

DANCING CHA CHA CHA

Music: Ambros Seelos
<https://www.amazon.com/Dancing-Cha/dp/B073MDLZ6Q>
Tanz Gala '96 Timr 3:11 Available from choreographer

Rhythm: Cha Cha **Phase:** V+2U (Cont Chase w/ Underarm Pass & Peeks + Tummy Check)

Footwork : Opposite except where (Noted)

Release Date : July 22

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SEQUENCE : INTRO AB AB C B END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT TWO MEASURES ; ; NEW YORKER TWICE & rt Hndshk ; ;

{Wait} Bfly Pos Wall ld ft free wt 2 meas ; ; {New Yorker x 2 & rt hndshk} Thru L to LOP RLOD, rec R to fc, sd L/cl R, sd L ; Thru R to OP LOD, rec L to fc, sd R/cl L, sd R to rt hndshk WALL ;

PART A

01-04 START FLIRT to a FAN ; ; HOCKEY STICK ; ;

{Start Flirt to FAN} [rt hndshk] Fwd L, rec R, sd L/cl R, sd L (W rk bk R, rec L trng LF, contg trn sd R/cl L, sd R) to Tandem WALL ; Bk R, rec L, sd R/cl L, sd R (W rk bk L, rec R, slidg ifo M sd L/cl R, trng ¼ RF to fc RLOD sd & bk L leavg R ft xtnd fwd) to Fan Pos ; {Hockey Stick} Fwd L, rec R, sip L/R, L brg jnd ld hnds ifo forehead (W cl R, fwd L, fwd R/lk L, fwd R) ; Sm bk R maintaing fwd poise, rec L, fwd R/cl L, fwd R (W fwd L twd DRW, fwd R 5/8 LF trn fc COH, sd L/cl R, sd & bk L) to BFLY DRW ;

05-08 OP HIP TWIST ; WHIP to LOP LOD ; CROSS CHECK RECOVER & CHANGE SIDES ; OPPOSITE SPOT TURN & r-hndshk ;

{OP Hip Twist} Chk fwd L, rec R, small bk L/cl R, bk L pushg ld arm fwd gently to trn W (W rk bk R, rec L, fwd R/fwd L, fwd R swiv ¼ RF on R) ; {Whip to LOP LOD} Bk R, rec L trng ¼ LF to LOP LOD, small sd R/cl L, sd R (W fwd L, fwd R trn ½ LF ifo M, small sd L/cl R, sd L) to LOP LOD ; {Cross Check Rec & Change Sides} XLif (W XRif) w/ bent knee checkg, rec R, relg hnds & slidg acrs bhd W sd L/cl R, sd L to OP LOD ; {Opp Spot Trn} XRif (W XLif) trng ¼ LF, rec L contg to trn to fc ptr, fwd & sd R/cl L, sd R to rt hndhk WALL ;

09-12 HALF MOON ; ; HAND to HAND TWICE ; ;

{Half Moon} [w/ rt hndshk] Thru L (W thru R) to LOP RLOD, rec R to fc, sd L/cl R, sd L ; Bk R trng LF & ldg W acrs, rec L contg LF trn sd R/cl L, sd R (W fwd L trng LF & Xg ifo M, fwd & sd R contg LF trn, sd L/cl R, sd L) to BFLY COH ; {Hand to Hand x 2} XLib (W XRib) trng to OP RLOD, rec R to BFLY, sd L/cl R, sd L ; XRib (W XLib) trng to LOP LOD, rec L to BFLY, sd R/cl L, sd R to BFLY COH ;

13-16 FENCE LINE w/ ARMSWEEP TWICE ; ; CROSS BODY w/ REVERSE TWIRL ; ;

{Fence Line w/ Armsweep x 2} XLif (W XRif) w/ bent knee ld arms circle CW (W CCW) ifo body to LOD, rec R, sd L/cl R, sd L ; XRif (W XLif) w/ bent knee trl arms circle CCW (W CW) ifo body to RLOD, rec L, sd R/cl L, sd R to BFLY COH ; {Cross Body w/ Rev Twirl} Fwd L, rec R ¼ LF trn fc RLOD, sd L/cl R, sd L (W bk R, rec L, fwd R/XLib of R, fwd R) ; Bk R comm LF trn, rec L fc Wall comm lead W LF twirl under ld hnds, sd R/cl L, sd R (W fwd L comm LF trn, fwd R cont LF trn fc COH, sd & fwd L cont LF trn under jnd ld hnds/cont LF trn R, L fc COH) end BFLY WALL ;

PART B

01-04 START X-BODY ; TUMMY CHECK & BACK w/ rt Hndshk ; ; FINISH X-BODY ;

{Start X-Body} Fwd L, rec R trng LF to LOD, sd L/cl R, sd L (W bk R, rec L, fwd R/lk L, fwd R fcg COH) end in L Pos M fcg LOD ; {Tummy Chck & Bk w/ rt Hndshk} Lunge Sd R, rec L [stop the W w/ ld arm], sd R/cl L, sd R ipl (W fwd L stretch arms fwd, rec R, bk L/lk Rif, bk L fcg COH) still in L pos M fcg LOD ; [rt Hndshk] Lunge Sd L, rec R, sd L/cl R, sd L fcg LOD (W bk R, rec L, fwd R/lk L, fwd R fcg COH) still in L pos M fcg LOD ; {Finish X-Body} Bk R, fwd L w/ LF trn to COH, sd R/cl L, sd R (W fwd L comm LF trn, fwd R finish LF trn to WALL, sd L/cl R, sd L) end in rt Hndsk COH ;

