

ALL I ASK OF YOU FOXTROT

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MUSIC: All I Ask of You (Karl Schmidt Big Band, album: Irgendwann, track 12), download single track from CasaMusica
RHYTHM: foxtrot **TIME @ MPM:** 2.59 @ 28 (time & MPM music is slowed 4% / 43.2 in DM)
PHASE (+): IV+1 double reverse
FOOTWORK: Opposite unless indicated (W's footwork in parentheses)
SEQUENCE: **INTRO, A, B, INTER, A, B, END**

MEAS.

INTRODUCTION

1-4 **OPFcg/DLW lead foot free wait;; APT, ACK; TOG, TCH;**
1,2 OPfcg pos fcg ptr & DLW - lead ft free - wait;;
3, 4 step apt L,-, pt R twds ptr,-; step R tog to CP/DLW,-, tch L to R,-;

PART A

1-4 **3-STEP; 1/2 NATURAL; CLOSED IMPETUS; FEATHER FINISH;**
1 fwd L heel lead blending to CP,-, fwd R heel lead rising to toe, fwd L;
2 comm RF upper body trn fwd R,-, sd L across LOD, bk R (W fwd L,-, fwd & slightly R, fwd L) end CP/RLOD;
3 bk L commence RF trn, -, cl R to L for a heel turn, cont trn RF sd & bk L CP/DLW (W fwd R,-, sd & fwd L trn RF brush R to L, trn RF sd & fwd R to CP);
4 bk R comm LF trn, -, sd & fwd L, fwd R outside ptr end BJO/DLC;

5-8 **REVERSE TURN;; HOVER TELEMAR; WHIPLASH;**
1,2 fwd L comm LF trn, -, sd R cont trn (W cl L to R for heel trn), bk L to CP/RLOD;
bk R cont LF trn, -, sd & fwd L DLW, fwd R to end BJO/DLW;
3 fwd L, -, sd & fwd R comm trng RF, cont trng RF on R sd & fwd L leading W trn RF (W bk R, -, sd & bk L comm trng RF, cont trng RF sd & fwd R) end SCP/DLW;
4 thru R no rise point L to DLW shape to slight L sway,-, trn body LF to swivel lady to BJO shape to R sway, - (thru L ronde R CCW to BJO,-, swivel LF shape with man to BJO, -) to BJO/DLW;

9-12 **WEAVE ENDING DLC; DOUBLE REV SPIN DLC; DOUBLE REV SPIN LW; HOVER TELEMAR;**
9 bk L, bk R, sd & fwd L, fwd BJO/DLC;
10 fwd L comm LF turn,-, sd R 3/8 LF turn, spin LF touch L to R to end CP/DLC (W bk R comm LF turn,-, cl L to R for a heel trn/sd & fwd R cont LF turn, XLIF of R) to end CP/DLC;
11 fwd L comm LF turn,-, sd R 3/8 LF turn, spin LF touch L to R to end CP/DLW (W bk R comm LF turn,-, cl L to R for a heel trn/sd & fwd R cont LF turn, XLIF of R) to end CP/DLW;
12 fwd L, -, sd & fwd R comm trng RF, cont trng RF on R sd & fwd L leading W trn RF (W bk R, -, sd & bk L comm trng RF, cont trng RF sd & fwd R) to end SCP/DLW;

- 13-16 IN & OUT RUNS to SCP/LOD;; THRU VINE 4; FEATHER LC;**
 13,14 thru R comm RF trn, -, sd & bk L to CP/RLOD, bk R (W fwd L, R, L) to BJO/RLOD;
 bk L trn RF, -, sd & fwd R cont RF trn, fwd L (W fwd R outsd ptr comm RF trn, fwd & sd L cont RF trn, sd & fwd R) to SCP/LOD;
 15 thru R, sd L, XRIB (both XIB), sd L;
 16 thru R comm LF trn, -, sd & fwd L, fwd R outside ptr end BJO/DLC (W thru L,-, trng LF fwd & sd R, bk L to BJO);

PART B

- 1-4 OPEN REV TURN; OPEN FINISH; HOVER LC; SLOW SIDE LOCK;**
 1 fwd L,-, trng LF sd & bk R, bk L BJO/RLOD;
 2 bk R CP,-, sd & bk L trng LF, fwd R BJO/DLW;
 3 fwd L,-, sd & fwd R, fwd L to SCP/DLC;
 4 thru R,-, trng LF sd L, lk RiB of L end CP/DLC;
- 5-8 REVERSE WAVE;; BACK FEATHER; BACK 3-STEP;**
 5,6 fwd L comm LF trn, -, sd R cont trn (W cl L to R for heel trn), bk L end CP/DRC;
 bk R,-, bk L curve LF, bk R cont curve to fc RLOD;
 7 bk L, -, bk R right sd lead, bk L BJO;
 8 bk R,-, bk L, bk R (W fwd L heel lead,-, fwd R heel lead rising to toe, fwd L) end CP/RLOD;
- 9-12 OPEN IMPETUS; PROMENADE WEAVE;; CHANGE OF DIRECTION;**
 9 bk L comm RF trn,-, cl R to L for a heel turn, cont trn RF sd & fwd L (W fwd R,-, sd & fwd L trn RF brush R to L, trn RF sd & fwd R) to SCP/DLC;
 10,11 thru R DLC, -, fwd L DLC trng LF, sd & bk R (W thru L,-, sd & slightly bk R trng LF & blending to CP, sd & fwd L) to BJO/LOD; bk L LOD, bk R trng LF trn blending to CP, sd & fwd L, fwd R (W fwd R, fwd L commence LF trn, cont trn sd & bk R, bk L) to BJO/DLW;
 12 fwd L DW, -, fwd R trng LF, draw L to R no weight end CP/DLC;
- 13-16 DIAMOND TURN;;;;**
 13-16 fwd L,-, trng LF sd R, bk L to BJO; bk R,-, trng LF sd L, fwd R;
 repeat meas 13 and 14 to end BJO/DLC;;

