

AMOR Y CHA CHA CHA

Music: Gianni Morandi
Cd: Il Tempo Migliore
<https://music.apple.com/us/song/amor-y-cha-cha-cha/193253242>
Track # 10 Time 4:09 Shortened from 2.00 to 3.36,9 then -5% Slower
To Time 2:44 Available from choreographer

Rhythm: Cha Cha Phase: V+1U (Tummy Check)

Footwork: Opposite except where (Noted)

Release Date: Oct 23

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Sequence: INTRO ABC ABC C[1-6] END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT TWO MEASURES ; ; FENCE LINE w/ ARMSWEEP TWICE & rt Hndshk ; ;

{Wait} Bfly Pos Wall Id ft free wt 2 meas ; ; {Fence Line w/ Armsweep x 2 & rt Hndshk} XLif (W XRif) w/ bent knee Id arms circle CW (W CCW) ifo body, rec R, sd L/cl R, sd L ; XRif (W XLif) w/ bent knee trl arms circle CCW (W CW) ifo body, rec L, sd R/cl L, sd R to rt Hndshk WALL ;

PART A

01-04 SHADOW BREAK to OP LOD ; PARALLEL BREAKS TWICE INTO FAN ; ; ;

{Shad Break to OP LOD} [w/ rt hndshk] XLib (W XRib) trng both to LOD w/ W's lft arm xtnd bhd M's bk, fwd R, fwd L/lk Rib, fwd L to OP LOD ; {2 Parallel Breaks Into a Fan} [w/ rt hndshk] Rk bk R leadg W across in front, rec L, fwd R/lk Lib, fwd R to fc Line (W fwd L trng ¼ Lf ifo M, fwd R trng ½ Lf to fcg LOD, fwd L/lk Rib, fwd L) to LOP LOD [similar to W whip action] ; Fwd L trng ¼ Lf ifo W, fwd R trng ½ Lf to fcg LOD, fwd L/lk Rib, fwd L (W rk bk R allowg M to pass across in front, rec L to fc, fwd R/lk Lib, fwd R) to OP LOD [similar to M whip action] ; {Fan} Rk bk R, rec L trng to fc WALL [chng to Id hnds], sd R/cl L, sd R (W fwd L, small fwd R trng ½ LF to RLOD [chng to Id hnds] bk L/lk Rib, bk L) to FAN POS ;

05-08 STOP & GO HOCKEY STICK ; ; HOCKEY STICK ; ;

{Stop & Go Hockey Stick} Fwd L, rec R, sd L/cl R, sd L lead W trn LF under Id hnds (W cl R, fwd L, fwd R/XLib, fwd R qck LF trng under Id hnds fc LOD) ; Soften L knee X lunge Rif to LOD rt hnd on W back, rec L trng W RF under Id hnds, sd R/cl L, sd R (W sit lunge bk L, rec R trn RF under Id hnds, bk L/XRif, bk L) to FAN POS ; {Hockey Stick} Fwd L, rec R, sip L/R, L (W cl R, fwd L, fwd R/L, R) ; [raisg Id hnds] Sm bk R, rec L trng 1/8 RF, fwd R/L, R (W fwd L, fwd R trng sharply 5/8 LF undr jnd Id hnds, bk L/lk R, bk L) to LOP FCG DRW ;

PART B

01-04 TRAVELING DOORS ; ; CIRCLE CHA ; ;

{Traveling Doors} Rk sd L, rec R, XLif (W XRif)/sd R, XLif (W XRif) ; Rk sd R, rec L, XRif (W XLif)/sd L, XRif (W XLif) to BFLY WALL ; {Circle Away & Together} [Relsg hnds] Circ awy M CCW (W CW) L, R, L/R, L ; Circ tog R, L, R/L, R to BFLY WALL ;

05-08 CHASE w/ FULL TURNS M & W ; ; HAND to HAND TWICE ; ;

{Chase w/ Full Turns M & W} [Relsg both hnds] Fwd L trn ½ RF, rec R cont trn ½ RF, bk L/lk Rif, bk L (W bk R, rec L, fwd R/lk Lib, fwd R) ; Bk R, rec L, fwd R/lk Lib, fwd R (W fwd L trn ½ RF, rec R cont trn ½ RF to fc ptr, bk L/lk Rif, bk L) to BFLY WALL ; {Hand to Hnd x 2} XLib (W XRib) trng to OP LOD, rec R to BFLY, sd L/cl R, sd L ; XRib (W XLib) trng to LOP RLOD, rec L to BFLY, sd R/cl L, sd R to BFLY WALL ;

