

AGADOU IV

Choreographer: Monika Gründer, Aktienstr. 18, D - 47057 Duisburg Email: monikagruender@gmx.de
Music: "Agadou" (Saragossa Band, CD „Agadou“, Track 1; or CD „Latin Summer-Hits - Summer de Janeiro“, Track 3;
3:22 min – slow down for more comfort) - or several downloads (musicload.de, amazon.de, ...)
Rhythm & Phase: CH, Phase IV + 2 (Sweetheart; Dbl Cuban Breaks) + 1 (Kick to the 4 & Cha)
Timing: 1,2,3&,4; unless indicated
Footwork: opposite unless noted (Woman's footwork in parentheses)
Sequence: Intro – A – Bridge – B – C – Inter 1 – C – Inter 2 – C – End

!!! Attention: BRIDGE contains a short measure (2 beats only) !!!

January 2017

INTRO

1 - 4 In LOP FCG M Fc WALL Wait 3 Meas ; ; ; With Arms Rock Apart & Recover :

- 1-3 {Wait 3} In Left Open position M fcg ptr & WALL with lft free wait 3 meas ; ; ;
- 4 {With Arms Rk Apt & Rec (1 – 3 –)} Rk bk L (*W rk bk R*) raising trailarm explosively
trng handpalm outside, -, rec fwd R lowering trailarm to waist level, - ;

PART A

1 - 4 New Yorker ; One Double Cuban Break ; Spot Turn ; Fence Line in 4 :

- 1 {NY} Ldhnds still jnd step thru L trng ¼ RF to LOP RLOD extendg trailarm to the side,
rec R trng ¼ LF to fc ptr & WALL, blendg to BFLY step sd L / cl R to L, sd L ;
- 2 {One Dbl Cuban (1&2&3&4)} XRif of L / rec L, rk sd R / rec L, XRif of L / rec L, sd R ;
- 3 {Spot trn} Release trailhnds and step thru L trng ½ RF bringing leadhnds thru to RLOD,
releasg leadhnds rec R trng RF to fc ptr & WALL, blendg to BFLY stp sd L / cl R to L, sd L ;
- 4 {Fence Line in 4 (1234)} In BFLY WALL rk thru R w/soft knee, rec L, rk sd R, rec L ;

5 – 8 New Yorker to LOD ; One Double Cuban Break ; Spot Turn ; Fence Line in 4 :

- 5 {NY} Releasg ldhnds step thru R trng ¼ LF to OP LOD extendg leadarm to the side,
rec L trng ¼ RF to fc ptr & WALL, blendg to BFLY step sd R / cl L to R, sd R ;
- 6 {One Dbl Cuban (1&2&3&4)} XLif of R / rec R, rk sd L / rec R, XLif of R / rec R, sd L ;
- 7 {Spot Trn} Release leadhnds and step thru R trng ½ LF bringing trailhnds thru to LOD,
releasg trailhnds rec L trng LF to fc ptr & WALL, blendg to BFLY stp sd R / cl L to R, sd R ;
- 8 {Fence Line in 4 (1234)} In BFLY rk thru L w/soft knee, rec R, rk sd L, rec R ;

BRIDGE

1 - 2 Break to OP ; Stomp Look & Freeze , - ,

- 1 {Break to OP} Trng to OP LOD rk bk L, in OP LOD rec fwd R, fwd L / cl R to L, fwd L ;
- short meas 2 {Stomp Look & Freeze (1, - ,)} Close R to L with a stomp suddenly trng head to ptr, hold position ,

PART B

1 - 4 Triple Cha Forward ; ; Kick to the 4 & Cha ; Fence Line in 4 :

- 1-2 {Triple Cha Fwd (123&4 1&23&4)} In OP LOD rk bk L, rec fwd R, fwd L / lk Rib, fwd L ;
Fwd R / lk Lib, fwd R, fwd L / lk Rib, fwd L ;
- 3 {Kick to the 4} Kick R twd LOD, swlvg RF on L to fc WALL bend R knee to form the figure of „4“,
joing hnds to BFLY step sd R / cl L to R, sd R ;
- 4 {Fence Line 4 (1234)} In BFLY rk thru L w/soft knee, rec R, rk sd L, rec R ;

5 - 8 Open Break ; Whip ; Cross Body ; :

- 5 {**Open Break**} In BFLY WALL releasg trailhnds rk apt L & raise trailarm trng handpalm to outside, lowering trlarm rec R, blendg to BFLY stp sd L / cl R to L, sd L ;
- 6 {**Whip**} Rk bk R startg a LF trn and leadg W to cross in front (*W fwd L outside ptr to M's left side*), rec L trng ½ LF to fc COH leadg W across LOD with a ½ LF trn (*W step fwd & sd R across LOD trng ½ LF*), step sd R / cl L to R, sd R to CP COH ;
- 7-8 {**Cross Body**} In CP COH rk fwd L, rec R trng ¼ LF, sip L / R, L ;
Trng ¼ LF to fc WALL rk bk R, rec fwd L, sd R / cl L to R, sd R to BFLY WALL ;
(W rk bk R, fwd L to L-shaped pos, fwd R / cl L to R, fwd R ; Fwd L trng ¼ LF, fwd R trng ¼ LF, sd L / cl R, sd L ;)

