

ALLEEN (Alone)

Music: John Larry
<https://www.ultratop.be/nl/song/5ee16/John-Larry-Alleen>
[www.youtube.com/](https://www.youtube.com/watch?v=johnlarry-alleen) john larry - alleen made by piena
Time 2:36 Available from choreographer

Rhythm: Rumba Phase IV+1 (OP Hip Twist)
+2U (Cont Chase w/ Underarm Pass & Peeks + Full Trn Chase)

Footwork: Opposite except where (Noted)

Release Date: Oct 23

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Sequence: INTRO AB AB B(13-16) END



INTRO

01-02 BFLY POS WALL LEAD FOOT FREE WAIT TWO MEASURES ; ;

{Wait} Bfly Wall ld ft free wt 2 meas ; ;

PART A

01-04 ALEMANA INTO LARIAT ; ; ;

{Alemana Into Lariat} Fwd L, rec R, sd L, -; [Raisg ld hds] Bk R, rec L, cl R (W fwd L comm RF trn under jnd ld hnds, fwd R cont RF trn to M's rt sd, fwd L), -; Push sd L, rec R, cl L (W fwd L, R, L arnd beh M to his lft sd), -; Push sd R, rec L, cl R (W fwd L, R, L arnd M BFLY WALL), -;

05-08 FENCELINE w/ ARMSWEEP ; THRU SERPIENTE ; ; FENCELINE w/ ARMSWEEP ;

{Fence Line w/ Armsweep} XLif (W XRif) w/ bent knee ld arm circle CW (W CCW) ifo body, rec R, sd L, -; {Thru Serpiente} [QQQ&;QQQ&] Thru R, sd L, XRif, flare L CCW (W CW) ; Thru L, sd R, XLib, flare R CW (W CCW) ; {Fence Line w/ Armsweep} XRif (W XLif) w/ bent knee trl arm circle CCW (W CW) ifo body, rec L, sd R to BFLY WALL, -;

09-12 OP HIP TWIST to FACING FAN LOD ; ; NEW YORKER to WALL & COH ; ;

{OP Hip Twist to Fcg Fan LOD} Chk fwd L, rec R, cl L, - (W [QQQQ] bk R, fwd L, fwd L, pushg off M's ld hnd swiv ¼ RF) : Bk R, rec L trng ¼ LF to LOD, fwd R (W fwd L, trng LF sd R, cont LF trn bk L to RLOD), -; {New Yorker x 2} XLif (WXRif) to LOP WALL, rec R to BFLY LOD, sd L, -; XRif (WXLif) to OP COH, rec L to BFLY LOD, sd R, -;

13-16 OP HIP TWIST to FACING FAN to COH ; ; CHASE w/ UNDERARM PASS ; ;

{OP Hip Twist to Fcg Fan COH} Chk fwd L, rec R, cl L, - (W [QQQQ] bk R, fwd L, fwd L, pushg off M's ld hnd swiv ¼ RF) : Bk R, rec L trng ¼ LF to COH, fwd R (W fwd L, trng LF sd R, cont LF trn bk L to WALL) to BFLY COH, -; {Chase/ W Underarm Pass} [relsg trl hnds] Fwd L trng ½ RF [keepg ld hnds jnd w/ palm upwards], rec R, small fwd L (W bk R, rec L, fwd R twd M's lft sd), -; Bk R raisg ld hnds, rec L, sd R (W fwd L, fwd R trng ½ LF undr jnd ld hnds to fc ptr, sd L) to BFLY WALL, -;

PART B

01-04 BASIC ½ ; DBL HAND UNDERARM TURN to STACKED HANDS ; OP BREAK to FACE ; CHANGE SIDES/W UNDERARM ;

{Basic ½} Fwd L, rec R, cl L (W bk R, rec L, sd R) to low Bfly WALL, -; {Dbl Hnd Underarm Trn to Stacked Hnds} [Raisg ld arm high & bringing trl arm up to rt shldr level] XRif & takg lft arm first over W's head, rec L takg rt arm over W's head, sd R (W XLif trng RF under ld arm, rec R contg to trn under trl arm to fc M, sd L) to stacked hnds lft-over-rt, -; {OP Break} [With stacked hnds] Apt L, rec R, fwd L to fcg W's rt sd, -; {Change Sides /W Underarm} Fwd R to WALL twd W's rt sd trng RF lead W trn under stacked hnds, small fwd L cont RF trn to fc, sd R (W fwd L to COH twd M's rt sd trng LF under stacked hnds chg sds, cl R cont LF trn to fc, sd R) to BFLY COH, -;

05-08 AIDA ; SWITCH CROSS ; SIDE WALK 3 ; WHIP to WALL ;

{Aida to LOD} [Xg ld hnds ovr trl hnds to LOD] Thru L, sd R trng LF, bk L contg LF trn to "V" bk to bk pos to RLOD, -; {Switch Cross} Sd & bk R trng RF to fc ptr, rec L, XRif (WXLif), -; {Sd Walk 3} To Rlod Sd L, cl R, sd L, -; {Whip to WALL} Bk R trng ¼ LF, rec L trng ¼ LF, sd R (W fwd L long step ifo M, trng LF fwd & sd R, sd L to fc M) to BFLY WALL, -;

09-12 REVERSE UNDERARM TURN to ½ OP LOD ; M ROLL ACROSS ; W ROLL ACROSS ; SPOT TURN ;

{Reverse Underarm Trn to ½ OP LOD} [Raisg jnd ld hnds] XLif, rec R, sd L (*W XRif undr jnd ld hnds trng ½ LF, rec L contg LF trn to fc ptr, sd R*) to ½ OP LOD, -; **{M Roll Across}** Fwd R comm RF trn, sd & fwd L Xg lfo W cont trn, sd & fwd R to ½ LOP w/ [M's rt & W's lft arms out to sd] (*W fwd L, R, L short stps adj to M's action*), -; **{W Roll Across}** M fwd L, R, L short stps adj to W's action (*W fwd R comm RF trn, sd & fwd L Xg lfo M cont trn, fwd & sd R*) to ½ OP [w/ M's lft & W's rt arms out to sd] fcg DLC, -; **{Spot Trn}** [Relg both hnds] XRif (*W XLif*) trng LF, rec L compg full trn, sd R to fc & BFLY WALL, -;

13-16 HAND to HAND TWICE ; ; FULL TURN CHASE M & W ; ;

{Hand to Hnd x 2} XLib (*W XRib*) trng to OP LOD, rec R to fc ptr, sd L to BFLY, -; XRib (*W XLib*) trng to LOP RLOD, rec L to fc ptr, sd R to BFLY WALL, -; **{Full Trn Chase M & W}** [Relsg both hnds] Fwd L trn ½ RF, rec R cont trn ½ RF, cl L (*W bk R, rec L, cl R*), -; Bk R, rec L, cl R (*W fwd L trn ½ RF, rec R cont trn ½ RF to fc ptr, cl L*) to BFLY WALL, -;

ENDING

01 QUICK BACK CORTE ;

{Quick Bk Corte} [Q] Qk Bk & sd L w/ lowerg action into soft knee (*W fwd & sd R*) leave R leg extended and R toe pntd to the floor, -;