

## FOOLISH HEART

**Choreographers:** Mary and Bob Townsend-Manning  
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**Music:** Foolish Heart Artist: Steve Perry Album: Greatest Hits  
 3:38 @ 45 rpm  
**Footwork:** Opposite, except where noted  
**Rhythm/Level:** Rumba IV+2(Cross Basic, Sit Line) \*See Note Released Nov 2018  
**Sequence:** Intro A A B Int A B C D B C End

### INTRODUCTION

**1---4** {R HNDSHK WALL, LD FT FREE} WAIT 1 MEAS; TRADE PLACES 2X;; 2 SLO HIP RKS TO CP WALL;  
 1 R hndshk fcg wall wait one meas;  
 2-3 Rk apt L, rec R trn RF ¼ releasing R hnds, trng ¼ RF sd & bk L jn L hnds, - (W Rk apt R, rec L trn RF ¼, trng ¼ RF sd & bk R, -); Rk apt R, rec L trn LF ¼ releasing L hnds, trng ¼ LF sd & bk R, - (W Rk apt L, rec R trn LF ¼, trng LF ¼ sd & bk L, -) to BFLY WALL;  
 4 Rk sd L, -, Rk sd R, - to CP WALL;

### PART A

**1---4** LATIN WHISK; TO A FAN; HOCKEY STICK;;  
 1-2 XLib on flat ft, rec R, sd L to CP WALL, -; Bk R, rec L, sd R, - (W Fwd L, sd & bk R trng LF ¼, bk L, -);  
 3-4 Fwd L, rec R, cl L, - (W Cl R, fwd L, fwd R, -); Bk R, rec L, fwd R, - (W Fwd L, fwd R trng LF to fc ptr, bk L, -) to LOP DRW;

**5---8** MAN LUNGE LADY SIT LINE; U/ARM TRN BFLY; CROSS BASIC CP COH;;  
 5-6 Relaxing R knee extend L leg sd & bk no wgt extend R arm to sd, straightening R knee bring L leg to R leg, small sd L, - (W Small bk R relax R knee and extend L leg fwd R extend L arm up and slightly fwd, rec L, small sd R, -) to LOP DRW; XRib, rec L, sd R, - (W Swvl on R fwd L under ld hands trng ½ RF, rec R trng ½ RF, sd L, -) to BFLY WALL;  
 7-8 XLif trng ¼ LF, rec R, sd L, -; XRib trng ¼ LF, rec L, sd R, - to CP COH;

### REPEAT PART A TO BFLY WALL

### PART B

**1---4** SHOULDER TO SHOULDER 2X;; AIDA; SWITCH X;  
 1-2 XLif (W XRib), rec R, sd L; XRif (W XLib), rec L, sd R;  
 3-4 XLif (W XRif) trng LF, sd R cont LF trn, bk L, - to V pos LOD; Trng RF to fc ptr sd R, rec L, XRif, - to BFLY WALL;

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**PART B CONTINUED**

- 5---8**     **CUCARACHA X; SD WLK; SLO RK 2; BRK BK TO ½ OP LOD;**  
5-6 Press sd L, rec R, XLif, -; Sd R, cl L, sd R, -;  
7-8 Rk sd L, -, Rk sd R, -; Swvl LF on wgted R ft bk L, rec R, fwd L, - to ½ OP  
LOD;

**INTERLUDE**

- 1---4**     **SLO WLK 2; FENCE LINE TO CP; X BODY COH;;**  
1-2 Fwd R, -, fwd L, -; Thru R with bent knee, rec L, sd R, - to CP WALL;  
3-4 Fwd L, rec R, sd L trng ¼ LF to fc LOD, - (Bk R, rec L, fwd R to L-position  
fcg COH, -); Bk R, rec L, fwd R trng ¼ LF, - (Fwd L comm LF trn, fwd R comp  
trng ½ LF, sd L, -) to CP COH;

**REPEAT PART A TO BFLY WALL**  
**REPEAT PART B**

**PART C**

- 1---4**     **SLO WLK 2; SPOT TRN IN 4; SPOT TRN; NY IN 4;**  
1-2 Repeat meas 1 of Interlude; Thru R trng ½ LF, rec L cont LF trn to fc ptr, sd  
R, rec L;  
3-4 Thru R trng ½ LF, rec L cont LF trn to fc ptr, sd R, -; Thru L, rec R, sd L, rec  
R;

