

# ELEGIA 4

Music : Prandi Sound

[www.casa-musica-shop.de/song.aspx?id=5134](http://www.casa-musica-shop.de/song.aspx?id=5134)

Track # 1 Time: 2:18 Slow down w/ -5%

Rhythm : Waltz Phase : IV+ 1 ( Tipple Chasse)

Footwork : Opposite except where (Noted)

Release Date : Nov 18

Choreo : Jos Dierickx Beverlosestwg 14B2 3583 Paal Belgium

Email : [jos.dierickx@telenet.be](mailto:jos.dierickx@telenet.be)

SEQUENCE : INTRO AB BRIDGE C END



## INTRO

### 01-04 CP DLW LEAD FOOT FREE WAIT 2 MEASURES ; ; FORWARD HOVER ; BOX FINISH ;

{Wait} CP DLW ld ft free wt 2 meas ; ; {Fwd Hover} Fwd R, fwd L w/ rise, rec R to CP DLW ; {Box Finish} Bk R, sd & bk L trng ¼ LF, cl R to CP DLC ;

## PART A

### 01-04 VIENNESE TURNS TWICE ; ; ; ;

{Viennese Turns} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (W bk R stg LF trn, sd L cont trn, cl R) ; Bk R cont LF trn, sd L cont trn, cl R (W fwd L cont LF trn, sd R cont trn, XLif) to CP DLW ; Repeat meas 1,2 Part A ; ;

### 05-08 HOVER TELE ; NATURAL HOVER FALLAWAY ; BACK BACK/LOCK BACK ; IMPETUS to SCP ;

{Hover Tele} Fwd L, fwd R rising & trng 1/8 RF, sd & fwd L to SCP DLW ; {Natural Hover Fallaway} Fwd R, fwd L risg & trng RF, rec R (W fwd L, trng RF fwd R, rec L) to SCP DRW ; {Bk Bk/Lk Bk} (12&3) Bk L, bk R/lk Lif, bk R to BJO ; {Impetus to SCP} Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R) to SCP DLC ;

### 09-12 THRU SYNCOPATED VINE ; WHIPLASH to BJO DLW ; WHISK ; THRU CHASSE to SCP ;

{Thru Syncop Vine} [12&3] Thru R, sd L/XRib (W XLib), sd L to SCP LOD ; {Whiplash to BJO} [1,--] Thru R, trng bdy RF to ptr point L LOD (W thru L point R fwd, swivel slowly on L LF to fc ptr) to BJO DLW ; {Whisk} Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib (W XRib) cont to full rise ; {Thru Chasse to SCP} [12&3] Thru R, sd to fc prtn L/cl R, fwd L to SCP LOD ;

### 13-16 WEAVE 6 to BJO ; ; OP NATURAL ; HESITATION CHANGE ;

{Weave 6 to BJO} Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R to fc DRC (W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD to BJO) ; Bk L LOD, bk R trng LF trn, sd & fwd L (W fwd R outsd ptr, fwd L to CP contg LF trn, sd & bk R) to BJO DLW ; {OP Natural} Fwd R stg RF trn, cont trn sd & bk L, bk R w/ R sd ld (W bk L trng RF, fwd R btwn man's feet, fwd L) to BJO DRC ; {Hesitation Chng} [1,2-] Trng upper bdy RF bk L, sd R contg RF trn, draw L to CP DLC ;

## PART B

### 01-04 TELEMAR to SCP ; CROSS HESITATION ; BACK & R TIPPLE CHASSE PIVOT & PIVOT 2 to DLC ; ;

{Telemark to SCP} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R) to SCP DLW ; {Cross Hesitation} [1,--/123] Fwd R, w/o chg wgt trn ¼ LF on ball of R ft, cont trng LF on to ball of R ft ckg (W fwd L stg LF trn, sd R arnd M trng LF, contg LF trn cl L) to BJO DRC ; {Bk R Tipple Chasse Pivot} [12&3] Bk L comm RF trn, cont RF trn sd R toe pointing DLC/cl L cont slight RF trn, fwd R LOD btwn W's feet and pivot 3/8 RF to CP DRW (W Fwd R outsd ptr comm RF trn, cont RF trn sd L/cl R to L, bk L and pivot 3/8 RF to CP fc DLC) ; {Pivot 2 to DLC} [1,2-] Bk L pivot RF, fwd R heel to ball cont trn to CP DLC ;

### 05-08 OP REVERSE TURN ; HOVER CORTE ; BACK & CHASSE to SCAR ; CROSS SWIVEL to BJO DLW ;

{OP Reverse Turn} Fwd L com LF trn, trng LF sd R, bk L compg 3/8 LF trn (W bk R comm LF trn, cl L [heel trn], fwd R outsd ptr) to BJO RLOD ; {Hover Corte} Bk R, trng LF sd & fwd L LOD leavg R leg in pl, compg ½ LF trn rec R (W fwd L, trng LF sd & fwd R & brush L to R, fwd L) to BJO DLW ; {Bk & Chasse to SCAR DRW} [12&3] Trn RF bk L cp DRC shape to lft, sd R/cl L trn RF, fwd R DRW lose shape pvt RF to SCAR DRW ; {Cross Swivel to BJO DLW} [1,--] Fwd XLif (W XRib) comm trng LF, swvl LF on L to CP, cont LF swvl to BJO DLW leave leg extnd bk ;

**09-12 THRU SYNCOPATED VINE ; 3 IN & OUT RUNS ; ; ;**

**{Thru Syncop Vine}** Repeat meas 9 Part A ; **{3 In & Out Runs}** Trng RF fwd R, sd & bk L to CP RLOD, bk R (*W fwd L, fwd R btwn M's ft, fwd L*) to BJO RLOD ; Trng RF bk L, cont trn fwd R btwn W's ft, sd & fwd L (*W trng RF fwd R, cont trn sd L in frnt of M, cont trn fwd & sd R*) to SCP LOD ; Repeat meas 10 Part B ;