09-12 START CROSS BODY INTO TUMMY CHECK & BACK w/ rt Hndshk ; ; ; FINISH CROSS BODY ;

{Start X-Body to Tummy Check & Bk w/ rt Hndshk} Fwd L, rec R trng ¼ LF to LOD, sd L/cl R, sd L (W bk R, rec L, fwd R/lk Lib, fwd R) ; [Stop the W w/ Id hnd] Lunge sd R, rec L, ipl R, L, R (W [Both arms fwd] fwd L, rec R, ipl L, R, L) ; Lunge sd L, rec R w/ rt hndshk, ipl L, R, L (W bk R, rec L & rt hndshk, ipl R, L, R) ; {Finish X-Body} w/ rt hndshk Bk R, rec L trng ¼ LF to fc ptr, sd R/cl L, sd R (W fwd L comm LF trn, fwd & sd R cont LF trn to WALL, sd L/cl R, sd L) to BFLY COH ;

13-16 BASIC HALF ; DBL HAND UNDERARM TURN to STACKED HANDS ; OP BREAK & CHANGE SIDES/W UNDERARM ;

SIDE WALK ENDING ;

{Basic 1/2} Fwd L, rec R, sd L/cl R, sd L ; **{DBL Hand Underarm Trn to Stacked Hnds}** [Raisg both hnds up] XRib, rec L, sd R/cl L, sd R (*W XLif under both hnds trng RF, rec R contg to trn to fc M, sd L/cl R, sd L*) to stacked hnds lft-over-rt ; **{OP Break & Chng Sides/W Underarm}** Strong bk L (*W strong bk R*) xtndg stacked hnds fwd, rec R to W's rt sd, chng places raisg stacked hnds comm RF trn fwd & sd L/cl R, sd L (*W trn RF under stacked hnds to fc ptr, sd L/cl R, sd L*) to Low Bfly WALL ; **{Sd Walk Ending}** to RLOD Sd R, cl L, sd R/cl L, sd R to BFLY WALL ;

PART C

01-04 NEW YORKER ; SINGLE CUBAN BREAKS R & L ; NEW YORKER ; SINGLE CUBAN BREAKS L & R ;

{New Yorker} Thru L to LOP RLOD, rec R to fc, sd L/cl R, sd L ; **{Single Cuban Breaks R & L}** [Q&QQ&Q] XRif (*W XLif*)/rec L, sd R, XLif (*W XRif*)/rec R, sd L ; **{New Yorker}** Thru R to OP LOD, rec L to fc, sd R/cl L, sd R to BFLY ; **{Single Cuban Breaks L & R}** [Q&QQ&Q] XLif (*W XRif*)/rec R, sd L, XRif (*W XLif*)/rec L, sd R to BFLY WALL ;

05-08 KICK to 4 TWICE ; ; RIFF TURN ; ONE SINGLE CUBAN BREAK w/ POINT & WAIT & rt Hndshk [2^{de} TIME: BFLY] ;

{Kick to 4 x 2} Swiv RF on R ft kck L thru twd RLOD, swiv LF on R ft [fold L leg at knee to form figure 4], twd LOD fwd L/lk Rib, fwd L ; Swiv LF on L ft kck R thru twd LOD, swiv RF on L ft [fold R leg at knee to form figure 4], twd RLOD fwd R/lk Lib, fwd R to Low Bfly WALL ; **{Riff Trn}** [QQQQ] Relg trl hnds & raisg jnd ld hnds sd L, cl R, sd L, cl R (*W sd & fwd R spin RF, cl L compg full trn undr ld hnds, sd & fwd R com RF spin, cl L compg 2nd full spin undr ld hnds*) to LOP-FCG WALL ; **{One Single Cuban Break w/ Point & Wait}** [Q&Q--] XLif (*W XRif*)/rec R, point sd L, wait & rt Hndshk [2^{de} Time: BFLY]_WALL ;

ENDING

01-02 REVERSE UNDERARM TURN in 4 ; QUICK RUMBA AIDA to RLOD & EXTEND ARMS ;

{Reverse Underarm Trn in 4} [QQQQ] Raisg jnd ld hnds XLif w/ slight RF bdy trn, rec R, sd L, cl R (*W full LF trn undr jnd hnds XRif, rec L, fwd & sd R, cl L*) to BFLY WALL ; **{Qk RUMBA Aida to RLOD}** [QQQ] Xg ld hnds ovr trl hnds to RLOD thru L, sd R trng LF, bk L contg LF trn to "V" bk to bk pos extndg free arms up & out ;