

AMOR PERDIDO

Music: Roberto Cortazar
Cd: Boleros 4
[Boleros, Vol. 4 - Album by Ernesto Cortazar - Apple Music](#)
Track # 7 Time 3:14 Slow down w/ -15% to Time 3:47
Available from choreographer

Rhythm: Bolero **Phase:** V

Footwork: Opposite except where (Noted)

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Sequence: INTRO AB B(1-6) C A B B(1-6) C A END



INTRO

01 CP WALL LEAD FOOT FREE WAIT ONE MEASURE ;
{Wait} CP Wall ld ft free wt 1 meas ;

PART A

01-04 LEFT TURNING BOX/W INSIDE TURNS ; ; ; ;

{Left Trng Box / W Inside Trns} Fwd L trng LF, -, compg ¼ LF trn sd R, cl L to CP LOD ; Bk R cont LF trn raisg ld hnds, -, compg ¼ LF trn sd L, cl R (W fwd L comm LF trn under ld hnds, -, small sd R cont LF trn, small sd L compg LF trn) to CP COH ; Repeat meas 1,2 Part A to CP RLOD & end to CP WALL ; ;

05-08 NATURAL TOP 6 to WALL ; ; SIDE LUNGE & ROLL to RLOD ; SIDE LUNGE & ONE SINGLE RIFF TURN ;

{Nat Top 6 to Wall} Sd & fwd L start RF trn, -, cont RF trn XRib, sd L ; XRib, -, sd L, XRib (W fwd R, -, sd L, XRif ; sd L, -, XRif, fwd L) to CP WALL ; {Sd Lunge & Roll to RLOD} [Relsg both hnds] Sd Lunge L rel both hnds, -, roll RF to RLOD sd & fwd R, bk L cont roll RF to BFLY WALL ; {Sd Lunge & One Single Riff Trn} Sd lunge R, -, raisg ld hnds sd L leadg W to spin RF, cl R (W sd Lunge L, -, rec R spinng RF 1 full trn, cl L) to rt Hndshk WALL ;

09-12 ALTERNATING CROSS BODY ; ; ; ;

{Alternating Cross Body} Sd & bk L body rise fc Wall, -, slip bk R lead W across ifo M, rec fwd L LF trn fc LOD (W fwd R twd LOD body rise & trn RF, -, fwd L twd DC comm LF trn, sd & fwd R cont trn LF fc Wall) ; Fwd R body rise & trn RF, -, fwd L twd DC comm LF trn, sd & fwd R cont trn LF fc Wall (W sd L body rise fc Wall, -, slip bk R lead M across ifo W, rec fwd L LF trn fc LOD) ; Repeat meas 9,10 of Part A ; ;

13-16 W OUT to FAN ; HOCKEY STICK OVERTURNED ; ; REVERSE UNDERARM TURN ;

{W Out to Fan} Sd L body rise, -, bk R lead W across ifo M, rec L fc Wall (W fwd R twd LOD body rise & trn RF, -, fwd L twd LOD, fwd R trn ½ LF fc RLOD) ; {Hockey Stick W Spiral Overtrn} Small sd R, -, fwd L, rec R (W bk L, -, cl R, fwd L) ; Cl L body rise slightly body trn RF raisg ld hnds, -, bk R, rec fwd L (W fwd R body rise spiral LF, -, fwd L twd DRW, fwd R trn LF under ld hnds) to BFLY WALL ; {Reverse Underarm Trn} [Raisg ld hnds] Sd R, -, Xlif, bk R (W sd L com LF trn undr jnd ld hnds, -, XRif contg ½ LF trn, fwd L compg trn to fc ptr) to BFLY WALL ;

PART B

01-06 FENCE LINE w/ ARMSWEEP ; SIDE THRU OP SERPIENTE ; ; FENCE LINE w/ ARMSWEEP ; TURNING BASIC ; CONTRA BREAK to SCP LOD ;

