

ANNA

Music:

Ernesto Cortazar

Cd: Colors

<https://music.apple.com/ca/album/colors/539822504>

Track # 10 Time 3:46 Available from choreographer

Rhythm: Bolero Phase: V+1(Adv Hip Twist) + Several U

Footwork: Opposite except where (Noted)

Release Date: May 26

Choreo: Jos Dierickx Beverloesestwg 14b2 3583 Paal Belgium

E-mail: jos.dierickx@telenet.be

Sequence: INTRO ABC C INTER INTRO(3-10) A C(1-14) END



INTRO

01-02 OP LOD LEFT HANDSHAKE LEAD FOOT FREE WAIT 2 MEASURES ; ;

{Wait} OP LOD lft Hndshk ld ft free wt 2 meas ; ;

03-06 MODIFIED SLIDING DOOR/M UNDERARM PASS ; / W OUTSIDE ROLL ; / M UNDERARM PASS ; / W TURN to CP LOD ;

{Mod Lft Hnd Slidg Door/M Undrm Pass} [w/ low lft Hndshk] Sd L, -, rec R raisg lft hnds to M undrm pass [No Trn], XLif jnd lft hnds down to Tandem M in front ; {Slidg Door /W Outsd Roll} Sd R, -, rec L jnd lft hnds to lead W roll RF trn fc COH, cont leadg W roll full trn XRif (W sd L, -, rec R trn ½ RF, sd L trn ½ RF) jnd lft hnds down to Tandem/W ifo M ; {Slidg Door/ M Undrm Pass} Repeat Meas 9 of Part A ; {Slidg Door/W Trn to CP Lod} Repeat meas 2 Part A (W rk sd L, -, rec R trn ½ RF to fcg M, cl L to Rlod) to CP LOD ;

07-10 DIP BACK w/ LEG CRAWL & RECOVER to BFLY WALL ; DOUBLE HAND OPENING OUT TWICE ; ; RIFF TURN ;

{Dip Bk w/ leg Crawl & Rec to CP WALL} [S,S] Leavg R ft extended Bk L (W fwd R raise L knee up the outsd of M's R thigh), -, Shiftg wgt to R ft Rec R swiv ¼ RF (W slide L knee down M's leg Bk L trn ¼ RF) tch L to R to BFLY WALL, - ; {DBL Hnd Opening Out x 2} Sd & fwd L body rise and body rotate LF, -, lower on L and extend R foot to sd, rise on L body rotate in Bfly (W sd & bk R body rise and body rotate LF match ptr, -, XLib lowerg, fwd R in Bfly) ; Cl R body rise and body rotate RF, -, lower on R and extend L ft to sd, rise on R body rotate in Bfly (W sd & bk L body rise and body rotate RF match ptr, -, XRib lowerg, fwd L in Bfly) to CP WALL ; {Riff Trn} [QQQQ] Sd L raisg ld hnds, cl R, sd L, cl R (W sd & fwd R com RF spin undr jnd ld hnds, cl L compg full RF spin, sd & fwd R comm RF spin, cl L compg 2 nd full spin undr jnd ld hnds) to BFLY WALL ;

PART A

01-04 CONTINUOUS CHASE w/ UNDERARM PASS to TANDEM COH ; ; PEEK TWICE ; ;

{Cont Chase w/ Underarm Pass to Tandem COH} Fwd L trng ½ RF keepg ld hnds jnd behd M, -, rec R, fwd L (W bk R, -, rec L, fwd R twds M's lft sd) ; Bk R raisg jnd ld hnds, -, rec L, sd R (W fwd L, -, fwd R trng ½ LF under jnd ld hnds, fwd & sd L contg to trn ½ LF) to TANDEM COH [w/ ld hnds still jnd above the head W] ; {Peek x 2} Sd L look at the lady, -, rec R, cl L (W sd R trn the upper body ¼ LF & lookg ovr lft shldr, -, rec L, cl R) ; Sd R look at the lady, -, rec L, cl R (W sd L trn the upper body ¼ RF & lookg ovr rt shldr, -, rec R, cl L) ;

05-08 CONTINUE to TANDEM WALL ; ; PEEK TWICE/W TURN to FACE & RIGHT HANDSHAKE ; ;

{Cont to Tandem WALL & Peek x 2/W Trn to fc} Fwd L trng ½ RF keepg ld hnds jnd behd M, -, rec R, fwd L (W fwd R trng ½ LF, -, fwd L, fwd R twds M's lft sd) ; Repeat meas 2,3 Intro ; ; Sd R, -, rec L, cl R (W sd L lookg ovr rt shldr, -, rec R trng ½ RF to fc ptr, cl L) to rt Hndshk WALL ;

PART B

01-04 CROSS BODY / W OVERTURNED to SHADOW COH ; 3 SWEETHEARTS ; ;

