

AMADO MIO CHA 4

Music: Amado Mio - Pink Martini with Guest Singer Storm Large (not on CD)

<https://youtu.be/sCbzWjLvhk>

Time 5:01 Shortened & delayed from -8% to Time 2:32

Available from choreographer

Rhythm: Cha Cha Phase IV+1 (Sweetheart) +1* (Facing Hockeystick)

Footwork: Opposite except where (Noted)

Release Date: 25/08/2023 v0.3

Choreo: Van Acker Marcel

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Sequence: INTRO AB AC



INTRO

LEAD FOOT FREE EXPLODE ARMS AND WAIT for the word "MIO"

{Wait} Id ft free Explode Arms on long "Amado" to CP and wt intro notes to start on "Mio"

PART A

01-04 BASIC ; ; CROSS BODY ; ;

{Basic} CP Wall Fwd L, rec R, sd L/cl R, sd L ; Bk R, rec L, sd R/cl L, sd R to CP WALL ; {Cross Body} Fwd L, rec R trng 1/4 Fc LOD, sd L/cl R, sd L (W bk R, rec L, fwd R/cl L, fwd R) ; XRib cont LF trn, rec L cont LF trn, sd R/cl L, sd R (W fwd L, fwd R trng ½ LF, sd L/cl R, sd L) to BFLY COH ;

05-08 NEW YORKER ; THRU to AIDA ; SWITCH CROSS ; CRAB WALK ENDING ;

{New Yorker} Thru L to LOP LOD, rec R to fc, sd L/cl R, sd L ; {Thru to Aida} Thru R to fc RLOD xg rt hnd ovr lft, sd L trng ½ RF to LOP LOD, bk R/lk Lif, bk R to V bk-to-bk ; {Switch Cross} Trng LF to fc ptr bk & sd L, rec R to BFLY, to Lod XLif (W XRif)/sd R, XLif (W XRif) ; {Crab Walk Endg} Twd LOD Sd R, XLif (W XRif), sd R/cl L, sd R to BFLY COH ;

09-12 NEW YORKER TRIPLE SD CHA ; ; HAND to HAND TRIPLE SD CHA ; ;

{New Yorker Triple Sd Cha} Thru L to LOP LOD, rec R to fc Coh, sd L/cl R, sd L trn ½ LF ; Sd R/cl L, sd R trn ½ RF, sd L/cl R, sd L ; {Hand to Hand Triple Sd Cha} Relg trl hnds XRib (W XLib) trng LOP LOD, rec L to fc Coh, sd R/cl L, sd R trn ½ LF, sd L/cl R, sd L trn ½ RF, sd R/cl L, sd R to BFLY COH ;

13-16 RUMBA SERPIENTE ; ; AIDA CHA ; SWITCH & CLS FREEZE ;

{Thru Serpiente} [QQQQ:QQQQ] to LOD Thru L, sd R, XLif (XRib), flare CW w/ R ft ; XRib (W XLib), sd L, XRif (XLif), flare CW w/ L ft ; {Aida} Thru L LOD, sd R to fc rel Id hnds & jn trl hnds, trng LF bk L/lk Rif, bk L RLOD to V BK-TO-BK ; {Qk Switch & Cls Freeze ; } [QQQ] Sd & bk R trng to fc ptr, rec L, cl R, hold to BFLY COH ;

PART B

01-04 FACING HOCKEY STICK ; ; THRU RUMBA AIDA w/ RONDE ; BEHIND SIDE/CROSS SIDE CROSS ;

{Fcg Hokey Stick} Rk fwd L, rec R, sd & bk L/cl R, sd & bk L trng ¼ RF to fc LOD (W rk bk R, fwd L, fwd R/L, R) ; Rk bk R, rec L trng ¼ RF, fwd WALL R/lk Lib, R (W fwd L WALL, fwd R trng ½ LF trn undr Id hnds, bk WALL L/lk Rif, bk L) to BFLY WALL ;

{Rumba Aida w/Ronde} Thru L comm LF trn, sd & bk R cont LF trn, bk L ronde R CW,- ; {Bhnd Sd/Cross Sd Cross} [In Low Bfly] To LOD XRib (W XLib), sd L, XRif (W XLif)/sd L, XRif (W XLif) to Low BFLY WALL ;

05-08 SIDE WALK ; SPOT TURN ; SPOT TURN in 4 ; START NEW YORKER to TRIPLE HOP NEW YORKER ;

{Sd Walk} Sd L, cl R, sd L/cl R, sd L ; {Spot Trn} XRif (W XLif) trng ½ LF, rec L contg to trn to fc ptr, sd R/cl L, sd R ; {Spot Trn in 4} [QQQQ] XLif (W XRif) trng ½ RF, rec R contg trn to fc ptr, sd L, cl R to BFLY WALL ; {Start New Yorker to Triple Hop New Yorker} [1,2 3&4] Thru L to RLOD, rec R to fc, sd L/cl R, sd L ;

Page 2: Amado Mio

09-12 FINISH NEW YORKER to TRIPLE HOP NEW YORKER ; ALEMANA & rt Hndshk ; ; START FLIRT ;

