

AY AMOR

Music: Nana Mouscouri
Cd:Tierra Viva
<https://music.apple.com/us/album/tierra-viva/1444045274>
Track # 6 Time 3:45 Available from choreographer
Rhythm: Rumba **Phase:** V+2 (Cont Nat Top + Adv Slidg Door)
Footwork: Opposite except where (Noted)
Release Date: Sept 25
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
E-mail: jos.dierickx@telenet.be
Sequence: INTRO AA B AB B(Mod) END



INTRO

01-04 CP WALL LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;
{Wait} CP Wall Id ft free wt 4 meas ; ; ; ;

PART A

01-04 1/2 BASIC to CONTINUOUS NATURAL TOP ; ; ; ;

{Basic 1/2 to Cont Nat Top} Fwd L, rec R, sd & fwd L trng RF (W bk R, rec L, fwd R trng RF) to CP RLOD, -; XRib, sd L trng RF, XRib (W sd L, XRif, sd L), -; Contg RF trn Sd L leadg W to spiral LF under Id hnds, XRib, sd L (W fwd R spiral LF, sd L, XRif) to CP, -; XRib, sd L trng RF lead W to spiral LF under Id hnds, sd R (W sd L, fwd R spiral LF, sd L) to CP WALL, -;

05-08 TWO CUDDLES ; ; SCALLOP ; ;

{Cuddle x 2} Sd L, rec R, cl L placg lft hnd on W's rt shldr blade (W trng 1/2 RF bk R with rt arm out to sd, rec L, fwd R trng 1/2 LF plcg rt hnd on M's lft shldr), -; Sd R, rec L, cl R placg rt hnd on W's lft shldr blade (W trng 1/2 LF bk L with lft arm out to sd, rec R, fwd L trng 1/2 RF plcg lft hnd on M's rt shldr), -; {Scallop} Trng sharply to SCP LOD XLib (W XRib), rec R trng sharply to CP, sd L, -; Thru R trng sharply to SCP LOD, sd L trng sharply to CP, cl R, -;

09-12 BASIC 1/2 to LOW BFLY ; DBL HAND UNDERARM TURN to STACKED HANDS ; OP BREAK ; CHANGE SIDES/W UNDERARM ;

{Basic 1/2 to Low BFLY} Fwd L, rec R, cl L (W bk R, rec L, sd R) to LOW BFLY, -; {Dbl Hnd Underarm Trn to Stacked Hnds} [Raisg Id arm high & bringing trl arm up to rt shldr level] XRib & taking lft arm first over W's head, rec L taking rt arm over W's head, sd R (W XLif trng RF under Id arm, rec R contg to trn under trl arm to fc M, sd L) to stacked lft-over-rt hnds, -; {OP Break} [With stacked hnds] Apt L, rec R, fwd L to fcg W's rt sd, -; {Change Sides /W Underarm} Fwd R to Wall twd W's rt sd trng RF lead W trn under stacked hnds, small fwd L cont RF trn to fc, sd R (W fwd L to COH twd M's rt sd trng LF under stacked hnds chg sds, cl R cont LF trn to fc, sd R) to BFLY COH, -;

13-16 FENCE LINE w/ ARMSWEEP TWICE ; ; CHASE/W UNDERARM PASS ; ;

{Fence Line w/ Armsweep x 2} XLif (W XRif) w/ bent knee Id arm circle CW (W CCW) ifo body, rec R, sd L, -; XRif (W XLif) w/ bent knee trl arm circle CCW (W CW) ifo body, rec L, sd R to BFLY COH, -; {Chase/W Underarm Pass} [rels trl hnds] Fwd L trng 1/2 RF keepg Id hnds jnd w/ palm upwards, rec R, small fwd L (W bk R, rec L, fwd R twd M's lft sd), -; Bk R raisg Id hnds, rec L, sd R (W fwd L, fwd R trng 1/2 LF undr jnd Id hnds to fc ptr, sd L) to BFLY WALL, -;

PART B

01-04 ALEMANA OVERTURNED to SHADOW WALL ; ; ADVANCED SLIDING DOOR ; ;

{Alemana Overtrnd to Shadow Wall} Fwd L, rec R, cl L raisg Id hnds (W bk R, fwd L, fwd R comm RF swiv to M's lft sd), -; Bk R, rec L, small fwd R join lft hnds M's rt hnd on W's rt shldr blade (W fwd L trng RF under jnd Id hnds, cont trn to fc M fwd R, cont trn fwd L to fc WALL join lft hnds W's rt hnd extended to sd) to Shadow Wall, -; {Advanced Sliding Door} Fwd L on ball of ft pressure into floor & body trn to right, rec R, XLib slightly LF trn (W bk R keep pressure into floor w/ ball of ft as body trn right, rec L slight body trn left, XRIF), -; Slide R ft to sd into a pt w/ body trn to left no wgt chg, rec upright no wgt chg, cl R trn RF to fc WALL (W sd L w/ body stretch to left in lunge line, rec R, XLib) to Shad DRW, -;