{Cross Body / W Overtrnd to Shadow} [w/ rt Hndshk] Sd & bk L LF trn body rise, -, bk R slip action, fwd L LF trn fc COH (W sd & fwd R body rise, -, fwd L xg ifo M trng LF, small stp sd R ½ LF spin fc COH) ; {Sweet Hearts x 3} [Still rt hnds jnd] Sd R, -, XLif, rec R (W sd L, -, XRib, rec R) ; [Chg lft hnds jnd] Sd L, -, XRif, rec L (W sd R, -, XLib, rec L) ; [Rejnd rt hnds] Sd R, -, XLif, rec R (W sd L, -, XRib, rec R) ;

05-08 W SWIVEL INTO CROSS BODY ; REVERSE UNDERARM TURN ; CHECKED RIGHT PASS ; M SWIVEL to FWD BREAK ;

{W Swivel Into X-Body} Sd L lead W LF swiv, -, XRib comm LF trn, cont LF trn rec L fc ptr (W sd R swiv ½ RF, -, fwd L xg ifo M trng LF, small stp sd R ½ LF spin to fc) to BFLY WALL ; {Reverse Underarm Trn} Sd R, -, XLif, bk R (W sd L comm ½ LF trn undr jnd ld hnds, -, XRif contg trn, fwd L compg trn to fc ptr) to BFLY WALL ; {Checked R Pass} Fwd & sd L comm RF trn raisg ld hnds to create window, -, XRib cont RF trn, sd L (W fwd R, -, XLif, sd & bk R) mod wrap both fc COH ; {M Swivel & Fwd Break} Fwd R swiv RF on R body rise, -, fwd L w/ contra ck like action, rec bk R to rt Hndshk WALL ;

PART C

01-04 RIGHT HANDSHAKE UNDERARM TURN ; CONTRA BREAK ; START CONTINUOUS CROSS BODY ; :

{rt Hndshk Underarm Trn} Sd L, -, XRib, rec L (*W sd R, -, XLif trng ½ RF, fwd R cont trng to fc ptr*) ; **{Contra Break}** [w/ rt Hndshk] Sd & fwd R rise with rt sd stretch, -, slip fwd L flex knee with rt shldr lead to contra check action, rec bk R (*W sd & bk L rise with lft sd stretch, -, slip bk R flex knee with lft shldr lead to contra check action, rec fwd L*) keep rt Hndshk ; **{Start Cont Cross Body}** Sd & bk L rise trn LF, -, bk R flex knee w/ slip action to fc LOD, fwd L (*W sd & fwd R rise, -, fwd L xg ifo M flex knee trn ½ LF, bk R cont trn to fc Wall*) end L-shape M fc LOD W fc Wall ; Fwd & sd R rise, -, fwd L twd DLC outsd ptr flex knee trn ½ LF, bk R cont trn to fc Wall (*W sd & bk L rise trn LF, -, bk R flex knee w/ slip action to fc LOD, fwd L*) end L-shape M fc Wall W fc LOD ;

05-08 FINISH CONTINUOUS CROSS BODY ; HORSESHOE TURN ; ; HIP ROCKS ;

{Finish Cont Cross Body} Sd & bk L rise trn LF, -, bk R flex knee w/ slip action, fwd L trn LF to “V” Pos LOD jn ld hnds (*W sd & fwd R, -, fwd L xg ifo M flex knee trn ½ LF, bk R cont trn to fc ptr “V” Pos*) to BFLY COH ; **{Horseshoe Trn}** Side R to V Pos LOD, -, fwd L, lk Rib raise ld hnds ; Fwd L comm circle CCW around W, -, fwd R cont circle, fwd L comp circle to fc ptr (*W fwd R comm CW trn, -, fwd L cont CW circle under jnd ld hnds, fwd R compl circle to fc ptr*) to Low Bfly WALL ; **{Hip Rks }** Sd R, -, rec L rollg L hip, rec R rollg R hip & rt Hndshk ;

09-12 RIGHT HANDSHAKE UNDERARM TURN ; ADVANCED HIP TWIST to X-HAND UNDERARM TURN ; :

BREAK BACK w/ M’S HEAD LOOP to ½ OP LOD ;

{rt Hndshk Underarm Trn} Sd L, -, XRib lead W to trn under rt hnds, rec L (*W sd & fwd R LOD, -, fwd L under rt hnds trng ½ RF, rec R*) ; **{Advanced Hip Twist to X-Hnd Underarm Trn}** [Keep rt hnds high] Cl R to L join lft hnds at waist level, -, fwd L slight RF body trn, rec R (*W sd & fwd L to M’s rt sd swiv ½ RF on L, -, bk R, rec L trng ½ LF*) ; XLib, -, small bk R lead W under rt hnds bringing rt hnds down & lft hnds up, rec L bringing lft hnds over W’s head (*W fwd R outsd M, swiv ¼ RF on R, fwd L xg ifo M under rt hnd trng RF, fwd R*) ; **{Break Bk w/ M’s Head Loop to ½ OP LOD}** Sd R relsg rt hnds, -, trng LF bk L bring lft hnds over M’s head, rec R (*W sd L, -, trng RF bk R, rec L*) to ½ OP LOD ;

