

AMIGA DO VENTO [Friend Of The Wind]

Music: Julia Graciela
Cd: Eu Sou Aquela, Adivinha De Onde Sou
music.apple.com/au/album/eu-sou-aquela-adivinha-de-onde-sou/1443585804
Track # 5 Time 3:25 Available from choreographer

Rhythm: Bolero **Phase:** V+2U (Checked Right Pass+ Turn Into Romantic Sways)

Footwork: Opposite except where (Noted)

Release Date: Sept 23

Choreo: Jos Dierickx Beverloesestwg 14B2 3583 Paal Belgium

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Sequence: INTRO AB(1-15) BRIDGE INTRO(3-6) AB END



INTRO

01-06 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; TURNING BASIC ; LUNGE BREAK ; LEFT PASS ; 1 HAND to HAND ;
{Wait} Bfly Pos Wall lft ft free wt 2 meas ; ; {Trng Basic} Sd L w/ slight RF body rotation, -, bk R trng ¼ LF w/ slip pivot action, sd & fwd L trng ¼ LF to BFLY COH ; {Lunge Break} Sd & bk R to LOP FCG, -, slidg L ft sd & bk w/ no wgt lowr on R w/ slight RF bdy trn, rise (W sd & bk L, -, bk R w/ sitting action, rec L) to BFLY COH ; {Left Pass} Fwd L to Scar DLW, -, trng LF rec R w/ slip action, cont LF trn sd & fwd L (W fwd R DRC trng ¼ RF w/ bk to ptr, -, sd & fwd L w/ strong LF trn, bk R) to BFLY WALL ; {1 Hand to Hand} Sd R, -, XLib to OP LOD, fwd R to Cross Hnds [lft hnds jnd under rt hnds] WALL ;

PART A

01-04 CROSS HANDS UNDERARM TURN ; SHADOW BACK BREAK w/ BOTH HEAD LOOP ; OP IN & OUT RUNS ; ;
{Cross Hnds Underarm Trn} Sd L [lft hnds jnd under rt hnds], -, small stp bk R, rec fwd L (W sd R, -, XLif comm RF trn under X hnds, rec fwd R cont RF trn fc COH) ; {Shadow Bk Break w/ Both Head Loop} Sd R ¼ LF trn fc LOD [rt hnd over W's head lft hnds over M's head], -, small bk L, rec fwd R ½ OP fcg LOD ; {OP In & Out Runs} Sd & fwd L body rise, -, fwd R xg ifo W comm RF trn, sd L cont RF trn fc ½ LOP LOD [xtn dg trl arm to sd] (W sd & fwd R body rise, -, fwd L, R [xtn dg trl arm to sd]) ; Sd & fwd R body rise, -, fwd L, R [xtn dg lft arm to sd] (W sd & fwd L body rise, -, fwd R xg ifo M comm RF trn, sd L cont RF trn fc ½ OP LOD [xtn dg lft arm to sd]) ;

05-08 BOLERO WALKS w/ ARMSWEEP to FACE ; ; SPOT TURN TWICE ; ;
{Bolero Walks w Armsweep to Fc} Fwd L {circle lft arm upwrds front to down back}, -, fwd R, fwd L ; Fwd R {circle lft arm upwrds front to down back}, -, sd L trng to fc ptr, cl R to BFLY WALL ; {Spot Trn x 2} Sd & fwd L to slight V pos LOD, -, relg both hnds & trng LF XRif (W trng RF XLif), rec L to fc WALL ; Sd R, -, relg both hnds XLif trng RF (W trng LF XRif), fwd & sd R contg trn to BFLY WALL ;

09-12 DBL HND UNDERARM TURN to STACKED HANDS ; OP BREAK ; CHANGE SIDES/W UNDERARM ; HIP ROCK ;
{Dbl Hnd Hold Underarm Trn to Stacked Hnds} [Keep both hands] Sd L, -, XRib lead ptr under dbl hnd hold, rec fwd L [stacked hnds lft-over-rt] (W fwd R, -, fwd L RF trn under dbl hd hold, fwd R to [stacked hnds lft-over-rt]) ; {OP Break to Fc} [w/ stacked hnds] Sd R, -, apt L raisg stacked hnds fwd, rec R to W's rt sd ; {Change Sides /W Underarm} Raisg stacked hnds Fwd L to Wall trng RF chg sds lead W trn under stacked hnds, -, sd R, XLif (W fwd R Coh LF trn under stacked hnds chg sds, -, sd L, XRif) to Low Bfly COH ; {Hip Rock} Sd R, -, rk sd L rollg L hip, rk sd R rollg R hip ;

13-16 RIGHT PASS ; SIDE THRU SERPIENTE ; ; FENCE LINE w/ ARMSWEEP & rt Hndshk ;
{Right Pass} Fwd & sd L rise comm trn RF raise lft hnds to create window, -, XRib cont trn, fwd L (W fwd R rise, -, fwd L comm trn LF under jnd lft hnds, cont trn bk R) to BFLY WALL ; {Sd Thru Serpiente} Sd R, -, thru L, sd R ; [QQQQ] XLib, R foot fan CW on L, XRib, sd L ; {Fence Line w/ Armsweep & rt Hndshk} Sd R body rise, -, XLif bent knee lft arm circle CW (W CCW) ifo body, rec bk R to rt Hndshk WALL ;