**13-15 BACK BACK/LOCK BACK ; SPIN TURN ; BOX FINISH ;**

**{Bk Bk/Lk Bk}** Repeat meas 7 Part A ; **{Spin Turn}** Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD, fwd R btwn W's ft heel to toe cont trn leavg L leg xtnd bk & sd, rec L (*W stg RF upper bdy trn fwd R btwn M's ft heel to toe pvtg ½ RF, bk L cont trn brush R to L, fwd R btwn M's ft*) to CP DLW ; **{Box Finish}** Bk R, sd & bk L trng ¼ LF, cl R to CP DLC ;

**BRIDGE**

**01-04 DIAMOND TURN ; ; ; ;**

**{Diamond Turn}** Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO ; Staying in BJO & trng LF bk R, compg ¼ LF trn sd L, fwd R ; Staying in BJO & trng LF fwd L, compg ¼ LF trn sd R, bk L ; Bk R in BJO trng RF, sd L compg ¼ LF trn, fwd R to BJO DLC ;

**PART C**

**01-04 REVERSE WAVE ; ; IMPETUS to SCP ; CHAIR & SLIP ;**

**{Reverse Wave}** Fwd L starting ¼ LF bdy trn, sd R LOD, back L (*W Bk R starting ¼ LF bdy trn, cl L [heel trn], fwd R*) CP DRC ; Bk R to WALL comm curving left face, bk L curving LF, bk R (*W fwd L comm curving LF, fwd R curving LF, fwd L to end fcg LOD*) to CP RLOD ; **{Impetus to SCP}** repeat meas 8 Part A ; **{Chair & Slip}** Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (*W ck fwd L, rec R swvlg 5/8 LF, fwd L*) to CP DLC ;

**05-08 TURN LEFT & R CHASSE to BJO ; BACK PASSING CHANGE ; BACK & CHASSE to BJO ; CROSS PIVOT to SCAR ;**

**{Trn Left & R Chasse to BJO}** [12&3] Fwd L stg to trn LF, contg LF trn sd R/cl L, sd & bk R to BJO RLOD ; **{Bk Passing Change}** Bk L, bk R, bk L (*W opens hd*) ; **{Bk & Chasse to BJO}** [12&3] Bk R trng LF, sd L/cl R, sd & fwd L to BJO DLW ; **{Cross Pivot to SCAR}** Fwd R comm RF trn, sd L cont RF trn, cont trn sd R (*W bk L comm RF trn, cl R [heel trn] with right sd stretch, cont RF trn sd L to SCAR*) ;

**09-12 3 CROSS HOVERS BJO SCAR & SCP ; ; ; THRU SIDE BEHIND ;**

**{3 Cross Hover to BJO & SCAR & SCP}** XLif, sd R & fwd hvrg, rec L to BJO ; XRif, sd & fwd L sd hvrg, rec R to SCAR ; XLif, sd R & fwd hvrg, rec L (*W XRib, sd & bk L w/ strong RF trn, fwd R*) to SCP LOD ; **{Thru Sd Behind}** Thru R, sd L to fc prt, XRib (*W XLib*) ;

**13-16 ROLL 3 to SCP ; THRU CHASSE to BJO ; FWD FWD/LOCK FWD ; FWD CHECK/W DEVELOPE ;**

**{Roll 3 to SCP}** Start LF trn (*W RF*) sd & fwd L, small sd R cont LF trn, sd & fwd L cont LF trn to SCP LOD ; **{Thru Chasse to BJO}** [12&3] Thru R, sd to fc prt L/cl R, sd & fwd L (*W trng LF, sd R/cl L, sd & bk R*) to BJO DLW ; **{Fwd Fwd/Lk Fwd}** [12&3] Fwd R, fwd L/lk Rib, fwd L ; **{Fwd Checkg/W Develope}** [1,-] Fwd R out r-sd W checking, -, - (*W bk L, bring R ft up L leg to insd of L-knee, extend R ft fwd*) to BJO DLW ;

**ENDING**

**01-04 BACK HOVER to 1/2 OP LOD ; OP IN & OUT RUNS ; ; OP NATURAL ;**

**{Bk Hover to ½ OP LOD}** Bk L, bk & sd R w/ rise & slight LF trn, rec fwd L (*W fwd R, fwd & sd L trng RF to CP, fwd R*) to ½ OP LOD ; **{OP In & Out Runs}** Fwd R begin RF trn, sd & fwd L XIF of W cont trn, sd & fwd R to ½ LOP LOD w/ free arms out to sd (*W fwd R, L, R*) ; Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L XIF of M cont trn, fwd & sd R*) to ½ OP LOD w/ free arms out to sd ; **{OP Natural}** Thru R stg RF trn, contg RF trn sd L in frnt of W, bk R (*W fwd L, fwd R btwn man's feet, fwd L*) to BJO RLOD ;

**05-08 OVER SPIN TURN ; BOX FINISH to DLW ; HOVER TELE ; CHAIR & HOLD .**

**{Over Spin Turn}** Trng upper bdy RF bk L pvtg ½ RF & leavg R in frnt, fwd R heel to toe btw W's ft contg RF trn, rec sd & bk L compg ¾ RF trn (*W trng upper bdy RF fwd R btw M's ft pvtg ½ RF, bk L contg trn & brush R to L, contg RF trn sd & fwd R*) to CP DRW ; **{Box Finish to DLW}** Repeat meas 4 Intro to CP DLW ; **{Hover Tele}** Repeat meas 5 Part A ; **{Chair}** [1,-] Strong fwd R in lunge action bending knee, hold, - ;