

Are You Sure Foxtrot

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Music "Are You Sure", Helmut Lotti, "The Crooners CD, Track #9

Rhythm: Foxtrot Phase III+1(Diamond Turns) Time: 2:54 Released 08/25

Sequence: INTRO ABB ABB ENDING

INTRODUCTION

- 1----4 WAIT;; HOVER: P/U;
1-2 In CP/WALL wait 2 meas;;
3-4 Fwd L,-,sd rise R,rec L; thru fwd R,-,draw L,tch L(W thru fwd R,-,fwd trn L,fwd trn R CP/LOD) ;

PART A

- 1----4 FORWARD, RUN TWO ; FORWARD,RUN TWO; PROGRESSIVE BOX ;;
1-2 Fwd L,run R,L ; fwd R,-,run L,R ;
3-4 Fwd L,-,sd R,cl L ; fwd R,-,sd L,cl R ;
5----8 TWO LEFT TURNS ;; HOVER; WING SCAR ;
5-6 Fwd L,-,fwd trn R,cl L ; bk R,-,bk trn L,cl R ;
7-8 Fwd L,-,sd rise R,rec L; thru fwd R,-,draw L,tch L(W thru fwd R,-,fwd trn L,fwd trn R SCAR) ;
9----12 THREE CROSS HOVERS;;; MANEUVER ;
9-10 XLif,-,sd R,rec L BJO ; XRif,-,sd L,rec R SCAR;
11-12 XLif,-,sd R,rec L SCP ; fwd trn R,-,sd L,cl R;
13----16 SPIN TURN; BOX FINISH ;2 SIDE TOUCHES; DIP, REC(CP/LOD) ;
13-14 Bk pvt L,-,fwd rise R,sd cl L(W fwd pvt R,-,bk L,fwd R) ; bk R,-,sd L,cl R ;
15-16 Step sd L, tch R to left, step sd R, tch L to right; Dip bk L, -, rec fwd R, -;

PART B

- 1----4 DIAMOND TURNS;;;;
1-2 Fwd L turning lf on diag, -, continue lf turn sd R, bk L with partner outside M in CBMP; Staying in CBMP and turning lf bk R, -, sd L, fwd R outside partner in CBMP;
3-4 Fwd L turning lf on diag, -, sd R, bk L with partner outside M in CBMP; Bk R continue lf turn, -, sd L, fwd R blnd clsd pos DLC; (W bk R turning lf on diag, -, continue lf turn sd L, fwd R outside partner; Fwd L turning lf, -, sd R, bk L; Bk R turning lf, -, sd L, fwd R outside partner; Fwd L turning lf, -, sd R, bk L blnd clsd pos;)
5----8 TWO LEFT TURNS;; WHISK; P/U;
5-6 Fwd L,-,fwd trn R,cl L ; bk R,-,bk trn L,cl R ;
7-8 fwd L,-,sd R,hook Lib ; (W thru fwd R,-,fwd trn L,fwd trn R CP/LOD) ;

ENDING

- 1----4 TWO LEFT TURNS;; BOX;;
1-2 Fwd trn R,cl L ; bk R,-,bk trn L,cl R ;
3-4 Fwd L,-,sd R,cl L ; bk R,-,sd L,cl R ;
5----6 TWO SIDE TOUCHES; DIP, HOLD;
5-6 16 Step sd L, tch R to left, step sd R, tch L to right; Dip bk L,