

# ***Better When I'm Dancin'***

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**Music:** "Better When I'm Dancin' " by Meghan Trainor, CD: "The Peanuts Movie - Original Motion Picture Soundtrack", Track #2, Download from Amazon and other sites

**Speed & Length:** -12.5% (39.4 rpm equiv, 28 mpm), length at speed: 3:21, length downloaded: 2:56

**Editing:** None

**Style & Phase:** Cha Cha / Samba IV + 1 (Double Cubans) + 2 (Contin Crab Walk, Here & There)

Note choreography has jive figures that should be done with cha cha technique

**Degree of Difficulty:** Average

**Steps:** Opposite unless noted (W's steps in parentheses)

**Timing:** Unless noted: QQQ&Q

**Released:** Released: July 2017, v1.1

**Sequence:** Introduction A B A B C B(13-20) C(1-3) End



## ***Introduction***

### **1-4 Wait ; Roll 3 Twd LOD & Tap ; Roll 3 Twd RLOD & Tap ; New Yorker 4 ;**

- 1 { **Wait** } Wait 1 meas LOP-fcg position Wall w/ lead hnds tchng & lead ft free ;
- QQQ- 2 { **Roll 3 & Tap Sd** } Sd L comm LF trn, sd R cont trn, sd L fcg prtnr & wall, tap R sd OP-fcg Wall ;
- QQQ- 3 { **Roll 3 & Tap Sd** } Sd R comm RF trn, sd L cont trn, sd R fcg prtnr & wall, tap L sd OP-fcg Wall ;
- QQQQ 4 { **New Yorker 4** } Trng RF thru L to LOP chkg, rec R trn LF fc prtnr, sd L, rec R OP-fcg Wall ; (W trng LF thru R to LOP chkg, rec L trn RF fc prtnr, sd R, rec L to R OP-fcg ; )

## ***Part A***

### **1-4 Forward Basic ; Fan ; Start Alemana ; Q Front Vine 3, Hip Rk 2 ;**

- 1 { **Forward Basic** } fwd L, rec R, sml sd L/cls R, sd L OP-fcg Wall ; (bk R, rec L, sml sd R/cls L, sd R OP-fcg ; )
- 2 { **Fan** } Bk R, rec L, cls R/cls L, sd R Fan Pos ; (W fwd L, trng 1/4 left fc sd & bk R, bk L/lk RIFL, bk L Fan Pos ; )
- 3 { **Start Alemana** } fwd L, rec R, bk L/rec R, sd L ldng W to trn RF LOP-fcg Wall ; (W cls R, fwd L, fwd R/fwd L trn RF, sd R OP-fcg ; )
- Q&QQQ 4 { **Q Front Vine 3, Hip Rk 2** } XRIF/sd L, XRIB, sd L, sd R, OP-fcg Wall ; (W XLIF/sd R, XLIB, sd R, sd L OP-fcg ; )

### **5-8 Shoulder to Shoulder ; Kick to 4 & Cha ; New Yorker ; Q Front Vine 3, Hip Rk 2;**

- 5 { **Shoulder to Shoulder** } XLIF, rec R, sml sd L/cl R, sd L Bfly-Wall ; (W XRIB, rec L, sml sd R/cls L, sd R ; )
- Q&Q 6 { **Kick to 4 & Cha** } Swvl sltly LF kick R thru twd LOD, swvl RF allow R knee to bend & leg XIF to "4", twd RLOD fwd R/lk LIB, fwd R LOP-RLOD ; (W swvl sltly RF kick L thru twd LOD, swvl LF allow L knee to bend & leg XIF to "4", twd RLOD fwd L/ lk

- 7 **{ New Yorker }** Trng RF thru L to LOP chkg, rec R trn LF to fc prtnr, sml sd L/cls R, sd L LOP-fcg Wall ; (W trng LF thru R to LOP chkg, rec L trn RF to fc prtnr, sml sd R/cls L, sd R LOP-fcg ; )
- Q&QQQ 8 **{ Q Front Vine 3, Hip Rk 2 }** XRIF/sd L, XRIB, sd L, sd R, OP-fcg Wall ; (W XLIF/sd R, XLIB, sd R, sd L OP-fcg ; )