9 - 12 Sandstep Twice ; ; Cucaracha Twice ; :

- 9-10 {**Sandstep 2x**} In BFLY tch L toe to the floor swvlg RF on R, tch L heel to the floor swvlg LF on R, XLif / sd R, XLif ;
Tch R toe to the floor swvlg LF on L, tch R heel to the floor swvlg RF on L, XRif / sd L, XRif ;
- 11-12 {**Cuca 2x**} Rk sd L with hip action, rec R , cl L to R / sip R, L ;
Rk sd R with hip action, rec L , cl R to L / sip L, R to BFLY WALL ;

13 With Arms Rock Apart & Recover ;

- 13 {**With Arms Rk Apt & Rec (1 – 3 –)**} Blendg to LOP FCG repeat meas 4 of INTRO ;

PART C

1 - 4 New Yorker ; One Double Cuban Break ; Spot Turn ; Start Crab Walks ;

- 1-3 Repeat meas 1-3 of Part A ; ; ;
- 4 {**Start Crab Walks**} XRif of L, stp sd L, XRif of L / sd L, XRif of L ;

5 – 8 Quick Cucarachas ; Kick to the 4 & Cha ; Single Cuban Breaks ; Start Crab Walks in 4 ;

- 5 {**Quick Cucas (1&2&3&4)**} In BFLY WALL rk sd L w/hip action / rec R, cl L to R, rk sd R w/hip action / rec L, cl R to L ;
- 6 {**Kick to the 4 & Cha**} Swvlg RF on R kick L twd DRW, swvlg LF on R to fc WALL bend L knee to form the figure of „4“, step sd L / cl R to L, sd L ;
- 7 {**Single Cuban Brks (1&2&3&4)**} In BFLY WALL XRif of L / rec L, rk sd R, XLif of R / rec R, sd L ;
- 8 {**Start Crab Walks in 4**} XRif of L, stp sd L, XRif of L, stp sd L ;

9 - 12 New Yorker to LOD ; One Double Cuban Break ; Spot Turn ; Fence Line in 4 with a Close ;

- 9-11 Repeat meas 5-7 of Part A ; ; ;
- 12 {**Fence Line in 4 w/Cl (1234)**} In BFLY rk thru L w/soft knee, rec R, stp sd L, cl R to L ;

13 - 16 Quick Cucarachas ; Kick to the 4 & Cha ; Single Cubans Breaks ; Fence Line ;

- 13-15 repeat meas 5-7 of PART C ; ; ;
- 16 {**Fence Line**} In BFLY rk thru R w/soft knee, rec L, stp sd R / cl L to R, sd R to BFLY WALL, - ;

INTER 1

1 - 4 Forward Basic into Triple Cha Bk ; ; Back Basic into Triple Cha Forward to HNDSHK ; ;

- 1-2 {**Fwd Basic into Triple Cha Bk**} In BFLY WALL releasg hnds rk fwd L, rec bk R, bk L / lk Rif, bk L twd COH ;
Bk R / lk Lif, bk R, bl L / lk Rif, bk L ;
- 3-4 {**Bk Basic into Triple Cha Fwd**} Rk bk R, rec fwd L, fwd R / lk Lib, fwd R twd WALL ;
Fwd L / lk Rib, fwd L, fwd R joing R hnds / lk Lib, fwd R ;

5 – 8 Flirt ; ; 1 Sweetheart / W to Face ; Hip Rock 3 :

- 5-6 **{Flirt}** Rk fwd L, rec bk R leadg W to trn LF, sd L / cl R to L, sd L joining hnds to VARS ;
Rk bk R, rec fwd L, leadg W sd twd LOD sd R / cl L to R, sd R to L VARS ;
*(W rk bk R, rec L trng LF, cont trng LF to VARS sd R / cl L to R, sd R ;
Rk bk L, rec R, sd L / cl R to L, sd L to L VARS ;)*
- 7 **{Sweetheart / W to Fc}** Ck fwd L, rec R, sm sd L / cl R to L, sm sd L jn hnds to BFLY WALL ;
(W rk bk R, rec L start trng LF, trng LF to fc ptr sip R / L, R ;)
- 8 **{Hip Rk 3 (123-)}** In BFLY WALL rolling hip to the sd & bk rk sd R, L, R, - ;

9 - 12 Break into Triple Cha Forward ; ; Aida ; Switch Cross :