05-08 TRADE PLACES TWICE to BFLY ; ; OP BREAK ; UNDERARM TURN ;

{Trade Places x 2} [In rt hndshk] Rk apt L, rec R relg hnds & trng ¼ RF to fc RLOD (W trn LF), slide bhd W sd L/cl R reachg lft hnd to W's lft forearm & slidg hnd dwn her arm, sd L trng ¼ RF (W ¼ LF) to lft hndshk ; Apt R, rec L relg hnds trng ¼ LF to fc RLOD (W trn RF), slidg bhd W sd R/cl L reachg rt hand to W's rt forearm & slidg hnd dwn her arm, sd R trn ¼ LF (W ¼ RF) to BFLY COH ; {OP Break} Strong bk L (W strong bk R) xtndg trl hnd straight up, rec R, sd L/cl R, sd L ; {Underarm Trn} Raisg jnd ld hnds XRib, rec L to fc ptr, sd R/cl L, sd R (W XLif trng RF undr jnd hnds, rec R contg RF trn, sd L/cl R, sd L) to BFLY COH ;

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09-12 START X-BODY ; TUMMY CHECK & BACK w/ rt Hndshk ; ; FINISH X-BODY ;

{Repeat} meas 1-4 PART B to rt Hndshk WALL ; ; ;

13-16 SHADOW NEW YORKER ; PARALLEL BREAKS to BFLY ; ; SPOT TURN & rt Hndshk [2nd & 3th TIME: to BFLY WALL] ;

{Shad New Yorker} Thru L (*W thru R*) trng $\frac{1}{4}$ RF to SD-BY-SD to RLOD w/ rt hnds jnd ifo bdies & lft hnds xtnd to sd at shld level, rec R, sd L/cl R, sd L trn to OP LOD ; **{Parallel Breaks}** w/ rt hndshk Rk bk R leadg W across in front, rec L, fwd R/lk Lib, fwd R to fc Line (*W fwd L trng $\frac{1}{4}$ LF ifo M, fwd R trng $\frac{1}{2}$ LF to fcg LOD, fwd L/lk Rib, fwd L*) to LOP LOD [similar to W whip action] ; Fwd L trng $\frac{1}{4}$ Lf ifo W, fwd R trng $\frac{1}{2}$ LF to fcg LOD, fwd L/lk Rib, fwd L trng to fc ptr (*W rk bk R allowg M to pass across in front, rec L to fc, fwd R/lk Lib, fwd R trng to fc ptr*) to BFLY WALL [similar to M whip action] ; **{Spot Trn}** XRif (*W XLif*) trng $\frac{1}{2}$ LF, rec L contg to trn to fc ptr, sd R/cl L, sd R to rt Hndshk WALL [2nd & 3th Time: to BFLY WALL] ;

PART C

01-04 CONTINUOUS CHASE w/ UNDERARM PASS & LADY PEEKS ; ; ;

{Continuous Chase w/ Underarm Pass & W Peeks} Fwd L trng $\frac{1}{2}$ RF keepg ld hnds jnd behind M, rec R, fwd L/lk Rib, fwd L (*W bk R, rec L, fwd R/lk Lib fwd R, twds M's lft sd*) ; Bk R raisg jnd ld hnds, rec L, sd R/cl L, sd R (*W fwd L, fwd R trng $\frac{1}{2}$ LF under jnd ld hnds, sd L/cl R contg to trn $\frac{1}{2}$ LF, sd L*) to TAND COH [w/ ld hnds still jnd above the head W] ; **{W Peeks x 2}** Sd L, rec R, sd L/cl R, sd L (*W sd R trng $\frac{1}{4}$ LF & lookg ovr lft shldr, rec L to Tandem, sd R/cl L, sd R*) ; Sd R, rec L, sd R/cl L, sd R (*W sd L trng $\frac{1}{4}$ RF & lookg ovr rt shldr, rec R to Tandem, sd L/cl R, sd L*) ;

05-08 CONTINUE ; ; ; W SWIVEL to FACE ;

{Continue} Fwd L trng $\frac{1}{2}$ RF keepg ld hnds jnd behind M, rec R, fwd L/lk Rib, fwd L (*W fwd R trng $\frac{1}{2}$ LF, fwd L, fwd R/lk Lib fwd R, twds M's lft sd*) ; Repeat meas 2,3 Part C to TAND WALL ; ; **{W Swiv to Fc}** Sd R, rec L, sd R/cl L, sd R (*W sd L trng $\frac{1}{4}$ RF & lookg ovr rt shldr, rec R trng $\frac{1}{2}$ RF, sd L/cl R, sd L*) to BFLY WALL ;

ENDING

01-02 NEW YORKER ; HOLD TWO & RUMBA AIDA ;

{New Yorker} Repeat meas 3 Intro ; **{Hold 2 & Rumba Aida}** [-,-,QQQ] Hold 2, , [Xg rt hnd ovr lft], swiv LF on L & XRif (*W swiv on R & XLif*), sd L trng to fc ptr, bk R trng $\frac{1}{2}$ RF (*W LF*) to V bk-to-bk to RLOD Hold ;