

IF YOU FORGET ME III

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Music: "Si Me Vas A Olvidar" Artist: Roberto Carlos Album: Amazonia Remasterizado 2012
Also available as MP3 download from Amazon, I Tunes, Microsoft.com & others
Modifications: Cut music at 2:51 Fade 2:46 to end. Then cut from beginning to 0:20

Time/Speed: Time@ Download: 4:45 Speed as downloaded or slow to suit

Footwork: Opposite unless noted (Woman's footwork in parentheses)

Degree of Difficulty: Average

Rhythm/Phase: Rumba Phase III+1 (Cross body)

Released: May 2017

Sequence: INTRO A B C ENDING

INTRODUCTION

- 1-4 SHDW DLW L FEET FREE WAIT 2;; CUCARACHA CROSS TWICE;;**
1-2 [Shdw DLW L ft free both wait 2] wait,-,;; wait,-,;; (same footwork thru meas 7)
3-4 [Cuca X twice] Sd L, Rec R, XLif,-; Sd R, Rec L, XRif,-;
- 5-8 RUMBA WALK 3; FWD SIDE CLOSE; SIDE WALK 3; SPOT TURN W IN 2 BFLY;**
5 [RB wlk 3] Fwd L, Fwd R, Fwd L,-;
6 [Fwd sd cl] Fwd R, Sd L, Cl R,-;
7 [Sd wk 3] Sd L, Cl R, Sd L,-;
8 [Spt trn W in 2 BFLY] X w/ Swvl & Fwd R Trn, Rec L Trn, Sd R,-;
(X w/ Swvl & Fwd R Trn, Rec L, Tch R,-;)

PART A

- 1-4 ½ BASIC; FENCE LINE; NEW YORKER TWICE;;**
1 [½ bas] Fwd L, Rec R, Sd L,-; (Bk R, Rec L, Sd R,-;)
2 [Fnc line] X Lun R, Rec L, Sd R,-;
3-4 [Ny 2x] Swvl Thru L, Rec R Swvl To Fc, Sd L,-; Swvl Thru R, Rec L Swvl To Fc, Sd R,-;
- 5-8 ½ BASIC; UNDERARM TURN; LARIAT;;**
5 [½ bas] Same as A 1
6 [Undrm trn] Bk R, Rec L, Sd R,-; (Swvl Fwd L Trn, Rec R Trn, Sd L,-;)
7-8 [Lariat] In Plc Stp L, Stp R, Stp L,-; Stp R, Stp L, Stp R,-;
(Fwd R, Fwd L, Fwd R,-; Fwd L, Fwd R, Sd L,-;)
- 9-12 HAND TO HAND; THRU SERPIENTE;; FENCE LINE;**
9 [Hnd to hnd] Swvl Bk L, Rec R Trn To Fc, Sd L,-;
10-11 [Thru serp] Thru R, Sd L, Bhd R, Fan L; Bhd L, Sd R, Thru L, Fan R;
12 [Fnc line] Same as A 2
- 13-16 CHASE;;;;**
13-16 [Chs] Fwd L Trn, Rec R, Fwd L,-; Fwd R Trn, Rec L, Fwd R,-; Fwd L, Rec R, Bk L,-;
Bk R, Rec L, Fwd R,-; (Bk R, Rec L, Fwd R,-; Fwd L Trn, Rec R, Fwd L,-;
Fwd R Trn, Rec L, Fwd R,-; Fwd L, Rec R, Bk L,-;)

PART B

- 1-4 START X BDY; W SWIVEL 2X M ROCK 2X; FIN X BDY; BREAK BACK TO OPEN;**
1 [Start X bdy] Fwd L, Rec R Trn fc LOD, Sd L,-; (Bk R, Rec L, Fwd R,-;)
2 [W swvl 2x M Rk] Sd R,-, Sd L,-; (Fwd L Swvl LF,-, Fwd R Swvl RF,-;)
3 [Fin X bdy] Bk R Trn, Fwd L, Sd & Fwd R,-; (Fwd L, Fwd R Trn, Sd L,-;)
4 [Brk bk OP RLOD] Swvl Bk L, Rec R, Fwd L RLOD,-;