### **Part B**

#### **1-4 New Yorker to Triple Chas ; ; Spot Turn & Pt Hip Bump ; Spot Turn ;**

- QQQ&Q  
Q&Q  
Q&Q  
1-2 **{ New Yorker to Triple Chas }** Trng RF thru L to LOP chkg, rec R trn LF fc prtnr, sml sd L/cls R, sd L trn LF OP-LOD; fwd R/XLIB, fwd R, fwd L/XRIB, fwd L OP-LOD ; (W trng LF thru R to LOP chkg, rec L trn RF fc prtnr, sml sd R/cls L, sd R trn RF OP-LOD ; fwd L/XRIB, fwd L, fwd R/XLIB, fwd L OP ; )
- QQ-- 3 **{ Spot Turn & Pt Hip Bump }** Trn LF fwd R, rec L cont trn fc prtnr, pt R sd/lift rt hip up, lwr rt hip; (W trn RF fwd L, rec to R cont trn fc, pt L sd/lift lft hip up, lwr lft hip ; )
- 4 **{ Spot Turn }** Trn LF fwd R, rec L cont trn fc prtnr, sml sd R/cls L, sd R Bfly-Wall ; (W trn RF fwd L, rec R cont trn fc prtnr, sml sd L/cl R, sd L ; )

#### **5-8 Double Cuban Break Twice ; ; Alemana ; ;**

- Q&Q&Q  
&Q x2 5-6 **{ Double Cuban Break Twice }** XLIF/rec R, sd L/rec R, XLIF/rec R, sd L ; XRIF/rec L, sd R/rec L, XRIF/rec L, sd R LOP-fcg Wall ;
- 7-8 **{ Alemana }** Fwd L, rec R, bk L/rec R , cls L; bk R, rec L, sml sd R/cls L, sd R low Bfly-Wall; (W bk R, rec L, fwd R/XLIB, fwd R to M's lft sd ; fwd L trn RF, fwd R trn RF, sml sd & fwd L/cls R, sd L Bfly ; )

#### **9-12 Hand to Hand ; Fence Line ; Reverse Underarm Turn ; Crab Walk ;**

- 9 **{ Hand to Hand }** Trn 1/4 LF bk L, rec R trn 1/4 RF, sml sd L/cls R, sd L low Bfly-Wall ; (W trn 1/4 RF bk R, rec L trn 1/4 LF, sml sd R/cls L, sd R Bfly ; )
- 10 **{ Fence Line }** XRIF w/ slt lunge, rec L, sml sd R/cls L, sd R low Bfly-Wall ; (W XLIF w/ slt lunge, rec R, sml sd L/cl R, sd L Bfly ; )
- 11 **{ Reverse Underarm Turn }** Trn sltly RF fwd L , rec R trn sltly LF, sml sd L/cl R, sd L low Bfly-Wall ; (W trn LF fwd R undr lead hnds, cont trn rec L fc prtnr, sml sd R/cls L, sd R Bfly ; )
- 12 **{ Crab Walk }** XRIF, sd L, XRIF of L/sd L, XRIF Bfly-Wall; (W XLIF, sd R, XLIF/sd R, XLIF ; )

#### **13-16 Continuous Chasse ; Continuous Crab Walk ; Cucaracha Cross Twice ; ;**

- Q&Q&Q&Q 13 **{ Continuous Chasse }** Sd L/cls R, sd L/cls R, sd L/cls R, sd L low Bfly-Wall ;
- Q&Q&Q&Q 14 **{ Continuous Crab Walk }** XRIF/sd L, XRIF/sd L, XRIF/sd L, XRIF low Bfly-Wall;
- 15-16 **{ Cucaracha Cross Twice }** Sd L, rec R, XLIF/sd R, XLIF ; sd R, rec L, XRIF/sd L, XRIF low Bfly-Wall ;

#### **17-20 Samba Whisk Lft & Rt ; Spot Volta ; Samba Whisk Rt & Lft ; Spot Volta OP-LOD ;**

- QaQaQaQ 17 **{ Samba Whisk Lft & Rt }** Sd L/XRIB, rec L, sd R/XLIB, rec R LOP-fcg Wall ;
- QaQaQaQ 18 **{ Spot Volta Left Face }** Trng LF 1 or 2 revolutions XLIF of R/sd R, XLIF/sd R, XLIF/sd R, XLIF low Bfly-Wall ; (W trng RF XRIF of L/sd L, XRIF/sd L, XRIF/sd L, XRIF Bfly ; )
- QaQaQaQ 19 **{ Samba Whisk Rt & Lft }** Sd R/XLIB, rec R, sd L/XRIB, rec LOP-fcg Wall ;

QaQaQaQ 20 **{ Spot Volta Right Face }** Trng RF 1 or 2 revolutions XRIF/sd L, XRIF/sd L, XRIF/sd L, XRIF low Bfly-Wall ; (W trng LF XLIF/sd R, XLIF/sd R, XLIF/sd R, XLIF Bfly ; )  
**Note: 1st time through: end low Bfly-Wall, 2nd & 3rd time through: end OP-LOD**

