

A LETTER TO MY HEART

Music: Jim Reeves
www.amazon.com/A-Letter-To-My-Heart/dp/B07DCFY2V9
Time 2:44 Available from choreographer

Rhythm: Rumba Phase: V+1U (Tummy Check)

Footwork: Opposite except where (Noted)

Release Date: June 22

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

E-mail: jos.dierickx@telenet.be

Sequence: INTRO AA B INTRO B END



INTRO

BFLY POS WALL LEAD FOOT FREE WAIT for 3 PIANO NOTES ~ ;

01-04 CHASE w/ UNDERARM PASS TWICE ; ; ; [2^{de} TIME: to rt hndshk WALL]

{Chase / W Underarm Pass x 2} [relsng trl hnds] Fwd L trng ½ RF keepg ld hnds jnd w/ palm upwards, rec R, small fwd L (W bk R, rec L, fwd R twd M's lft sd), -; Bk R raisg ld hnds, rec L, sd R (W fwd L, fwd R trng ½ LF undr jnd ld hnds to fc ptr, sd L) to BFLY COH, -; Repeat meas 1,2 Intro to BFLY WALL [2^{de} TIME: to rt hndshk WALL] ; ;

PART A

01-04 NEW YORKER TWICE ; ; ALEMANA INTO LARIAT ; ;

{New Yorker x 2} XLif (WXRif) to LOP RLOD, rec R to BFLY WALL, sd L, -; XRif (W XLif) to OP LOD, rec L to BFLY WALL, sd R, -; {Alemana Into Lariat} Fwd L, rec R, sd L, -; Bk R raisg ld hnds, rec L, cl R (W fwd L comm RF trn under jnd ld hnds, fwd R cont RF trn to rt sd ptr, fwd L), -;

05-08 LARIAT & CLOSE-UP ; ; CUDDLE TWICE ; ;

{Lariat & Close Up} Push sd L, rec R, cl L (W fwd L, R, L arnd beh M to his lft sd), -; Push sd R, rec L, cl R (W fwd L, R, L arnd M to CP WALL), -; {Cuddle x 2} Sd L, rec R, cl L (W swiv RF on L rk bk R in M's rt arm to fc DLW, rec L to fc ptr, sd R to mom cuddle pos), -; Sd R, rec L, cl R (W swiv LF on R rk bk L in M's lft arm to fc DRW, rec R to fc ptr, sd L to mom cuddle pos), -;

09-12 CUDDLE/W SPIRAL to FAN ; ; START HOCKEY STICK to TANDEM WALL ; OPPOSITE CUCARACHA /LADY PEEKS ;

{Cuddle /W Spiral} Sd & slightly fwd L shapg twd ptr, rec R, cl L raisg jnd ld hnds (W [QQQQ] trn ½ RF bk R, trn ¼ LF to LOD, fwd R, spiral 7/8 LF under jnd ld hnds), -; {Send W to a Fan} XRif, cl L, sd R (W fwd L, fwd R trng ½ LF fc RLOD, bk L) to Fan Pos, -; {Start Hockey Stick to TANDEM WALL} Fwd L, rec R raisg ld hnds, cl L (W cl R, fwd L ifo M trng ¼ LF under ld hnds to TANDEM WALL, sd R), -; {Opposite Cucaracha/W Peeks} [ld hnds still above W's head] Sd R w/ partial wgt, rec L, cl R (W sd L w/ partial wgt [trn upperbody RF & look over rt shldr], rec R, cl L), -;

13-16 OPPOSITE CUCARACHA /LADY PEEKS ; HOCKEY STICK ENDING ; THRU SERPIENTE [2^{de} TIME: r-hndshk] ; ;

{Opposite Cucaracha/W Peeks} [ld hnds still above W's head] Sd L w/ partial wgt, rec R, cl L (W sd R w/ partial wgt [trn upperbody LF & look over lft shldr], rec L, cl R trng ½ RF to fc ptr) to BFLY WALL, -; {Hockey Stick Ending} Sm bk R, rec L, long fwd R (W fwd L, fwd R trng sharply ½ LF undr jnd ld hnds, bk L) to BFLY WALL, -; {Thru Serpiente} Thru L, sd R, XLib (XRib), flare CW w/ R ft ; XRib (W XLib), sd L, XRif (XLif), flare CW w/ L ft to BFLY WALL [2^{de} TIME: to rt hndshk WALL] ; ;