INTERLUDE

- 1-6 OPEN TELEMARK; OPEN NATURAL; OPEN IMPETUS; FEATHER LC; REVERSE TURN;;**
 1 fwd L comm LF trn,-, sd R cont trn, sd & fwd L to SCP/DLW (W bk R comm trng LF,-, close L to R for a heel turn, sd & fwd R);
 2 fwd R comm trng RF, -, cont trng RF sd & bk L, bk R ptr outside w/ R-shoulder lead (W fwd L, -, slightly trng RF fwd R, fwd L outside ptr w/ L-shoulder lead) end BJO/DRC;
 3 bk L comm RF trn,-, cl R to L for a heel turn, cont trn RF sd & fwd L (W fwd R,-, sd & fwd L trn RF brush R to L, trn RF sd & fwd R) to SCP/DLC;
 4 thru R comm LF trn, -, sd & fwd L, fwd R outside ptr end BJO/DLC (W thru L,-, trng LF fwd & sd R, bk L to BJO);
 5,6 fwd L comm LF trn, -, sd R cont trn (W cl L to R for heel trn), bk L to CP/RLOD;
 bk R cont LF trn, -, sd & fwd L DLW, fwd R to end BJO/DLW;

REPEAT PART A

1-16 1-16 3-step; 1/2 natural; closed impetus; feather finish; reverse turn;;
hover telemark; whiplash; weave ending LC; double rev LC; double rev LW;
hover telemark; in & out runs to Scp;; thru vine 4; feather LC;

REPEAT PART B

1-16 1-16 open rev turn; open finish; hover LC; slow sd lock; reverse wave;; bk feather;
back 3-step; open impetus; prom weave;; change of direction; diamond turn;;;

END**1-4** **REVERSE WAVE;; BACK FEATHER; BACK 3-STEP;**

1,2 fwd L comm LF trn, -, sd R cont trn (W cl L to R for heel trn), bk L end CP/DRC;
bk R,-, bk L curve LF, bk R cont curve to fc RLOD;
3 bk L, -, bk R right sd lead, bk L BJO;
4 bk R,-, bk L, bk R (W fwd L heel lead,-, fwd R heel lead rising to toe, fwd L) in
CP/ RLOD;

5-8 **OPEN IMPETUS; PROMENADE WEAVE;; FWD TO A RIGHT LUNGE;**

5 bk L comm RF trn,-, cl R to L for a heel turn, cont trn RF sd & fwd L (W fwd R,-,
sd & fwd L trn RF brush R to L, trn RF sd & fwd R) to SCP/DLC;
6,7 thru R DLC, -, fwd L DLC trng LF, sd & bk R (W thru L,-, sd & slightly bk R trng LF
& blending to CP, sd & fwd L) to BJO/LOD; bk L LOD, bk R trng LF trn blending
to CP, sd & fwd L, fwd R (W fwd R, fwd L commence LF trn, cont trn sd & bk R,
bk L) to BJO/DLW;
8 fwd L,-, lower & step sd & fwd R with flexed knee shape to right lunge,-;

ALL I ASK OF YOU FOXTROT ph. IV+1 (double reverse)

INTRO: OPFcg ptr & LW – wait;; apt, ack; tog, tch to CP;

PART A: 3-step; 1/2 natural; closed impetus; feather finish; reverse turn;; hover telemark;
whiplash; weave ending LC; double rev LC; double rev LW; hover telemark;
in & out runs to Scp;; thru vine 4; feather LC;

PART B: open rev turn; open finish; hover LC; slow sd lock; reverse wave;; back feather;
back 3-step; open impetus; promenade weave;; change of direction; diamond turn;;;

INTER: open telemark; open natural; open impetus; feather LC; reverse turn;;

PART A: 3-step; 1/2 natural; closed impetus; feather finish; reverse turn;; hover telemark;
whiplash; weave ending LC; double rev LC; double rev LW; hover telemark;
in & out runs to Scp;; thru vine 4; feather LC;

PART B: open rev turn; open finish; hover LC; slow sd lock; reverse wave;; back feather;
back 3-step; open impetus; promenade weave;; change of direction; diamond turn;;;

END: rev wave;; back feather; back 3-step; open impetus; prom weave;; fwd to a R lunge;