

# ANTONIO

**Music:** Kristina Bach  
<https://www.amazon.com/Best-Kristina-Bach/dp/B0009QYRXQ>  
Cd: Beste Of Track # 6 Time 3:21 slowed down w/ -7%  
shortened from 2.46,5 to 3.20 to Time 3:04 Available from choreographer

**Rhythm:** Cha Cha Phase: IV+2 (OP Hip Twist+Single Cuban Break)  
+2U (Full Turn Chase+Tummy Check)

**Footwork :** Opposite except where (Noted)

**Release Date :** Jan 24

**Choreo:** Jos Dierickx Beverlosestwg 14B2 3583 Paal Belgium

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**Sequence :** INTRO AB AB(1-16) BRIDGE INTRO (3-8) END



## INTRO

### 01-04 BFLY POS WALL LEAD FOOT FREE WAIT 4 TIMES & 2 MEASURES ~ ; ; OP HIP TWIST to FAN ; ;

{Wait} Bfly Pos Wall Id ft free wt 4 times & 2 meas ~ ; ; {OP Hip Twist to Fan} Chk fwd L, rec R, small bk L/cl R, bk L pushg Id arm fwd gently to trn W (W rk bk R, rec L, fwd R/fwd L, fwd R swiv ¼ RF on right) ; Bk R, rec L, small sd R/cl L, sd R slight LF rotation twd W (W fwd L, fwd R trn ½ LF, bk L/lk Rif, bk L) to Fan Pos ;

### 05-09 EXIT FAN to TANDEM WALL ; OPPOSITE CUCARACHA'S ; ; W ROLL OUT to WALL [2<sup>de</sup> TIME: rt Hndshk] ; MERENGUE 4 ;

{Exit Fan to Tandem WALL} Fwd L, rec R raisg Id hnds leadg W to wrap, ipl L/sd R, clL (W cl R, fwd trng ¼ LF under Id hnds to wrap, sd R/cl L, ipl R) to Wrap Pos WALL [Id hnds still jnd above the head] ; {Opposite Cucaracha's} Sd R w/ partial wgt & trl arms out to sd (W sd L w/ partial wgt), rec L, ipl R/L, R ; Sd L w/ partial wgt (W sd R w/ trl arms out to sd), rec R, ipl L/R, L ; {W Roll Out to WALL} Bk R, rec L, fwd R/lk Lib, fwd R (W fwd L, fwd R trng ½ LF, bk L/lk Rif, bk L) to BFLY WALL [2<sup>de</sup> Time: rt Hndshk] ; {Merengue 4} [QQQQ] [w/ hip motion stg sd w/ insd edge of ft] sd L, cl R, sd L, cl R ;

## PART A

### 01-04 OP HIP TWIST INTO FACING FAN to LOD ; ; HAND to HAND TWICE ; ;

{OP Hip Twist Into Fcg Fan LOD} Chk fwd L, rec R, in plc L/R, L (W bk R, fwd L, fwd R/lk Lib, fwd L pushg off M's Id hnd swvl ¼ RF) ; Bk R, rec L trng ¼ LF, fwd R/lk Lib, fwd R (W fwd L, trng LF sd R, cont LF trn bk L/lk Rif, bk L) to Fcg Fan Pos ; {Hand to Hand x 2} XLib (W XRib) trng to OP COH, rec R to Bfly, sd L/cl R, sd L ; XRib (W XLib) trng to LOP WALL, rec L to Bfly, sd R/cl L, sd R to Fcg Fan Pos ;

### 05-08 OP HIP TWIST INTO FACING FAN to COH ; ; FENCE LINE w/ ARMSWEEP TWICE ; ;

{OP Hip Twist to Fcg Fan COH} Repeat meas 1,2 Part A to COH ; ; {Fence Line w/ Armsweep x 2} XLif (W XRif) w/ bent knee Id arms circle CW (W CCW) ifo body, rec R, sd L/cl R, sd L ; XRif (W XLif) w/ bent knee trl arms circle CCW (W CW) ifo body, rec L, sd R/cl L, sd R to BFLY COH ;

### 09-12 OP BREAK ; WHIP & TWIRL ; SHOULDER to SHOULDER TWICE ; ;

{OP Break} Rk apt L xtndg trl hnd straight up, rec R, sd L/cl R, sd L ; {Whip & Twirl} Rk bk R trn ¼ LF raisg Id hnds, rec L trng LF to fc WALL, sd R/cl L, sd R (W fwd L, fwd R trn ½ LF, under jnd Id hnds twirl LF sd & fwd L/R, sd L) to BFLY WALL ; {Shoulder to shldr x 2} Fwd L to SCAR, rec R to fc, sd L/cl R, sd L ; Fwd R to BJO, rec L to fc, sd R/cl L, sd R ;

### 13-16 REVERSE UNDERARM TURN ; CRAB WALKS ; ; ONE SINGLE CUBAN BREAK POINT & WAIT & rt Hndhk ;

{Reverse Underarm Trn} [Raisg jnd Id hnds] XLif, rec R, sd L/cl R, sd L (W XRif undr jnd Id hnds trng LF ½ rec L contg LF trn to fc ptr, sd R/cl L, sd R) to BFLY WALL ; {Crab Walks} Twd LOD XRif (W XLif), sd L, XRif (W XLif)/ sd L, XRif (W XLif) ; Sd L, XRif (W XLif), sd L/cl R, sd L ; {One Single Cuban Break Point & Wait} [QQQ] XRif (W XLif)/rec L, sd R,- pnt L to LOD ,- wait & rt Hndshk ;