**Repeat Part A**  
**Repeat Part B to OP-LOD**

**Part C**

**1-4 Walk & Cha ; Q Side Breaks ; Walk & Cha ; Roll 2 Fc Sd Cha ;**

1 **{ Walk & Cha }** Fwd L, fwd R, fwd L/XRIB, fwd L OP-LOD ;  
 Q&Q&Q&Q 2 **{ Q Side Breaks }** Sd R/sd L, cls R twd L/cls L, sd R/sd L, cls R twd L/cls L OP-LOD ;  
 3 **{ Walk & Cha }** Fwd R, fwd L, fwd R/XLIB, fwd R OP-LOD ;  
 4 **{ Roll 2 Fc Cha }** Fwd L trn LF, bk R cont trn fc prtnr, sd L/cls R, sd L low Bfly-Wall ;

**5-8 Q Frnt Vine 3, Hip Rk 2 ; Spot Trn ; Q Frnt Vine 3, Hip Rk 2 ; New Yorker 4 ;**

Q&QQQ 5 **{ Q Front Vine 3, Hip Rk 2 }** XRIF/sd L, XRIB, sd L, sd R, OP-fcg Wall ; (W XLIF/sd R, XLIB, sd R, sd LOP-fcg ; )  
 6 **{ Spot Turn }** Trn RF fwd L, rec R cont trn fc prtnr, sml sd L/cls R, sd L Bfly-Wall ; (W trn LF fwd R, rec L cont trn fc prtnr, sml sd R/cls L, sd R Bfly ; )  
 Q&QQQ 7 **{ Q Front Vine 3, Hip Rk 2 }** XRIF/sd L, XRIB, sd L, sd R, OP-fcg Wall ; (W XLIF/sd R, XLIB, sd R, sd LOP-fcg ; )  
 QQQQ 8 **{ New Yorker 4 }** Trng RF thru L to LOP chkg, rec R trn LF fc prtnr, sd L, rec R low Bfly-Wall ; (W trng LF thru R to LOP chkg, rec L trn RF to fc prtnr, sd R, rec L Bfly ; )

**9-12 Tch Pt Sd, 3 Sailor Shuffles ; ; Crab Walk ; Chasse Roll 2 Triples Fc ;**

--Q&Q  
 Q&Q&Q&Q 9-10 **{ Tch Pt Sd, 3 Sailor Shuffles }** Tch L, pt L sd, XLIB/sd R, sd L ; XRIB/sd L, sd R, XLIB/sd R, sd L low Bfly-Wall ; (X L in bk of L/sd R, sd L, X R in bk of R/sd L, sd R ; )  
 11 **{ Crab Walk }** XRIF, sd L, XRIF/sd L, XRIF Bfly-Wall ; (W XLIF, sd R, XLIF/sd R, XLIF ; )  
 Q&Q  
 Q&Q 12 **{ Chasse Roll 2 Triples Fc }** Sd L/cls R, sd L trn RF to bk-to-bk, sd R/cls L, sd R trn RF to fc prtnr low Bfly-Wall ; (W sd R/cls L, sd R trn LF to bk-to-bk, sd L/cls r, sd L trn LF to fc prtnr Bfly ; )

**13-16 Side Walk ; Hand to Hand 4 ; Spot Turn ; New Yorker 4 w/ Cls ;**

13 **{ Side Walks }** Sd L, cls R, sd L/cls R, sd L Bfly-Wall ;  
 QQQQ 14 **{ Hand to Hand }** Trn LF bk R, rec L trn RF fc prtnr, sd R, rec L Bfly-Wall ;  
 15 **{ Spot Turn }** Trn LF fwd R, rec L cont trn fc prtnr, sml sd R/cls L, sd R Bfly-Wall ; (W trn RF fwd L, rec R cont trn fc prtnr, sml sd L/cls R, sd L Bfly ; )  
 QQQQ 16 **{ New Yorker 4 }** Trng RF thru L to LOP chkg, rec R trn LF fc prtnr, sd L, cls R low Bfly-Wall ; (W trng LF thru R to LOP chkg, rec L trn RF to fc prtnr, sd R, cls L Bfly ; )

**Part B (13-20) to OP-LOD**

**13-16 Continuous Chasse ; Continuous Crab Walk ; Cucaracha Cross Twice ; ;**

Q&Q&Q&Q 13 **{ Continuous Chasse }** Sd L/cls R, sd L/cls R, sd L/cls R, sd L low Bfly-Wall ;  
 Q&Q&Q&Q 14 **{ Continuous Crab Walk }** XRIF/sd L, XRIF/sd L, XRIF/sd L, XRIF low Bfly-Wall ;