PART B

01-04 FLIRT to VARSOUVIENNE ; ; SWEETHEART TWICE ; ;

{Flirt to Vars} [w/ rt hndshk] Fwd L, rec R, sd L leadg W to trn LF (W bk R, fwd L, fwd R trng ½ LF) to VARS WALL, -; Bk R, rec L, sd R leadg W to slide in front (W bk L, rec R, sd L ifo M) end in L-VARS WALL, -; {Sweetheart x 2} Chk Fwd L w/ LF bdy trn & look at ptr [xtndg M's lft ams out to sd & rt arm fwd], rec R, sd L (W bk R w/ LF bdy trn & look at ptr [xtndg W's lft arms fwd & rt arm out to sd], rec L, sd R), -; Chk Fwd R w/ RF bdy trn & look at ptr [xtndg M's rt arm out to sd & lft arm fwd], rec L, sd R (W bk L w/ RF bdy trn & look at ptr [xtndg W's lft arm out to sd & rt arm fwd], rec R, sd L), -;

Page 2 : A Letter to My Heart

05-08 SWEETHEART/W SWIVEL to FACE Into AIDA ; ; ROCK 2 & SWIVEL to FACE & POINT; WHIP to COH ;

{Sweetheart/ W Swiv to Fc Into Aida} XLif shaping twd ptr, rec R, sd L (*W XRib shaping twd ptr, rec L, sd & fwd R swiv ½ RF to fc ptr*), -; Swiv on L XRif (*W swiv on R XLif*), sd L comm RF trn, bk compl RF trn to V-bk-to-bk pos RLOD, -; **{Rock 2 & Swiv to Fc & Pnt}** [QQQQ] Rk fwd L, rec R, fwd L swiv LF to fcg ptr, pnt R to L ; **{Whip to COH}** Bk R trng ¼ LF, rec L cont LF trn to COH, sd R (*W fwd L outsd M's lft sd, fwd R trng ½ LF, sd L*) to BFLY COH, -;

09-12 START CROSS BODY to TUMMY CHECK & BACK w/ rt hndshk ; ; FINISH CROSS BODY :

{Start Cross Body to Tummy Check & Bk w/ rt hndshk} Fwd L, rec R trng ¼ LF to RLOD, sd L (*W bk R, rec L, fwd R*), -; Lunge sd R [Stop the W w/ ld hnd], rec L, cl R (*W [both arms fwd] fwd L, rec R, cl L*), -; Lunge sd L, rec R, cl L & rt hndshk (*W bk R, rec L, cl R*), -; **{Finish Cross Body}** w/ rt hndshk Bk R, rec L trng ¼ LF to fc ptr, sd R (*W fwd L comm LF trn, fwd & sd R cont LF trn to COH, sd & bk L*) to BFLY WALL, -;

13-16 BACK BREAK to ½ OP LOD ; OP IN & OUT RUNS ; ; FENCE LINE w/ ARMSWEEP ;

{Bk Break to ½ OP LOD} XLib trng to ½ OP LOD, rec R, fwd L twd ½ OP LOD, -; **{OP In & Out Runs}** Fwd R begin RF trn, sd & fwd L Xg ifo W cont trn, sd & fwd R to ½ LOP LOD w/ free arms out to sd (*W fwd L, R, L*), -; Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L Xg ifo M cont trn, fwd & sd R*) to ½ OP DLC w/ free arms out to sd, -; **{Fence Line w/ Armsweep}** XRif (*W XLif*) w/ bent knee trl arm circle CCW (*W CW*) ifo body, rec L, sd R to BFLY WALL, -;

ENDING

01 FORWARD to SCAR /W DEVELOPE ;

{Fwd to SCAR/W Develope} [S] XLif to SCAR outsd W, -, - (*W XRib, bring L ft up R leg to insd of R knee, extend L ft fwd*) to DRW ;