- 9-10 **{Brk into Triple Cha Fwd (123&4 1&23&4)}** Trng to OP LOD rk bk L, in OP LOD rec fwd R,
fwd L / XRib, fwd L ; Fwd R / XLib, fwd R, fwd L / XRib, fwd L ;
- 11 **{Aida}** Stp fwd & thru R start trng RF, sd L cont trng RF to LOP RLOD, bk R / cl L, bk R to V Bk-Bk pos M fcg DRC ;
- 12 **{Switch Cross}** Trng LF to fc ptr & bringing jnd hnds thru twd LOD rk sd L, rec sd R to BFLY WALL,
Xlif of R / sd R, Xlif of R ;

13-14 Cucaracha ; With Arms Rock Apart & Recover :

- 13 **{Cuca}** Rk sd R w/hip action, rec L, cl R to L / sip L, R ;
- 14 **{With Arms Rk Apt & Rec (1 – 3 –)}** Releasg trlhnds repeat meas 4 of INTRO ;

INTER 2

1 - 4 Sandstep Twice ; ; Cucaracha ; Hip Rock in 3 :

- 1-3 Repeat meas 9 - 11 of Part B ; ; ;
- 4 **{Hip Rk 3}** Rolling hip to the sd & bk rk sd R, L, R, - ;

END

1 - 4 Break into Triple Cha Fwd ; ; Kick to the 4 & Cha Twice ; ;

- 1-2 **{Break into Triple Cha Fwd (123&4 1&23&4)}** Trng to OP LOD rk bk L, in OP LOD rec fwd R, fwd L / lk Rib, fwd L ;
fwd R / lk Lib, fwd R, fwd L / lk Rib, fwd L ;
- 3-4 **{Kick to the 4 & Cha}** Kick R twd LOD, swvlg RF on L to fc WALL bend R knee to form the figure of „4“, joing hnds to
BFLY step sd R / cl L to R, sd R ; Kick L twd DRW, swvlg LF on R to fc WALL bend L knee to form the figure of „4“,
step sd L / cl R to L, sd L to BFLY WALL ;

5 – 9 Double Cuban Breaks ; ; Fence Line in 3 ; Rock Thru, Recover, L Lunge & Hold ; Twist ;

- 5-6 **{Dbl Cubans}** XRif of L / rec L, rk sd R / rec L, XRif of L / rec L, sd R ;
Xlif of R / rec R, rk sd L / rec R, Xlif of R / rec R, sd L ;
- 7 **{Fence Line 3 (123-)}** In BFLY rk thru R w/soft knee, rec L, stp sd R to BFLY , - ;
- 8 **{Rk Thru, Rec, Lunge (123-)}** With soft knee rk thru L, rec R, lowering into R knee stp sd L & stretch R leg look at ptr
& hold pos, - ;
- 9 **{Twist (- - -)}** Taking the whole meas slowly trn upper body LF ;

Suggested Quick Cues

Intro – A – Bridge – B – C – Inter 1 – C – Inter 2 – C – End

!!! Attention: BRIDGE contains a short measure (2 beats only) !!!

Start in LOP fcg ptr & WALL leadfeet free

Intro 1-4 Wait 3 ;;; With Arms Rk Apt & Rec ;

A 1-4 NY ; One Dbl Cuban ; Spot Trn ; Fence Line in 4 ;
5-8 NY to LOD ; One Dbl Cuban ; Spot Trn ; Fence Line in 4 ;

Bridge 1 Bk Break to OP ;
short meas 2 Stomp Look & Freeze , - ,

B 1-4 Rk Bk, Rec into Triple Cha Fwd ;; Kick to the 4 & Cha ; Fence Line in 4 ;
5-8 Open Break ; Whip ; Cross Body ;;
9-12 Sandstep 2x ;; Cuca 2x ;;
13 With Arms Rk Apt & Rec ;

C 1-4 NY ; One Dbl Cuban ; Spot Trn ; Start Crab Walks ;
5-8 Quick Cucas ; Kick to the 4 & Cha ; Single Cubans ; Start Crab Walks in 4 ;
9-12 NY to LOD ; One Dbl Cuban ; Spot Trn ; Fence Line in 4 w/Cl ;
13-16 Quick Cucas ; Kick to the 4 & Cha ; Single Cubans ; Fence Line 3 ;

Inter 1 1-4 No Hnds Fwd Basic into Triple Cha Bk ;; Bk Basic into Triple Cha Fwd & HNDSHK ;;
5-8 Flirt ;; 1 Sweetht W to Fc ; Hip Rk 3 ;;
9-12 Bk Brk into Triple Cha Fwd ;; Aida ; Switch Cross ;
13-14 Cuca ; With Arms Rk Apt & Rec ;

C

Inter 2 1-4 Sandstep Twice ;; Cuca ; Hip Rk in 3 ;

C

Ending 1-4 Bk Break into Triple Cha Fwd ;; Kick to the 4 & Cha 2x ;;
5-9 Dbl Cubans ;; Fence Line 3 ; Rk Thru, Rec, L Lunge, Hold ; & Twist ;