PART B

01-04 CROSS BODY to COH ; HALF MOON/LADY OVERTURNED to SHADOW WALL ; ; Rt HAND SWEETHEART ;
{Cross Body to COH & rt hndshk} [w/ rt hndshk] Trng ¼ LF to fc LOD Sd L, -, bk R cont LF trng, fwd L (W sd R twd Lod, -, sd & fwd L comm trng LF, cont LF trn sd R to fc ptr) to rt Hndshk COH ; {Half Moon/W Overtrnd to Shadow} [w/ rt hndshk] Sd R comm RF trn w/ rt sd stretch twd ptr, -, cont trn RF slip fwd L shapg to ptr, rec bk R trng to fc ptr (W sd L comm LF trn w/ lft sd stretch twd ptr, -, cont trng LF slip fwd R shapg to ptr, rec bk L trng to fc ptr) ; Sd & fwd L w/ lft sd stretch trng ¼ LF, -, slip bk R, fwd L cont trng ¼ LF to fc ptr (W fwd R twd Wall trng LF, -, fwd L cont LF trn, sd fwd R) to TANDEM WALL ; {rt Hnd Sweetheart} [Still rt hnds jnd] Sd R, -, XLif, rec R (W sd L, -, XRib, rec R) ;

05-08 Lft & Rt Hnd SWEETHEART /LADY SWIVEL to ½ OP LOD ; ; SWITCH & WALK 2 to RLOD & LOD to FACE PARTNER ; ;
{Lft Hnd Sweetheart} [Chg to lft hnds jnd] Sd L, -, XRif, rec L (*W sd R, -, XLib, rec L*) ; **{rt Hnd Sweetheart Lady Swiv to ½ OP LOD}** [rejnd rt hnds jnd] Sd R, -, XLif, rec R (*W sd L, -, XRib, rec R swiv LF*) to ½ OP LOD ; **{Switch & Walk 2 to RLOD}** Sd & fwd L trng to ½ LOP RLOD, -, fwd R, L ; **{Switch & Walk 2 to LOD & fcg ptr}** Sd & fwd R trng to ½ OP, -, fwd L to LOD, R trng to fcg ptr to Low Bfly WALL ;

09-12 DOUBLE HANDHOLD OPENING OUT TWICE ; ; AIDA PREPARATION ; SLOW AIDA LINE & SWITCH ;
{DBL Hndhld Opening Out x 2} In bfly small sd & fwd L body rise and body rotate LF, -, lower on L and extend R ft to sd, rise on L body rotate in Bfly (*W sd & bk R body rise and body rotate LF match ptr, -, XLib lowerg, fwd R in Bfly*) ; Sd & fwd R body rise and body rotate RF, -, lower on R and extend L ft to sd, rise on R body rotate in Bfly (*W sd & bk L body rise and body rotate RF match ptr, -, XRib lowerg, fwd L in Bfly*) ; **{Aida Prep}** Relsg ld hnds Sd L trng LF to slight V pos LOD, -, thru R, trng RF sd L to BFLY WALL ; **{Slow Aida Line & Switch}** [SS] Bk R to bk to bk V pos raisg trl arms, -, swiv LF on R sd L to fcg ptr & BFLY WALL, -;

13-16 REVERSE UNDERARM TURN ; CHECKED RIGHT PASS ; M RONDE to FORWARD BREAK ; RIFF TURN ;
{Reverse Underarm Trn} Sd R, -, XLif, bk R (*W sd L com LF trn undr jnd ld hnds, -, XRif contg ½ LF trn, fwd L compg trn to fc ptr*) to CP WALL ; **{Checked Right Pass}** Fwd & sd L raisg lft hnd start RF rotation arnd Lady plcg rt hnd on W's R hip ckg her fwd motion, -, XRib cont rotation arnd W, fwd & sd L to W's lft sd (*W fwd R raisg rt arm as if comm undrm trn then lower to mom Wrap Pos, -, XLif, bk R*) ; **{M Ronde to Fwd Break}** Fwd R ronde L ft cont RF trn to fc ptr & Wall, -, ck fwd L, rec R (*W sd & bk L, -, bk R, rec L*) to BFLY WALL ; [NOTE: figure makes 1 complete rotation arnd Lady – resembles a wrapped whip. LADY does not chg her fcg direction] **{Riff Trn}** [QQQQ] Sd L raisg ld hnds, cl R, sd L, cl R (*W sd & fwd R com RF spin undr jnd ld hnds, cl L compg full RF spin, sd & fwd R comm RF spin, cl L compg 2 nd full spin undr jnd ld hnds*) to BFLY WALL ;

BRIDGE

01-02 TURN INTO ROMANTIC SWAYS ; ;
{Trn to Romantic Sways} Rel ld hnds Sd L & swiv ½ LF (*W RF*) to bk-to-bk [sweep ld hnds up & around to end streched out to sd at shldr level], -, sd R hip roll RF, rec L hip roll LF ; Sd R and swiv ½ RF (*W LF*) to fc [bring ld hnds betwn ptrs to lead hip], -, sd L hip roll LF, sd R hip roll RF to Low Bfly WALL ;

ENDING

01-05 DOUBLE HANDHOLD OPENING OUT TWICE ; ; AIDA PREPARATION ; AIDA LINE SWITCH & RECOVER ;
CROSS CHECK & WITH ARMSWEEP ;
{DBL Hndhld Opening Out x 2} Repeat meas 9,10 Part B ; ; **{Aida Prep}** Repeat meas 11 Part B ; **{Aida Line Switch & Rec}** [SS] Bk R to bk to bk V pos raisg trl arms, -, swiv LF on R sd L to fcg ptr, rec R to BFLY WALL ; **{Cross Check w/ Armsweep}** Sd L body rise, -, XRif bent knee trl arm circle CW (*W CCW*) ifo body, hold ;