{Fence Line w/ Armsweep x 2} Sd L body rise, -, XRif bent knee trl arm circle CCW (W CW) ifo body, rec bk L ; {Sd Thru OP Serpiente} Sd R swiv RF to LOP Rlod, -, fwd L swiv LF to fc ptr, sd R ; [QQQQ] XLib swiv LF to OP Lod, R foot fan CW on L to fc ptr, XRib, sd L ; {Fence Line w/ Armsweep} Sd R body rise, -, Xlif bent knee ld arm circle CW (W CCW) ifo body, rec bk R to Low Bfly WALL ; {Trng Basic} Sd L w/ slight RF body rotation, -, bk R trng ¼ LF w/ slip pivot action, sd & fwd L trng ¼ LF to rt Hndshk COH ; {Contra Break to SCP Lod} Sd & fwd R rise with rt sd stretch, -, slip fwd L flex knee with rt shldr lead to contra check action, rec bk R (W sd & bk L rise with lft sd stretch, -, slip bk R flex knee with lft shldr lead to contra check action, rec fwd L) blend to SCP RLOD ;

07-12 SWITCH & RUN 2 to ½ LOP RLOD ; SWITCH & RUN 2 to LOD & BFLY ; UNDERARM TURN ; HORSESHOE TURN ; ; HIP LIFT ;

{Switch & Walk 2 to 1/2 LOP LOD} Sd & fwd L trng to ½ LOP LOD, -, fwd R, L ; {Switch & Walk 2 to RLOD & Bfly} Sd & fwd R trng to ½ OP RLOD, -, fwd L, R swiv RF to fc ptr & Bfly ; {Underarm Trn} [raisgld hnds] Sd L, -, XRib, rec L (W sd R, -, Xlif trng ½ RF, fwd R cont trng to fc ptr) to BFLY COH ; {Horseshoe Trn} Sd & fwd R trng RF (W LF) to V Pos LOD, -, thru L, lk Rib raise ld-hnds ; Fwd L comm circle CCW around W, -, fwd R cont circle, fwd L comp circle to fc ptr (W fwd R comm CW trn, -, fwd L cont CW circle under jnd ld-hnds, fwd R compl circle to fc ptr) Low Bfly WALL ; {Hip Lift} In Low Bfly Sd R, -, slight pressure on L ft lift lft hip, lower lft hip to BFLY WALL ;

PART C

01-04 DBL HNDHLD UNDERARM TURN to STACKED HANDS ; OP BREAK ; CHANGE SIDES/W UNDERARM ; START ½ MOON ;

{Dbl Hnd Hld Underarm Trn to stacked hnds} [Keep both hands] Sd L, -, XRib lead ptr under dbl hd hold, rec fwd L stacked lft-over-rt hnds (W fwd R, -, fwd L RF trn under dbl hd hold, fwd R stacked hnds L over R) to WALL ; **{ OP Break}** [With stacked hnds] Sd R, -, apt L raisg stacked hnds fwd, rec R to W's rt sd ; **{Change Sides/W Underarm}** [Raisg stacked hnds] Fwd L WALL trng RF chg sds lead W trn under stacked hnds, -, sd R, XLif (W fwd R COH LF trn under stacked hnds chg sds, -, sd L, XRif) to rt Hndshk COH ; **{Start Half Moon}** w/ rt hndshk Sd R trng RF, -, fwd L, bk R trn to fc ptr (W sd L trng LF, -, fwd R shapg to ptr, bk L to fc ptr) to rt hndshk COH ;

05-08 FINISH HALF MOON ; OP RONDE XIB SIDE ; THRU RONDE & HIP LIFT ; SPOT TURN ;

{Finish 1/2 Moon} Trn LF sd & fwd L w/ lft sd stretch, -, slip bk R shape to ptr, fwd L cont trn to fc ptr chng to ld hnds jnd (W trng RF sd & fwd R raise lft arm trng body slightly away from ptr but look at & shape to ptr, -, W slip fwd L ifo M trn LF, bk R cont trn to fc ptr) to rt hndshk WALL ; **{OP Ronde Xib Sd}** Sd R blend OP ronde L CCW (W CW), -, XLib, sd & fwd R LOP RLOD ; **{Thru Ronde & Hip Lift}** Fwd L ronde R CCW (W CW) swiv LF on L, -, blend CP Wall tch R to L slight pressure on L ft lift lft hip, lower lft hip to BFLY WALL ; **{Spot Trn}** [Relsg both hnds] Sd R, -, XLif trng RF, fwd & sd R contg trn to loose CP WALL ;

ENDING

01-02 SIDE TO HINGE ; EXTEND ARMS ;

{Sd to Hinge} Sd L, -, slight LF trn lower on L, - (W sd R trng LF, -, cont LF body trn XLib, lower on L extend R to rlocl look well to lft) ; **{Extend Arms}** cont slight lowerg rel ld hnds W place rt hnd on M's lft shldr both extend lft arms out to side, -, -, -;