{Finish New Yorker to Triple Hop New Yorker} [hop1,hop2 hop3&4] hop L lift slightly on ball of L ft/thru R to LOD, hop R slightly on ball of R ft/rec L to fc, hop L lift slightly on ball of L ft/sd R, cl L/sd R ; {Alemana} Rk fwd L, rec R, sd L/cl R, sd L (W rk bk R, rec L, sd R/cl L, sd R comm RF swiv to M's lft sd) ; Rk bk R raisg ld hnds, rec L, sml fwd R/lk L, fwd R (W fwd L trn ½ RF under jnd ld hnds, fwd R cont trn ½ RF to fc ptr, sd L/cl R, sd R) to rt Hndshk WALL ; {Start Flirt} Fwd L, rec R, sd L/cl R, sd L (W bk R, rec L trng LF, sd R/cl L, sd R) to VARS WALL ;

13-16 FINISH FLIRT to lft-VARS Wall ; RELEASE HNDS SWEETHEART ; SWEETHEART/W TURN to FACE ; SPOT TURN in 4 ;

{Finish Flirt to lft-Vars Wall} Bk R, rec L, sd R/cl L, sd R (W bk L, rec R, sd L/cl R, sd L to M's lft sd) to lft-VARS WALL ; {Sweethearts} [Relg both Hnds] Ck fwd L w/ LF xtndg rt arm fwd & lt arm sd, rec R straightg bdy, sd L/cl R, sd L slidg bhd W (W bk R xtndg rt arm fwd & lft arm bk, rec L straightg bdy, sd R/cl L, sd R slidg acrs ifo M) ; {Sweetheart/W Trn to Fc} Chk Fwd R xtndg lt arm fwd & rt arm sd, rec R, ipl L/R, L (W bk L xtndg lt arm fwd & rt arm sd, rec R, ipl L/R, L trng ½ LF to fcg ptr) to BFLY WALL ; {Spot Trn in 4} Repeat meas 7 Part B ;

PART C

01-04 TOUCH/STEP TOUCH CHA ; SPOT TURN ; TOUCH/STEP TOUCH CHA ; SPOT TURN ;

{Tch/Step Tch Cha} tch L toe by instep of R ft/very quick sip L to, tch R toe by instep of L ft, sd R/cl L, sd R ; {Spot Trn} XLif (W XRif) trng ½ RF, rec R contg to trn to fc ptr, sd L/cl R, sd L ; {Tch/Step Tch Cha} tch R toe by instep of L ft/very quick sip R to, tch L toe by instep of R ft, sd L/cl R, sd L ; {Spot Trn} XRif (W XLif) trng ½ LF, rec L contg to trn to fc ptr, sd R/cl L, sd R ;

05-08 CROSS BODY ; ; SIDE WALKS ; ;

{Cross Body} Repeat meas 3,4 Part A ; ; {Sd Walks} Sd L, cl R, sd L/cl R, sd L ; Cl R, sd L, cl R/sd L, cl R ;

09-12 TOUCH/STEP TOUCH CHA ; SPOT TURN ; TOUCH/STEP TOUCH CHA ; SPOT TURN ;

Repeat meas 1-4 Part C ; ; ;

13-16 CROSS BODY ; ; SIDE WALK ; STAMP STAMP -

{Cross Body} Repeat meas 3,4 Part A ; ; {Side Walk} Sd L, cl R, sd L/cl R, sd L ;

{Stamp Stamp} on the 2 Final Beats Cl R with stamp, sip L with stamp -

Short Cues & *Remarks

Amado Mio Cha IV (Van Acker)

Cha IV+1 (Sweetheart) +1 (Fcg Hockeystick)

AB AC

Ld Ft Free - Explode Arms on Long "Amado" and wait intro beats For The Word "Mio"

A (CP)

Basic ; ; X-Body ; ; NY ; Thru to Aida ;

Switch Cross ; Crab Wk Ending ;

NY Triple Sd Cha ; ; Hnd 2 Hnd Triple Sd Cha ; ;

Rumba Thru Serpiente ; ; Aida Cha ; Switch & Cls Freeze ;

B

Fcg Hockey Stick ; ; Rumba Aida w/Ronde ;

Behind Sd X/Sd X ; Sd Wk ; Spot Trn ; Spot Tm 4 ;

NY to Triple Hop NY ; ;

Alemana ; to Hndshk ; Flirt ; ;

Sweetheart ; Sweetheart W Trn to Fc ; Spot Trn 4 ;

C

Tch/Step Tch Cha ; Spot Trn ;

Tch/Step Tch Cha ; Spot Trn ;

X-Body ; ; Sd Wks ; ;

Tch/Step Tch Cha ; Spot Trn ;

Tch/Step Tch Cha ; Spot Trn ;

X-Body ; ; Sd Wk ; Stamp Stamp -

***Nota for Timing of:**

NY to Triple Hop NY

1 2 Cha Cha Cha ; Hop/1 Hop/2 Hop/Cha Cha Cha ;

Tch/Step Tch Cha

Tch a Tch Cha Cha Cha

***Remark:**

Triple Sd Cha like Fc2Fc and Bk2Bk