05-08 ADVANCED SLIDING DOOR/W SPIRAL to FAN ; ; HOCKEY STICK & rt Hndshk ; ;

{Advanced Sliding Door/ W Spiral to Fan} Fwd L on ball of ft pressure into floor & body trn to right, rec R, XLib slightly LF trn (W [QQQQ] bk R keep pressure into floor w/ ball of ft as body trn rt, rec L slight body trn lft, XRIF, spiral LF), -; XRif, cl L, sd R (W fwd L to Lod, fwd R swiv 1/2 LF, bk L), -; {Hockey Stick} Fwd L, rec R, cl L (W cl R, fwd L, fwd R), -; Sm bk R raisg Id hnds, rec L, long fwd R (W fwd L, fwd R trng sharply 5/8 LF undr jnd Id hnds, bk L) to LOP-FCG DRW & rt Hndshk, -;

09-12 FLIRT ; ; SWEETHEART to FACE & CATCH RIGHT HANDS ; STACKED HANDS UNDERARM TURN w/ HEAD LOOPS ;

{Flirt} [rt Hndshk] Fwd L, rec R, sd L (*W bk R, rec L, fwd R trng ½ LF*) to VARS WALL, -; Bk R, rec L, sd R (*W bk L, rec R, sd L slidg ifo M*) & rel hnds to SHDW WALL, -; **{Sweetheart/W Trn to Fc & Catch R Hnds}** Fwd L, rec R, jng rt hnds sd L trng W ½ RF (*W bk R, rec L, sd & fwd R swiv ½ RF to fc ptr*) to rt Hndshk WALL, -; **{Stacked Hnds Underarm Trn w/ Head Loops}** [Raisg jnd rt hnds] XRib & join lft hnds low, rec L bring rt hnds down & lft hnds up, bringing lft hnds over M's head sd R trng ¼ LF and raisg jnd rt hnds over W's head (*W fwd L trng RF under jnd rt hnds, fwd R cont RF trn, fwd L cont RF trn under jnd rt hnds*) to V pos LOD, -;

13-17 BACK BREAK to 1/2 OP ; OP IN & OUT RUNS ; ; SPOT TURN ; RIFF TURN ;

{Bk Break to ½ OP} [Relsg ld hnds but leavg M's rt & W's lft arm on ptr's shdr] Cont LF (*WRF*) trn to fc LOD bk L, lowerg arms to ptr's bk rec R, fwd L to ½ OP LOD, -; **{OP In & Out Runs}** Fwd R trng RF to fc ptr & RLOD, trng RF fwd L to fc LOD, fwd R (*W fwd L, R, L*) to ½ LOP LOD, -; Fwd L, R, L (*W fwd R trng RF to fc ptr & RLOD, trng RF fwd L to fc LOD, fwd R*) to ½ OP LOD, -; **{Spot Trn}** [Relg both hnds] XRif (*W XLif*) trng ½ LF, rec L cont trn to fc ptr, sd R to Low Bfly WALL, -; **{Riff Trn}** [QQQQ] Relg trl hnds & raisg jnd ld hnds sd L, cl R, sd L, cl R (*W sd & fwd R spin RF, cl L compg full trn undr ld hnds, sd & fwd R com RF spin, cl L compg 2nd full spin undr ld hnds*) to LOP-FCG WALL ;

PART B (Mod)

01-04 ALEMANA OVERTURNED to SHADOW WALL ; ; ADVANCED SLIDING DOOR/W SPIRAL to FAN ; ;

{Alemana Overtrnd to Shadow Wall} Repeat meas 1,2 Part B ; ; **{Advanced Sliding Door/ W Spiral to Fan}** Repeat meas 5,6 Part B ; ;

05-09 HOCKEY STICK ; ; CROSS CHECK/W DEVELOPE ; HOLD ; BACK to FACE & HIP ROCK TWO ;

{Hockey Stick} Repeat meas 3,4 Part B [No Hndshk] ; ; **{Cross Check/W Develope}** XLif outsd W & DRW checkg, -, - (*XRib fcg DLC, bring L ft up R leg to insd of R knee, extend L ft fwd*) to DRW ; - Hold One meas: **{Bk to Fc & Hip Rocks}** Bk R swiv to CP W, rec L rollg lft-hip, rec R rollg rt-hip, -;

ENDING

01-02 SIDE to SLOW OP HINGE & EXTEND ; ;

{Sd to Slow Hinge & Extnd} Sd L leadg W to swiv flexing L knee, -, - (*W sd R swiv LF on R, XLif*) then lower on L leg, while xtndg R ft twd RLOD *rt hnd on M's lft shldr*, -; Hold lft hnd extend sd and bk (*W relaxg L knee head to lft & lft hnd extend sd*), -, -, -;