## PART B

### 01-04 TRADE PLACES TWICE ; ; TRADE PLACES /LADY INSIDE UNDERARM TURN ; W OUT to COH ;

{**Trade Places x 2**} [In rt hndshk] Rk apt L, rec R relg hnds & trng ¼ RF to fc RLOD (*W trn LF*), slide bhd W sd L/cl R reachg L hnd to W's lft forearm & slidg hnd dwn her arm, sd L trng ¼ RF (*W ¼ LF*) to lft hndshk ; Apt R, rec L relg hnds trng ¼ LF to fc RLOD (*W trn RF*), slidg bhd W sd R/cl L reachg rt hnd to W's rt forearm & slidg hnd dwn her arm, sd R trn ¼ LF (*W ¼ RF*) to fc Wall in rt hndshk ; {**Trade Places/W Insd Undrm Trn**} Raisg rt hnds Apt L, rec R comm to pass rt shldr while trng ½ RF to fc COH, bk L/cl R, ipl L (*W apt R, rec L, fwd R trng 7/8 LF undr jnd rt hnds/cl L, ipl R fcg COH*) relsg hnds ; (**W Out to COH**) Rk apt R, rec L, fwd R/lk Lib L, ipl R (*W fwd L twd COH, fwd R comm LF trn, sd L cont LF trn to fc WALL/cl R, ipl L*) to BFLY COH ;

### 05-08 NEW YORKER TWICE ; ; FULL TURN CHASE M & W ; ;

{**New Yorker x 2**} Thru L to LOP LOD, rec R to fc, sd L/cl R, sd L ; Thru R to OP RLOD, rec L to fc, sd R/cl L, sd R to BFLY COH ; {**Full Trn Chase M & W**} [Relg both hnds] Fwd L trn ½ RF, rec R cont trn ½ RF, bk L/lk Rif, bk L (*W bk R, rec L, fwd R/lk Lib, fwd R*), - ; Bk R, rec L, fwd R/lk Lib, fwd R (*W fwd L trn ½ RF, rec R cont trn ½ RF to fc ptr, bk L/lk Rif, bk L*) to BFLY COH, - ;

### 09-12 START CROSS BODY to TUMMY CHECK & BACK w/ rt Hndshk ; ; ; FINISH CROSS BODY ;

{**Start Cross Body to Tummy Chck & Bk w/ rt Hndshk**} Fwd L, rec R trng ¼ LF to RLOD, ipl sd L/cl R small sd L(*W bk,R, rec L, fwd R/lk Lib, fwd R*) to L-Pos M fcg RLOD/W fcg WALL ; [Stop the W w/ ld hnd] Lunge sd R, rec L, cl R/sd L, cl R (*W [both arms fwd] fwd L, rec R, bk L/lk Rif, bk L*) ; Lunge sd L, rec R, cl L/small sd R, cl L (*W bk R, rec L, fwd R/lk Lib, fwd*) & rt hndshk ; {**Finish Cross Body**} Bk R, rec L trng ¼ LF to fc ptr, sd R/cl L, sd R (*W fwd L comm LF trn, fwd & sd R cont LF trn to COH, sd & bk L/cl R, sd L*) to BFLY WALL ;

### 13-17 BASIC INTO ALTERNATING UNDERARM TURNS W – M & W ; ; ; MERENGUE 4 ;

{**Basic Into Alternating Underarm Trns W - M & W**} Fwd L, rec R, sd L/cl R, sd L ; Raisg jnd ld hnds XRib, rec L to fc ptr, sd R/cl L, sd R (*W XLif trng RF undr jnd ld hnds, rec R contg RF trn, sd L/cl R, sd L*) to mom BFLY WALL ; [join trlg hnds] *XLif trng RF undr jnd trl hnds, rec R contg RF trn, sd L/cl R, sd (W XRib, rec L to fc ptr, sd R/cl L, sd R)* ; [join ld hnds] Repeat meas 14 Part A ; {**Merengue 4**} Repeat meas 9 Intro ;

## BRIDGE

### 01-02 SAND STEP TWICE ; ;

{**Sand Step x 2**} Swvlg slightly RF on R ft rotate L knee inward & tch L toe to instep of R ft, swvlg slightly LF on R ft rotate L knee outward to tch L heel to floor, XLif (*W XRif*)/sd R, XLif (*W XRif*) ; Swvlg slightly LF on L ft rotate R knee inward & tch R toe to instep of L ft, swvlg slightly RF on L rotate L knee outward to tch R heel to floor, XRif (*W XLif*)/sd L, XRif (*W XLif*) to BFLY WALL ;

## ENDING

### 01-02 AIDA ; EXTEND ARMS ;

{**Aida to LOD**} Thru L LOD, sd R to fc rel ld hnds & jn trl hnds, trng LF bk L/lk Rif, bk L LOD to V BK-TO-BK ; Extend ld hnds up & out ;