk R comm LF turn, sd L to fc DLC, cl R in CP DLC ;

17-20 4 VIENNESE TURNS to DLW ; ; ; ;

{4 Viennese Trns} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (W bk R stg LF trn, sd L cont trn, cl R) ; Bk R cont LF trn, sd L cont trn, cl R (W fwd L cont LF trn, sd R cont trn, XLif) to CP DLW ; Repeat meas 17,18 Part A ; ;

PART B

01-04 TWISTY VINE ; MANUEVER & PIVOT 2 to WALL ; WHISK ; THRU SYNCOPATED VINE ;

{Twisty Vine 3} Trng RF sd L, XRib, trng LF sd & fwd L to BJO DLW ; {Manuever & Pivot 2 to Wall} Fwd R trng RF to CP DRW, cont RF trn bk L LOD pivot 3/8 RF, cont RF trn fwd R LOD pivot ¼ RF to CP WALL ; {Whisk} Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib (W XRib) cont to full rise ; {Thru Sync Vine} [1,2&3] Thru R, sd L/XRib (W XLib), sd L to SCP LOD ;

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05-08 MANUEVER ; SPIN TURN to BACK & CHASSE to SCP ; ; THRU to WHIPLASH to BJO ;

{**Manuever**} Repeat meas 14 Part A ; {**Spin Trn to Bk & Chasse to SCP**} Repeat meas 15 Part A ; [1,2&3] Bk R trng RF to fc ptr, sd L/cl R, sd & fwd L to SCP LOD ; {**Thru Whiplash to BJO**} [1,--] Thru R, trng bdy RF to ptr point L LOD (*W thru L, point R fwd, swiv slowly on L LF to fc ptr*) to BJO DLW, -;

09-12 BACK WHISK ; THRU to PROMENADE SWAY ; CHANGE to OVER SWAY ; RECOVER to HOVER SCP & PICK UP ;

[2^{de} TIME : SLOW RECOVER to BJO DLW]

{**Bk Whisk**} Bk L, bk & sd R, XLib (*W fwd R, fwd & sd L trng RF, XRib*) to SCP LOD ; {**Thru to Promenade Sway**} [12] Thru R (*W thru L*), sd & fwd L twds DLC, stretch R sd gradually to look over the jnd ld hnds usg full meas ; {**Chng to Oversway**} With no chg wgt relax L knee keepg R leg xtnd w/ slight LF upper bdy trn & stretch L sd both w/ hd well to lft (*W relax R knee & w/ LF upper bdy trn slowly change hd from R to L usg full meas*) ; {**Rec to Hover to SCP a Pick Up**} Rec bk R brush L to R, fwd L to SCP LOD, thru R swiv to Pick Up to CP LOD ; **[2^{de} Time : Slow Rec to BJO DLW]** [1] Rec bk R brush L to R swiv LF to BJO DLW

PART C

01-04 DIAMOND TURN/ W INSIDE TURNS ; ; ; ;

{**Diamond Trn/W Insd Trns**} Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO DRC ; [Raisg ld hnds] Staying in BJO & trng LF bk R, compg ¼ LF trn sd L, fwd R (*W fwd L comm LF trn under ld hnds fc RDC, small sd R cont LF trn, small sd L compg LF trn*) to BJO DRW ; Repeat meas 1,2 Part C to BJO DLW & DLC ; ;

05-08 TELEMAR to SCP ; THREE IN & OUT RUNS ; ; ;

{**Telemark to SCP**} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (*W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R*) to SCP DLW ; {**3 In & Out Runs**} Trng RF fwd R, sd & bk L to CP RLOD, bk R (*W fwd L, fwd R btwn M's ft, fwd L*) to BJO RLOD ; Trng RF bk L, cont trn fwd R btwn W's ft, sd & fwd L (*W trng RF fwd R, cont trn sd L ifo M, cont trn fwd & sd R*) to SCP LOD ; Repeat meas 6 Part C ;

09-12 IMPETUS to SCP ; WEAVE 6 to SCP ; ; WING ;

{**Impetus to SCP**} Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (*W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R*) to SCP DLC ; {**Weave 6 to SCP**} Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R to fc DRC (*W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD to BJO*) ; Bk L LOD, bk R trng LF trn, sd & fwd L (*W fwd R outsd ptr, fwd L, fwd R*) to SCP DLW ; {**Wing**} Thru R, draw L twd R, tch L to R trng upper part of bdy LF (*W fwd L beginning to Xg ifo M comm LF trn, fwd R arnd M cont LF trn, fwd L arnd M*) to SCAR DLC ;

13-16 TURN LEFT & R CHASSE TO BJO ; BACK SYNCOPATED TWISTY VINE ; BACK HOVER TELE to SCP ; THRU FACE CLOSE ;

{**Trn Left & R Chasse to BJO**} [1,2&3] Fwd L comm LF trn, cont trng LF sd R/cl L, sd & bk R to BJO DRC ; {**Bk Sync Twisty Vine**} (1,2&3) Bk L trng slightly RF, sd R/XLif, sd & bk R to fc DLW (*W fwd R trng RF, sd & bk L, cont trng XRib, sd & fwd L to BJO*) ; {**Bk Hover Tele to SCP**} Comm RF trn bk L, cont trn sd & fwd R risg slightly & trng RF, fwd L small step on toe (*W comm RF trn fwd R btwn M's ft pivotg ½ RF, sd & fwd L cont trn risg slightly & trng RF, fwd R step on toe*) end SCP DLW ; {**Thru Fc Cl**} Thru R, sd L trn to fc, cl R to CP WALL ;

ENDING

01-04 BACK WHISK ; THRU to PROMENADE SWAY ; CHANGE to OVER SWAY ; RECOVER to HOVER SCP & PICK UP ;

{**Bk Whisk**} Repeat meas 9 Part B ; {**Thru to a Promenade Sway**} Repeat meas 10 Part B ; {**Chng to Oversway**} Repeat meas 11 Part B ; {**Rec to Hover to SCP a Pick Up**} Repeat meas 12 Part B ;

05-08 TELEMAR to SCP ; THRU SYNCOPATED VINE ; THRU to CHAIR ;

{**Telemark to SCP**} Repeat meas 5 Part C ; {**Thru Sync Vine**} Repeat meas 4 Part B ; {**Thru to Chair**} Strong fwd R in lunge action bendg knee, -, -;