15-16 **{ Cucaracha Cross Twice }** Sd L, rec R, XLIF/sd R, XLIF ; sd R, rec L, XRIF/sd L, XRIF low Bfly-Wall ;

**17-20 Samba Whisk Lft & Rt ; Spot Volta ; Samba Whisk Rt & Lft ; Spot Volta OP-LOD ;**

QaQQaQ 17 **{ Samba Whisk Lft & Rt }** Sd L/XRIB, rec L, sd R/XLIB, rec R LOP-fcg Wall ;

QaQaQaQ 18 **{ Spot Volta Left Face }** Trng LF 1 or 2 revolutions XLIF of R/sd R, XLIF/sd R, XLIF/sd R, XLIF low Bfly-Wall ; (W trng RF XRIF of L/sd L, XRIF/sd L, XRIF/sd L, XRIF Bfly ; )

QaQQaQ 19 **{ Samba Whisk Rt & Lft }** Sd R/XLIB, rec R, sd L/XRIB, rec LOP-fcg Wall ;

QaQaQaQ 20 **{ Spot Volta Right Face }** Trng RF 3/4 or 1 3/4 revolutions XRIF/sd L, XRIF/sd L, XRIF/sd L, XRIF OP-LOD ; (W trng LF XLIF/sd R, XLIF/sd R, XLIF/sd R, XLIF OP ; )

***Part C (1-3)***

**1-3 Walk & Cha ; Q Side Breaks ; Walk & Cha ;**

1 **{ Walk & Cha }** Fwd L, fwd R, fwd L/XRIB, fwd L OP-LOD ;

Q&Q&Q&Q 2 **{ Q Side Breaks }** Sd R/sd L, cls R twd L/cls L, sd R/sd L, cls R twd L/cls L OP-LOD ;

3 **{ Walk & Cha }** Fwd R, fwd L, fwd R/XLIB, fwd R OP-LOD ;

***End***

**1-3 Roll 2 Fc, Sd Cls ; Cucaracha Cross Twice ; ;**

QQQQ 1 **{ Roll 2 Fc, Sd Cls }** Fwd L trn LF, bk R cont trn fc prtnr, sd L, cls R low Bfly-Wall ;

2-3 **{ Cucaracha Cross Twice }** Sd L, rec R, XLIF/sd R, XLIF ; sd R, rec L, XRIF/sd L, XRIF low Bfly-Wall ;

**4-6 Here & There ; ; Lunge Sd ;**

4-5 **{ Here & There }** Cls L, cls R, bk L/XRIF, bk L ; Bk R, rec L, fwd R/XLIB, fwd R low Bfly-Wall ;

s 6 **{ Lunge Sd }** Sd L slt lwrgr ;

## ***Introduction***

**Wait ; Roll 3 Twd LOD & Tap ; Roll 3 Twd RLOD & Tap ; New Yorker 4 ;**

### ***Part A***

**Forward Basic ; Fan ; Start Alemana ; Q Front Vine 3, Hip Rk 2 ;  
Shoulder to Shoulder ; Kick to 4 & Cha ; New Yorker ; Q Front Vine 3, Hip  
Rk 2;**

### ***Part B***

**New Yorker to Triple Chas ; ; Spot Turn & Pt Hip Bump ; Spot Turn ;  
Double Cuban Break Twice ; ; Alemana ; ;  
Hand to Hand ; Fence Line ; Reverse Underarm Turn ; Crab Walk ;  
Continuous Chasse ; Continuous Crab Walk ; Cucaracha Cross Twice ; ;  
Samba Whisk Lft & Rt ; Spot Volta ; Samba Whisk Rt & Lft ; Spot Volta OP-  
LOD ;**

### ***Part C***

**Walk & Cha ; Q Side Breaks ; Walk & Cha ; Roll 2 Fc Sd Cha ;  
Q Front Vine 3, Hip Rk 2 ; Spot Trn ; Q Front Vine 3, Hip Rk 2 ; New Yorker 4  
;  
Tch Pt Sd, 3 Sailor Shuffles ; ; Crab Walk ; Chasse Roll 2 Triples Fc ;  
Side Walk ; Hand to Hand 4 ; Spot Turn ; New Yorker 4 w/ Cls;**

### ***Part B (13-20)***

**Continuous Chasse ; Continuous Crab Walk ; Cucaracha Cross Twice ; ;  
Samba Whisk Lft & Rt ; Spot Volta ; Samba Whisk Rt & Lft ; Spot Volta OP-  
LOD ;**

### ***Part C (1-3)***

**Walk & Cha ; Q Side Breaks ; Walk & Cha ;**

### ***End***

**Roll 2 Fc, Sd Cls ; Cucaracha Cross Twice ; ;  
Here & There ; ; Lunge Sd ;**