- 5---8**     **NY BFLY BJO; X SWVL DEVELOPE; TWL 3; FENCE LINE TO**  
**HNDSHK;**  
5-6 Thru L, rec R, sd L, - to BFLY BJO; XRif, swvl on R ½ RF to BFLY SCAR,  
-, - (W XLib, swvl on L ½ RF, bring R foot up to inside of L knee, ext R ft fwd);  
7-8 Bk L, XRib, sd L, - (W Fwd R comm RF trn, sd & bk L cont RF trn, sd R  
comp RF trn, -) to BFLY WALL; Repeat meas 2 of Interlude to R hndshk WALL;

**PART D**

- 1—4**     **FLIRT TO A FAN;; ALEMANA;;**  
1-2 Fwd L, rec R, sd L, - (W Bk R, fwd L, fwd R trng LF ½, -) to VARS WALL;  
Bk R, rec L, small sd R, - (W Bk L, rec R, sd & bk L, -) to FAN pos;  
3-4 Fwd L, rec R, cl L, -(W Cl R, fwd L, small fwd R comm RF swvl, -); Bk R,  
rec L, sd R, -(W fwd L trng ½ RF under joined ld hands, fwd R cont trng 3/8 RF  
to fc ptr, sd L to M's R sd, -);

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**PART D CONTINUED**

- 5---8**      **TO A LARIAT;; REV U/ARM TRN; U/ARM TRN;**  
5-6 Press L with partial wgt, rec R, sd L, - (W Circ around M fwd R, fwd L, fwd R, -); Press R with partial wgt, rec L, sd R, - (W Cont circ around M fwd L, fwd R, fwd & sd L to fc ptr, -) to BFLY WALL;  
7-8 XLif, rec R, sd L, - (W Swvl on L fwd R under ld hands trng ½ LF, rec L trng ½ LF, sd R, -) to BFLY WALL; Repeat meas 6 of Part A;

**REPEAT PARTS B AND C**

**END**

- 1---4**      **TRADE PLACES 2X;; SD WLK; AIDA & HOLD;**  
1-2 Repeat meas 2-3 of Intro;;  
3-4 Sd L, cl R, sd L, -; XRif (W XLif) trng RF, sd L cont RF trn, bk R, - to V pos RLOD;

\*Note regarding phase: This may be danced as an easy Phase V by adding a lady's spiral to the first measure of the Cross Basic, and by adding an optional Rope Spin to the Alemana.

**FOOLISH HEART HEAD CUES - Mary and Bob Townsend-Manning**

INTRO

(HNDSHK WALL) WAIT;  
TRADE PLACES 2X;; 2 SLO HIP RKS TO CP WALL;

A

LATIN WHISK; TO A FAN; HOCKEY STICK;;  
M LUNGE LADY SIT LINE; U/ARM TRN BFLY; X BASIC CP COH;;

A

LATIN WHISK; TO A FAN; HOCKEY STICK;;  
M LUNGE LADY SIT LINE; U/ARM TRN BFLY; X BASIC BFLY WALL;;

B

SHOULD TO SHOULD 2X;; AIDA; SWITCH X;  
CUCA X; SD WLK; SLO RK 2; BRK BK TO ½ OP LOD;

INT

SLO WLK 2; FENCE LINE TO CP; X BODY COH;;

A

LATIN WHISK; TO A FAN; HOCKEY STICK;;  
M LUNGE LADY SIT LINE; U/ARM TRN BFLY; X BASIC BFLY WALL;;

B

SHOULD TO SHOULD 2X;; AIDA; SWITCH X;  
CUCA X; SD WLK; SLO RK 2; BRK BK TO ½ OP LOD;

C

SLO WLK 2; SPOT TRN IN 4; SPOT TRN; NY IN 4;  
NY BFLY BJO; X SWVL DEVELOPE; TWL 3; FENCE LINE TO HNDSHK;

D

FLIRT TO A FAN;; ALEMANA TO A LARIAT;;; REV U/ARM TRN; U/ARM TRN;

B

SHOULD TO SHOULD 2X;; AIDA; SWITCH X;  
CUCA X; SD WLK; SLO RK 2; BRK BK TO ½ OP LOD;

C

SLO WLK 2; SPOT TRN IN 4; SPOT TRN; NY IN 4;  
NY BFLY BJO; X SWVL DEVELOPE; TWL 3; FENCE LINE TO HNDSHK;

END

TRADE PLACES 2X;; SD WLK; AIDA & HOLD;