13-16 OP IN & OUT RUNS ; ; SWITCH & WALK 2 to RLOD & LOD to FACE [1st TIME to rt Hndshk / 2^{de} TIME to BFLY] ; :

{OP In & Out Runs} Fwd L rise, -, fwd R twd DLW across W comm trn RF, bk L cont trn to fc LOD [w/ free arms out to sd] (*W fwd R rise, -, L, R*) to ½ LOP LOD ; Fwd R rise, -, fwd L, R [w/ free arms out to sd] (*W fwd L rise, -, fwd R twd DLW across M comm trn RF, bk L cont trn to fc LOD*) to ½ OP LOD ; **{Switch & Walk 2 Twice to Fc & rt Hndshk}** Sd & fwd L trng to ½ LOP RLOD, -, fwd R, L swiv to fc ptr ; Sd & fwd R trng to ½ OP, -, fwd L, R swiv to fc ptr & rt Hndshk [2^{de} Time: to BFLY] ;

INTER

01-04 DBL HAND UNDERARM TURN to STACKED HANDS ; OP BREAK ; CHANGE SIDES/W UNDERARM ;

FENCE LINE w/ ARMSWEEP ;

{Dbl Hnd Hold Underarm Trn to stacked hnds} [Keep both hands] Sd L, -, XRib lead ptr under dbl hd hold, rec fwd L stacked lft-over-r-hnds (*W fwd R, -, fwd L RF trn under dbl hd hold, fwd R stacked hnds lft-over-r*) to WALL ; **{ OP Break}** [With stacked hnds] Sd R, -, apt L raising stacked hnds fwd, rec R to W’s r-sd ; **{Change Sides /W Underarm}** Raising stacked hnds Fwd L WALL turng RF chg sds lead W trn under stacked hnds, -, sd R, XLif (*W fwd R COH LF trn under stacked hnds chg sds, -, sd L, XRif*) to BLFY COH ; **{Fence Line w/ Armsweep}** Sd R body rise, -, XLif bent knee ld arm circle CW(*W CCW*) ifo body, rec bk R to Loose CP COH ;

05-06 TURNING BASIC ; BACK BREAK to OP LOD & LEFT HANDSHAKE ;

{Trng Basic} Sd L w/slight RF body rotation, -, bk R trng ¼ LF w/ slip pivot action, sd and fwd L trng ¼ LF to BFLY WALL ; **{Bk Break to ½ OP}** Sd & bk R body rise, -, bk L blend ½ OP fcg LOD, rec fwd R to OP LOD & lft Hndshk ;

ENDING

01-04 FENCE LINE w/ ARMSWEEP ; SIDE to SCAR/W DEVELOPE & HOLD 1 MEAS ; ; BACK to FACE & HIP ROCK 2 ;

{Blend to Fence Line w/ Armsweep} Sd L to fc & body rise, -, XRif bent knee trl arm circle CCW(*W CW*) ifo body, rec bk L ; **{Sd & Check to SCAR/W Developpe & Hold 1 Meas}** Sd R, -, XLif to SCAR DRW (*W sd L, -, XRif RF on R-ft to fc DLC, bring L-ft [w/ toe pntd down] up R-leg to insd of R-knee & extnd L-ft fwd*) ; Hold 1 Meas ; **{Bk to Fc & Hip Rock 2}** Bk R swiv to fc ptr, -, small sd L rollg L hip, rec R rollg R hip ;

05-09 PROMENADE SWAY ; CHANGE to OVERSWAY ; RECOVER to HOVER SCP ; THRU to HINGE & EXTEND ; :

{Prom Sway} [S] Sd L & fwd w/ rt sd stretch lookg over ld hnds, -, relax L knee lowerg (*W sd & fwd R to SCP w/ lft sd stretch lookg over ld hnds, -, relax R knee*), - ; **{Chng TO OVERSWAY}** Slowly relax L knee with a slight lft face trn leavg R leg extended and stretchg lft sd of body (*W stretch R sd lookg well to the lft*) in an oversway pos, -, -, - ; **{Rec to Hover to SCP}** [SS] Rec bk R, -, brush L to R, fwd L to SCP LOD ; **{Thru to a Hinge & Extend Arms}** [SS] Thru R, -, fwd & sd L w/strong LF body trn & stretch trlg leg extended, hold (*W fwd L comm LF trn, sd R, XLib/extend R*), - ; **{Extend Arms}** With upper body stretch lower trlg hnd to ptr’s waist (*W lower ld hnd to ptr’s shldr*), extend free arms ;