PART B CONTINUED**5-8 RUMBA WALK 3; SLIDING DOOR 2X;; CIRCLE AWAY;**

5 [RB wk 3] Fwd R, Fwd L, Fwd R,-;
 6-7 [Sldg dr 2x] Rk Apt L, Rec R, XLif,-; Rk Apt R, Rec L, XRif,-;
 8 [Circ awy] Fwd L Trn, Fwd R Trn, Fwd L Trn,-;

9-12 CIRCLE TOGETHER; NEW YORKER IN 4; START CHASE PEEK-A-BOO;;

9 [Circ tog] Fwd R Trn, Fwd L Trn, Fwd R Trn BFLY,-;
 10 [Ny in 4] Swvl Thru L, Rec R Swvl To Fc, Sd L, Sd R;
 11-12 [Start Chs Peek-a-boo] Fwd L Trn ½, Rec R, Fwd L,-; Sd R, Rec L, Cl R,-;
 (Bk R, Rec L, Fwd R,-; Sd L, Rec R, Cl L,-;)

13-16 FINISH CHASE PEEK-A-BOO;; CHASE WITH UNDERARM PASS;;

13-14 Sd L, Rec R, Cl L,-; Fwd R Trn ½, Rec L, Fwd R, -; (Sd R, Rec L, Cl R,-; Fwd L, Rec R, Bk L,-;)
 15-16 [Chs w/ undrm pass] Fwd L Trn, Rec R, Fwd L,-; Bk R, Rec L, Sd R,-;
 (Bk R, Rec L, Fwd R,-; Fwd L, Fwd R Trn, Sd L,-;)

PART C**1-4 CHASE ½;; PEEK-A-BOO TWICE;;**

1-2 [Chs ½] Fwd L Trn, Rec R, Fwd L,-; Fwd R Trn, Rec L, Fwd R,-;
 (Bk R, Rec L, Fwd R,-; Fwd L Trn, Rec R, Fwd L,-;)
 3-4 [Peek-A-Boo 2x] Sd L, Rec R, Cl L,-; Sd R, Rec L, Cl R,-;

5-8 FIN CHASE;; CROSS BODY;;

5-6 [Fin chs] Fwd L, Rec R, Bk L,-; Bk R, Rec L, Fwd R,-;
 (Fwd R Trn, Rec L, Fwd R,-; Fwd L, Rec R, Bk L,-;)
 7-9 [Xbdy COH] Fwd L, Rec R Trn fc LOD, Sd L,-; Bk R Trn, Fwd L, Sd & Fwd R,-;
 (Bk R, Rec L, Fwd R,-; Fwd L, Fwd R Trn, Sd L,-;)

9-12 HAND TO HAND 2XS;; CRAB WALK 3; SIDE WALK 3;

9-10 [Hnd to hnd 2xs] Swvl Bk L, Rec R Trn To Fc, Sd L,-; Swvl Bk R, Rec L Trn To Fc, Sd R,-;
 11 [Crb wlk 3] XLif, Sd R, XLif,-;
 12 [Sd wlk 3] Sd R, Cl L, Sd R,-;

13-16 CRAB WALK 3; CUCARACHA; OPEN BREAK; WHIP;

13 [Crb wlk 3] Same as C 11
 14 [Cuca] Sd R, Rec L, Cl R,-;
 15 [OP brk] Rk Apt L, Rec R, Sd L,-;
 16 [Whip Wall] Bk R Trn, Rec L, Sd R,-; (Fwd L, Fwd R Trn, Sd L,-;)

ENDING**1-4 SHOULDER TO SHOULDER 2X;; CRAB WALK 3; SIDE WALK 3;**

1-2 [Shldr to shldr 2x] Rk Fwd L, Rec R To Fc, Sd L,-; Rk Fwd R, Rec L To Fc, Sd R,-;
 3 [Crb wlk 3] Same as C 11
 4 [Sd wlk 3] Same as C 12

5-8 NEW YORKER 2X TO CUDDLE POS;; 2 SLOW ROCKS L & R; CORTE & LEG CRAWL;

5-6 [Ny 2x] Same as A 3 & 4 to Cuddle Pos
 7 [2 slo rks] Sd L,-, Sd R,-;
 8 [Corte & leg crawl] Bk & Sd L,-, Hold,-; (Fwd & Sd R,-, Lift L leg,-;)